

DAFTAR PUSTAKA

- Anonim.2000. *Accupoint Illustration & Vector*. <https://www.dreamstime.com> .
diakses pada tanggal 9 Juli 2019
- BPOM RI.2011.*Acuan Sediaan Herbal Volume Keenam Edisi Pertama*. Jakarta:
BPOM RI.
- Danielle C. Cath, Tammy Hedderly, Andrea G. Ludolph, Jeremy S. Stern, Tara
Murphy, Andreas Hartmann, Virginie Czernecki, Mary May Robertson,
Davide Martino, A. Munchau, R. Rizzo. 2011. *European clinical
guidelines for Tourette Syndrome and other tic disorders. Part I:
assessment*. Eur Child Adolesc Psychiatry 20:155–17.
- David Shprecher, DO and Roger Kurlan, MD. 2009. *The Management of Tics*.
Mov Disord. 24(1): 15–24.
- Desai, S. K., Soniya M. D., Navdeep S., Arya P., Pooja T.2011.*Antistress Activity
Of Boerhaavia Diffusa Root Extract And A Polyherbal Formulation
Containing Boerhaavia Diffusa Using Cold Restraint Stress Model*.
International Journal of Pharmacy and Pharmaceutical Sciences ISSN-
0975-1491 Vol 3, Issue 1.
- Fermino, B. L., Najeh M. K., Juliana S. B., Romaiana P. P., João B. T. R., Weber
C. F. N. S.2015.*Anxiolytic properties of Melissa officinalis and associated
mechanisms of action: A review of the literature*. African Journal of
Pharmacy and Pharmacology Vol. 9 No. 3
- Guo, Neng. 2005. *Treatment of 317 Cases of Facial Paralysis by Acupuncture*.
Acupuncture and Tuina Science, Vol.3, No.1

- Hanaa A. Hassan, Hani S. Hafez, Mona S. Goda, 2012. *Mentha Piperita As A Pivotal Neuro-Protective Agent Against Gamma Irradiation Induced DNA Fragmentation And Apoptosis*. Cytotechnology 65:145–156
- Hemamalini, Muddanna S. Rao.2013. Anti stress effect of Centella asiatica leaf extract on hippocampal CA3 neurons – a quantitative study. International Journal of Pharmacology and Clinical Sciences Vol.2 No.1
- Jie, S.K. 1997. *Dasar Teori Ilmu Akupunkturhal: 14-83*. Jakarta: Grasindo.
- Jie, S. K. 2008. Ilmu Terapi Akupunktur (Jilid 1). Singapura : TCM Publication.
- Jie, S.K. 2010.*Ilmu Titik Akupunktur*. Singapore: TCM Publication.
- Kemenkes RI, 2012. *Vademekum tanaman obat untuk saintifikasi jamu jilid 1 (edisi revisi)*. Jakarta : Kemenkes RI
- Krutika J., Swagata T., Kalpesh P., Praveen Kumar A., Nishteswar K.2016.Studies of Ashwagandha (*Withania somnifera* Dunal).International Journal of Pharmaceutical & Biological Archives Vol.7 No.1
- Lobina, C., Giancarlo C., Gian L. G., Mauro A.M. Carai , Pietro A., Paolo M., Antonella R.2018. Anxiolytic effect of an extract of *Salvia miltiorrhiza* roots in rats. Journal of the Chinese Medical Association 81
- Longxiang.2009. *WHO Standard Acupuncture Point Locations in the Western Pasific Region*. People’s Medical Publishing House.
- P. Padma, R. L. Khosa.2002.*Anti-Stress Agents From Natural Origin (Mini Review)*Journalof Natural Remedies Vol. 2 No. 1
- Park M, Lee E: *The effect of aroma inhalation method on stress responses of nursing students*. Taehan.Kanho.Hakhoe.Chi., 2004, 34 (2): 344-51.

- Rai D., Gitika B., Tuhinadri S., Gautam P. 2003. *Anti-stress Effects of Ginkgo biloba and Panax ginseng: a Comparative Study*. J Pharmacol Sci 93, 458 – 464
- Reese H. E., Lawrence Scahill, Alan L. Peterson, Katherine Crowe, Douglas W. Woodsd, John Piacentinie, John T. Walkup, and Sabine Wilhelm. 2014. *The Premonitory Urge to Tic: Measurement, Characteristics, and Correlates in Older Adolescents and Adults*. 45(2): 177–186. Elsevier
- Sari, D. R. S., Juananda, D., Ar-Rochmah, M., Romi, M., Arfian, N. 2018. *Ethanollic Extract of the Centella asiatica (L.)Urb. Leaf Decrease Cerebellar Brain-Derived Neurotrophic Factor (BDNF) Levels in Rats After Chronic Stress*. J Med Sci Vol 50 No 2
- Saxena, R. C., Rakesh S., Parveen K., Mahendra P. S. N., Vinod S. S., Periasamy G., Joseph J. A., Kudiganti V. 2011. *Research Article Efficacy of an Extract of Ocimum tenuiflorum (OciBest) in the Management of General Stress: A Double-Blind, Placebo-Controlled Study*. Hindawi Publishing Corporation Evidence-Based Complementary and Alternative Medicine Volume 2012
- Sean C. Godara, Laura J. Moshera, Giuseppe Di Giovannic, and Marco Bortolatoa. 2014. *Animal Models Of Tic Disorders: A Translational Perspective*. J Neurosci Methods. 238: 54–69.
- Septadina, I. S. 2014 . *Waspada Mata Sering Berkedip Terkena Tic Facialis* [.http://eprints.unsri.ac.id/4039/1/Tic_Facialis.Sripo.pdf](http://eprints.unsri.ac.id/4039/1/Tic_Facialis.Sripo.pdf) diakses pada 3 Februari 2019.
- Setyawati, Dewi. 2017. *Pengaruh Air Kelapa (Cocos Nucifera L.) Terhadap Induksi Tunas Stek Tanaman Peppermint (Mentha Piperita L.)* (Skripsi). Fakultas Matematika Dan Ilmu Pengetahuan Alam Universitas Lampung.
- Mondal S., Bijay R. M., Sushil C. M. 2009. *Article The Science Behind Sacredness Of Tulsi (Ocimum Sanctum Linn.) (Review)*. Indian J Physiol Pharmacol Vol. 53 No. 4

- Sinha, K., N. P. Mishra, J. Singh, S. P. S. Khanuja.2004.*Tinospora Cordifolia (Guduchi), A Reservoir Plant for Therapeutic Application: A Review. Indian Journal of Traditional Knowledge Vol 3 No. 3*
- Sukadiyanto.2010. *Stress Dan Cara Mengurangnya*. Cakrawala Pendidikan, Th. XXIX, No.1
- Sreemantula S., Srinivas N., Rajabhanu K., Sushruta K., Krishna M. B.2005.*Adaptogenic And Nootropic Activities Of Aqueous Extract Of Vitis Vinifera (Grape Seed): An Experimental Study In Rat Model*.BMC Complementary and Alternative Medicine 2005, 5:1
- Tahira Parveen, Naila Amin, Darakhshan Saleem, Faiza Razi, Saida Haider ,Darakhshan Jabeen Haleem. 2012. *Antistress Effect Of Mentha Piperita In Rats And The Role Of Brain Serotonin And Dopamine*. Asian J Pharm Biol Res Vol-2
- Yuswati, Asi Tritanti, Eni Juniastuti.2012. *Upaya Meningkatkan Keterampilan Pijat Aromaterapi Pada Guru SMK Rias Dan Kecantikan Dalam Pembelajaran Perawatan Badan*. Universitas Negeri Yogyakarta
- Wijaya, Surya.2013. *Akupunktur, Metode Penghilang Nyeri Dari Masa Ke Masa (Artikel Penyegar)*. Fakultas Kedokteran Universitas Sriwijaya.
- Woods, D.2005. Premonitory Urge for Tics Scale (PUTS). *Journal of Developmental and Behavioral Pediatrics*, volume 26, number 6
- Wu Bang-qi, et al.2006. *Study on the Treatment of Acute Cerebral Infarction by Xuanzhong (GB 39) Toward Sanyinjiao(SP 6) Acupuncture as Main Therapy*. Journal of Acupuncture and Tuina Science, Volume 4, Number 2