

DAFTAR PUSTAKA

- Agustina, A. (2018, April). BCI sebut ada 2 persen masyarakat indonesia mengidap gangguan bipolar. Merdeka Bandung [online]. Diakses pada tanggal 30 Januari 2019 dari <https://bandung.merdeka.com>.
- Akiskal, H. S. (2005). Bipolar depression: Focus on phenomenology. *Journal of affective disorders*, 84.
- Amir, N. (2011). *Mengenal lebih dekat gangguan bipolar; In Medical Update Indonesia*. Jakarta.
- American Psychiatric Association. (2000). *Diagnostic and Statistical Manual of Mental Disorders* (4th. ed.). Washington, DC: Author
- American Psychiatric Association. (2010). *Practice guideline for the treatment of patients with bipolar disorder*. Washington, DC : Author
- Ang, D. (2015). Sexual and marital legal issues due to bipolar disorder. *Bipolar and related disorders today: The unified efforts in basic sciences, clinical practices and community initiatives Konferensi Nasional 2* (p. 206). Surabaya: Departemen/SMF Ilmu Kedokteran Jiwa Fakultas Kedokteran Universitas Ailangga/RSUD Dr. Soetomo Prof. Dr. Moestopo.
- Atmasari, L. (2013). Efektifitas terapi kognitif perilaku terhadap depresi pada wanita penderita HIV yang terinfeksi dari suaminya [Tesis]. Surabaya: Universitas Airlangga.
- Awad, A.G., Rajagopalan, K., Bolge, S.C., & McDonnell, D.D. (2007). Quality of life among bipolar disorder patients misdiagnosed with major depressive disorder. *Primary Care Companion to the Journal of Clinical Psychiatry*.
- Azwar, S. (2010). *Metode penelitian*. Yogyakarta: Pustaka pelajar.
- Bauer, M., & Pfennig, A. (2005). Epidemiology of bipolar disorders. *Journal of Epilepsia*, 46. Berlin, Germany.
- Bibi, S., & Ali, U. (2016). Management of bipolar I disorder through CBT (cognitive behaviour therapy): A case report. *Journal of Psychology & Psychotherapy*.
- Black Dog Institute*. (2012). Diakses pada 26 Juni 2016 dari <http://www.blackdoginstitute.org.au/docs/CausesofBipolarDisorder.pdf>
- Bowden, C. L. (2001). Strategies to reduce misdiagnosis of bipolar disorder. *Psychiatric services*, 52.

- Branch, R., & Willson, R. (2010). *Cognitive behavioural therapy for dummies*. England: John Wiley & Sons, Ltd.
- Santoso, M.B., Wibhawa, B., Ishartono., WD, F.V. (2018). Pekerjaan sosial: Bekerja bersama orang dengan gangguan bipolar. *Jurnal Penelitian & PPM*, 5(1).
- Castle, D., Berk, L., Lauder, S., Berk, M., & Murray, G. (2009). Psychosocial interventions for bipolar disorder. *Acta Neuropsychiatrica*, 21.
- Chiang, K.-J., Tsai, J.-C., Liu, D., Lin, C.-H., Chiu, H.-L., & Chou, K.-R. (2017). *Efficacy of conitive-behavioral therapy in patients with bipolar disorder: A meta-analysis of randomized controlled trials*. Taiwan: Plos One.
- Corsini, R. J., & Wedding, D. (2000). *Current Psychoterapies*. Brooks/Cole
- Costa, R., Cheniaux, E., Range, B., Versiani, M., & Nardi, A. (2012). Group cognitive behavior therapy for bipolar disorder can improve the quality of life. *Brazilian Journal of Medical and Biological Research* (Clinical Invetigation).
- Damayanti, I. (2019). Perbedaan bipolar disorder dan borderline personality disorder. (M. R. Dewi, Interviewer).
- Davidson, G. C., Neale, J. M., & Kring, A. M. (2012). *Psikologi Abnormal* (9th ed.). Jakarta: Rajawali Pers.
- Dewi, M.R. (2016). Gambaran dukungan keluarga kepada dokter dengan gangguan mental bipolar. [Skripsi]. Jakarta. Universitas Negeri Jakarta.
- Durand, V. M., & Barlow, D. H. (2006). *Intisari Psikologi Abnormal*.
- Falita. (2013). *Pola pengobatan pada pasien gangguan bipolar di rumah sakit grhasia*. Yogyakarta: Universitas Gadjah Mada.
- Fauziah, A. (2014). Efektivitas cognitive behavior therapy (CBT) untuk meningkatkan self-esteem pada remaja dari keluarga yang bercerai (divorce family) [Tesis]. Surabaya: Universitas Airlangga.
- Fransisco, M., & Jurunea, P. (2012). Cognitive-behavioral therapy for the bipolar disorder patients. In *Standard and Innovative Strategies in Cognitive Behavior Therapy*.
- Guilford, J. (1956). *Fundamental statistic in psychology and education*. New York: McGraw-Hill Book Company, Inc.
- Haran, D., & Mor, N. (2009). Cognitive-behavioral for depression. *Israel Journal Psychiatry Relat Science*.

- Ikawati, Z. (2011). *Farmakoterapi enyakit sistem syaraf*. Yogyakarta: Bursa Ilmu.
- Jabal, S. K., Albulushi, K. I., Shokri, M. E., Alsaaid, M. A., Aloufi, A. M., Alsaedi, R. A., . . . Fatani, W. (2018). Psychological interventions for the management of bipolar disorder. *The Egyptian Journal of Hospital Medicine*.
- Jackel, D. (2010). *Everything you ever wanted to know about bipolar depression (Part 2)*. Bp Magazine for Bipolar.
- Jackson, S. L. (2009). *Research methods and statistics: a critical thinking approach*. USA: Wadsworth, Cengage learning.
- Jan, S. (1995) Psychotherapy for bipolar disorder. *The British Journal of Psychiatry*, 167.
- Jepsen, M. F., Frost, M., Busk, J., Christensen, E. M., Bardram, J.E., Vinberg, M., & Kessing, L.V. (2019). Differences in mood instability in patients with bipolar disorder type I and II: A smartphone-based study. *International Journal Bipolar Disorder*.
- Jiwo, T. (2012). *Panduan bagi pasien, keluarga, dan teman dekat: Gangguan jiwa bipolar*.
- Kementrian Kesehatan Republik Indonesia. (2018). *Hasil Utama Riskesdas 2018*. Jakarta: Kementrian Kesehatan Badan Penelitian dan Pengembangan Kesehatan).
- Kusumawardhani, A. (2012). Diagnosis banding gangguan bipolar. *Kumpulan Makalah Konas I Gangguan Bipolar*. Surabaya: Airlangga University Press.
- Olive., M.L, Franco, J.H. (2008). (Effect) size matters: And so dos the calculation. *The Behavior Analyst Today*, 9(1).
- Leibenluft. (1996). Women with bipolar Illness: Clinical and research issues. *American Journal of Psychiatry*.
- Lane, J.D., & Gast, D.L. (2013). Visual analysis in single case experimental design studies: Brief review and guideliness. *Neuropsychological Rehabilitation: An International Journal*.
- Lenz, A.S. (2012). Calculating effect size in single-case research: A comparison of nonoverlap methods. *Calculating effect size in single-case research*.
- Lubis, N.L. (2009). *Depresi tinjauan Ppsikologis*. Jakarta: Kencana.
- Marnat, G.G. (2010). *Handbook psychological assessment*. Yogyakarta: Pustaka Pelajar.

- Miklowitz, D. J. (1998). Developing family psychoeducational treatments for patients with bipolar and other severe psychiatric disorders. *Journal Of Marital And Family Therapy*.
- Miklowitz, D. J., & Johnson, S. L. (2007). Bipolar disorder. In M. Hersen, S.M. Turner, & D.C. Beidel, *adult psychopathology and diagnosis* . United States of Amerika: John wiley & Son, Inc.
- Mondimore, F. (2006). *Bipolar disorder: a guide for patients and families*. United State of Amerika: A John Hopkins Press Health Book.
- Nainggolan, F.D. (2017). Pengaruh psikoedukasi untuk menurunkan beban dan meningkatkan kualitas hidup family caregiver pasien bipolar di rsjd. Dr. Arief zainudin surakarta. [Tesis]. Surakarta: Universitas Sebelas Maret.
- Neuman, L.W. (2014). *Social Research Methods: Qualitative and quantitative approaches*. New York: Pearson.
- Nevid, J.S., Greene, B., & Rathus, S. A. (2005). *Psikologi abnormal: Jilid 1 (Edisi terjemahan)*. Jakarta: Airlangga.
- Nurnberger JI, J.F. (2000). *Genetics of bipolar affective disorder*. Current Psychiatry Report.
- Otto, M. W., Reilly-Harrington, N. A., Knauz, R. O., Henin, A., Kogan, J. N., & Sachs, G. S. (2008). *living with bipolar disorder : A guide for individuals and families*. Oxford University Press.
- Po, O.T. (2010). *A group cognitive behavioural therapy programme for depression*.
- Pompili, M., Tondo, L., Grispi, A., Pisa, E.D., Lester , D., Angeletti, G., . . . Tatarelli, R. (2006). Suicide attempts in bipolar disorder patients. *Clinical Neuropsychiatry*.
- Primaditya, D.L. (2012). *Hubungan antara stressor psikososial dengan depresi pada pekerja pabrik wanita PT Ameya livingstyle Indonesia di Kabupaten Bantul* (Karya Ilmiah). Yogyakarta: Universitas Muhammadiyah Yogyakarta.
- Rowland, T.A., & Steven , M. (2018). Epidemiology and risk factors for bipolar disorder. *Therapeutic advances in psychopharmacology*, 8(9).
- Salkind, Neil J. 2010. *Teori-Teori Perkembangan Manusia*. Nusa Media: Bandung.
- Sarafino, E.P. (2008). *Health psychology biopsychosocial interactions* (6th ed.). America: John Wiley & Sons, Inc.
- Sarwono, S. W. (1995). *Teori-teori psikologi*. Jakarta: Raja Grafindo Persada.

- Shihabuddeen TM, I., Mehar, H., Pinto, D.A. (2011). Disability in schizophrenia and bipolar mood disorder at general hospital psychiatry unit. *Delhi Psychiatry Journal*, 14 (2).
- Sit, D.D. (2011). *Women and bipolar disorder across the life span*. NIH Public Access.
- Sugiyono. (2012). *Metode penelitian kuantitatif kualitatif dan R&B*. Bandung: Alfabeta.
- Sunanto, J., Takeuchi, K., & Nakata, H. (2005). *Pengantar penelitian dengan subyek tunggal*. Center for research on international cooperation in educational development (CRICED) University of Tsukuba.
- Tania, A. (2016). A review on the effectiveness of cognitive-behavioural therapy for bipolar affective disorder. *International Journal of Neurosciences and Mental Health*.
- The Mood Disorders Association of BC. (2017). *Bipolar Disorder: Effects on the family*. Diakses dari www.mdabc.net
- Triswidiastuty, S. (2019). *Terapi dzikir untuk menurunkan simptom bipolar* [Naskah Publikasi]. Yogyakarta: Universitas Islam Indonesia.
- University of Missouri-Columbia. (2009, September 29). Young Adults May Outgrow Bipolar Disorder. *ScienceDaily*. Retrieved October 13, 2019 from www.sciencedaily.com/releases/2009/09/090929141530.htm
- Ursula, M., Murray, B., & McNew, B. (2015). Diagnosis and treatment of patients with bipolar disorder: A review for advanced practice nurses. *Journal of the American Association of Nurse Practitioners*.
- Vieta, E. (2014). *Diagnosing bipolar disorder*. Springer HealthCare.
- Waxmonsky, J., Wymbs, F., Pariseau, M., Belin, P., Waschbusch, D., I, L.B., . . . Pelham, W. (2013). A novel group therapy for children with ADHD and Severe mood dysregulation. *Journal of health institutes*.
- Williams, R. (2001). *Making sense of cognitive behavior therapy (CBT)*. London: MIND.
- Winarsunu, T. (2002). *Statistik dalam penelitian psikologi dan pendidikan*. Malang: UMM Press.
- Yosianto, H.F. (2012). Cognitive behaviour therapy pada bipolar disorder (studi kualitatif) [Skripsi]. Surabaya: Universitas Negeri Surabaya

- Zakiyah. (2014). Pengaruh dan efektifitas *cognitive behavioral therapy* (CBT) berbasis komputer terhadap klien cemas dan depresi. *E-Journal WIDYA Kesehatan dan Lingkungan*, 1(1).
- Zannah, U., Puspitasari, M.I., & Sinuraya, K. R. (2018). Review: farmakoterapi gangguan bipolar. *Suplemen*, 16.
- Zimmerman, M., & Morgan, T.A. (2013). The relationship between borderline personality disorder and bipolar disorder. *Dialogues in Clinical Neuroscience*, 15(2).