

**DAFTAR PUSTAKA**

- Abate, M. *et al.*, 2013. Cigarette Smoking and Musculoskeletal Disorders. *Muscle, Ligaments, and Tendons Journal*, [e-journal] 3(2), pp. 63–69. doi: 10.11138/mltj/2013.3.2.063. Tersedia di: <<https://www.ncbi.nlm.nih.gov/pubmed/23888288>> [diakses tanggal 19 Juni 2019].
- Aditya, M. I., 2012. Pengaruh Sikap Kerja Duduk Terhadap Keluhan Nyeri Punggung Bawah Pada Pekerja Bagian Pelintingank Rokok di PT. Djitoe Indonesia Tobacco. *Jurnal Universitas Muhammadiyah Surakarta*, [e-journal]. Tersedia di: <[http://eprints.ums.ac.id/21234/18/02.\\_Naskah\\_Publikasi.pdf](http://eprints.ums.ac.id/21234/18/02._Naskah_Publikasi.pdf)> [diakses tanggal 10 Juni 2019].
- Amstrong, T. J., 2002. *Upper Limb Musculoskeletal Disorders and Repetition*. Michigan. doi: 48109-1522.
- Anggrianti, S. M., Kurniawan, B. and Widjasena, B., 2017. Hubungan Antara Postur Kerja Berdiri dengan Keluhan Nyeri Kaki pada Pekerja Aktivitas Mekanik Section Welding di PT. X. *Jurnal Kesehatan Masyarakat*, [e-journal] 5(5). doi: 2356-3346. Tersedia di: <<https://ejournal3.undip.ac.id/index.php/jkm/article/viewFile/18952/18034>> [diakses tanggal 7 Juni 2019]
- Bappenas., 2009. Kajian Evaluasi Pembangunan Sektor Peran Sektor Informal sebagai Katup Pengaman Masalah Ketenagakerjaan, Kedeputian Evaluasi Kinerja Pembangunan Badan Perencanaan Pembangunan Nasional. Jakarta. Tersedia di: [https://www.bappenas.go.id/files/3513/5027/3734/kajian-peran-sektor-informal2010090310304327490\\_\\_20110518101103\\_\\_3050\\_\\_0.pdf](https://www.bappenas.go.id/files/3513/5027/3734/kajian-peran-sektor-informal2010090310304327490__20110518101103__3050__0.pdf) [24 September 2018].
- Bruce P. Bernard, M.D., M. P. H., 1997. Musculoskeletal Disorders and Workplace Factors (A Critical Review of Epidemiologic Evidence for Work-Related Musculoskeletal Disorders of the Neck, Upper Extremity, and Low Back). *Huazhong Keji Daxue Xuebao (Ziran Kexue Ban)/Journal of Huazhong University of Science and Technology (Natural Science Edition)* [e-journal]. doi: 10.1007/s10670-013-9512-x. Tersedia di: <<https://www.cdc.gov/niosh/docs/97-141/default.html>> [diakses tanggal 8 Juni 2019]

- Bull, E. and Archard, G., 2007. *Simple Guide: Nyeri Punggung*. [e-book] Jakarta: Erlangga. Tersedia di: <https://books.google.co.id/books?id=EZMgkMqarQUC&printsec=frontcover&dq=nyeri+punggung+pdf&hl=id&sa=X&ved=0ahUKEwiZ4dD8qdTiAhUFUKwKHdCRDEsQ6AEIKTAA#v=onepage&q&f=false> [10 Juni 2019].
- Butar-Butar, E. S., 2018. *Faktor-Faktor yang Mempengaruhi Keluhan Musculoskeletal Disorders ( MSDs ) pada Pekerja Tenun Ulos di Kecamatan Siantar Selatan Kota Pematang Siantar Tahun 2017*. Universitas Sumatera Utara. Tersedia di: <http://repositori.usu.ac.id/handle/123456789/2222> [diakses tanggal 8 Juni 2019].
- CCOHS, 2016. *Working in a Sitting Position, Canadian Centre For Occupational Health and Safety*. Tersedia di: [https://www.ccohs.ca/oshanswers/ergonomics/sitting/sitting\\_overview.html](https://www.ccohs.ca/oshanswers/ergonomics/sitting/sitting_overview.html) 1 (diakses tanggal 8 Juni 2019).
- Dhiyauzihni habibie, M., 2017. Analisis Postur Kerja Dan Gerakan Berulang Terhadap Keluhan Muskuloskeletal Disorders Pada Pekerja Pembuatan Tempe Di Desa Bandung Rejo Kecamatan Mranggen Kabupaten Demak. *Jurnal Kesehatan Masyarakat*, [e-journal] 5(5), pp. 245–254. doi: ISSN: 2356-3346. Tersedia di: <<http://ejournal3.undip.ac.id/index.php/jkm>> [diakses tanggal 19 September 2018].
- Djutmiko, R. D., 2016. *Keselamatan dan Kesehatan Kerja*. [e-book] Yogyakarta: Deepublish. Tersedia di: <https://books.google.co.id/books?id=0uZjDwAAQBAJ&printsec=frontcover&dq=keselamatan+dan+kesehatan+kerja+riswan+dwi&hl=id&sa=X&ved=0ahUKEwiJtvGnq9ziAhUEU30KHVYFBQUQ6AEILTAB#v=onepage&q=keselamatan+dan+kesehatan+kerja+riswan+dwi&f=false> [11 Maret 2019].
- EU-OSHA, 2010. *OSH [Occupational Safety and Health] in figures: Work-related musculoskeletal disorders in the EU-Facts and Figures*. Luxembourg: Publications Office of the European Union. doi: 10.2802/10952 [20 Oktober 2018].
- EU-OSHA, 2014. *Musculoskeletal Disorders, Agency of the European Union*. Tersedia di: <https://osha.europa.eu/en/themes/musculoskeletal-disorders> [28 September 2018].

- Gampu, A., Ratag, B. and Warouw, F., 2017. Hubungan Antara Masa Kerja Lama Kerja dan Posisi Kerja Duduk dengan Keluhan Nyeri Punggung pada Pengemudi Bus Terminal Kawangkoan-Manado. *KESMAS Public Health Journal* [e-journal], 6(3), pp. 1–10. Tersedia di: <<https://ejournal.unsrat.ac.id/index.php/kesmas/article/view/23034>> [diakses tanggal 28 September 2018].
- Grandjean, E. and Kroemer, K. H. E., 1997. *Fitting The Task To The Human, Fifth Edition: A Textbook Of Occupational Ergonomics*. [e-book] USA: Taylor&Francis. Tersedia di: [https://books.google.co.id/books?id=w888Mw1dh\\_EC&pg=PR12&dq=Fitting+The+Task+To+The+Human+,+Fifth+Edition:+A+Textbook+Of+Occupational+Ergonomics.&hl=id&sa=X&ved=0ahUKEwiEjI3Qi-DiAhUKiqwKHetYBPUQ6AEIKTAA#v=onepage&q=Fitting+The+Task+To+The+Human+%2C+Fifth](https://books.google.co.id/books?id=w888Mw1dh_EC&pg=PR12&dq=Fitting+The+Task+To+The+Human+,+Fifth+Edition:+A+Textbook+Of+Occupational+Ergonomics.&hl=id&sa=X&ved=0ahUKEwiEjI3Qi-DiAhUKiqwKHetYBPUQ6AEIKTAA#v=onepage&q=Fitting+The+Task+To+The+Human+%2C+Fifth) [28 September 2018].
- Handoko, T., 2007. *Mengukur Kepuasan Kerja*. Jakarta: Erlangga.
- ILO, 2013. *The Prevention of Occupational Diseases*. Geneva: ILO Publications. Tersedia di: [www.ilo.org/publns](http://www.ilo.org/publns) [25 September 2018].
- IOSH, 2018. *Musculoskeletal Disorders, Institution of Occupational Safety and Health (IOSH)*. Tersedia di: <https://www.iosh.co.uk/Books-and-resources/Our-OH-toolkit/Musculoskeletal-disorders.aspx> [28 September 2018].
- Jalajuwita, R. N. and Paskarini, I., 2015. Hubungan Posisi Kerja Dengan Keluhan Muskuloskeletal Pada Unit Pengelasan PT. X Bekasi. *The Indonesian Journal of Occupational Safety and Health*, [e-journal] 4(1), p. 33. doi: 10.20473/ijosh.v4i1.2015.33-42. Tersedia di: <<https://e-journal.unair.ac.id/IJOSH/article/view/1640>> [diakses tanggal 16 September 2018].
- Kementerian Kesehatan Republik Indonesia, 2017. Data dan Informasi (Profil Kesehatan Indonesia 2017). *Kementerian Kesehatan RI*. doi: 10.1007/s13398-014-0173-7.2 [28 September 2018].
- Kementerian Kesehatan Republik Indonesia, 2018. *Indeks Massa Tubuh, Kementerian Kesehatan Republik Indonesia*. Tersedia di: <http://www.depkes.go.id/index.php?txtKeyword=status+gizi&act=search-by-map&pgnumber=0&charindex=&strucid=1280&fullcontent=1&C-ALL=1> [28 September 2019].

- Kusumo, A. L. J., 2014. Faktor-faktor yang Berhubungan dengan Keluhan Musculoskeletal Disorders Pada Pekerja Maintenance PT. Antam Tbk UBPE Pongkor 2014. *Kesehatan Masyarakat Universitas Indonesia*, [e-journal] pp. 1–19. Tersedia di: <<http://lib.ui.ac.id/naskahringkas/2016-06/S56097-Adimas%20Lukminto%20Jati%20Kusumo>> [diakses tanggal 6 Juni 2019].
- Menteri Ketenagakerjaan Republik Indonesia Nomor 5 Tahun 2018 Tentang Keselamatan dan Kesehatan Kerja Lingkungan Kerja. Jakarta: Republik Indonesia.
- Noor, I. H., Helmi, Z. N. and Setyaningrum, R., 2015. The Correlation Between Age , Tenure , and Height With Musculoskeletal Disorders Complaint (Observational Study Among Brick Craftsman in Lok Buntar Village Sungai Tabuk District ). *Asian Journal of Epidemiology*, [e-journal] 8(3), pp. 167–175. doi: 10.3923/aje.2015.78.83. Tersedia di: <[https://www.researchgate.net/publication/283035865\\_Correlation\\_between\\_Age\\_and\\_Period\\_of\\_Working\\_with\\_the\\_Musculoskeletal\\_Disorders\\_Complaints\\_on\\_Palm\\_Farmers\\_in\\_PT\\_X](https://www.researchgate.net/publication/283035865_Correlation_between_Age_and_Period_of_Working_with_the_Musculoskeletal_Disorders_Complaints_on_Palm_Farmers_in_PT_X)> [diakses tanggal 19 Juni 2019].
- Notoatmodjo, S., 2012. *Metodologi Penelitian Kesehatan*. Jakarta: Rineka Cipta.
- Occupational Safety and Health Administration (OSHA), 2019. *Good Working Positions, United States Departement of Labor*. Tersedia di: <https://www.osha.gov/SLTC/etools/computerworkstations/positions.html> [8 June 2019].
- Padmanathan, V. *et al.*, 2016. Prevalence of musculoskeletal disorders and related occupational causative factors among electricity linemen: A narrative review. *International Journal of Occupational Medicine and Environmental Health*, [e-journal] 29(5), pp. 725–734. doi: 10.13075/ijomeh.1896.00659. Tersedia di: <<https://www.ncbi.nlm.nih.gov/pubmed/27518883>> [diakses tanggal 19 Juni 2019].
- Pearce, E. C., 2009. *Anatomi dan Fisiologi untuk Paramedis*. [e-book] Jakarta: PT. Gramedia Pustaka Umum. Tersedia di: <https://books.google.co.id/books?id=55OShITLNCMC&printsec=frontcover&dq=Anatomi+dan+Fisiologi+Untuk+Paramedis&hl=id&sa=X&ved=0ahUKEwiC6L7OktbiAhVNcq0KHXS7BqEQ6AEIKTAA#v=onepage&q=insufisiensi&f=false> [25 April 2019].

- Putri, V. R. A., 2017. Hubungan Postur Kerja Tidak Ergonomis dan Karakteristik Responden dengan Musculoskeletal Disorders (MSDs) Pada Pekerja Furniture Di CV. Nova Furniture Boyolali. *Universitas Muhammadiyah Surakarta*. [e-journal] Tersedia di: <[http://eprints.ums.ac.id/21234/18/02.\\_NASKAH\\_PUBLIKASI.pdf](http://eprints.ums.ac.id/21234/18/02._NASKAH_PUBLIKASI.pdf)> [diakses tanggal 10 Juni 2019].
- Rahayu, A. R., 2012. Faktor-Faktor yang Berhubungan dengan Keluhan Muskuloskeletal pada Pekerja Angkat-Angkut Industri Pemecah Batu di Kecamatan Karangnongko Kabupaten Klaten. *Jurnal Kesehatan Masyarakat*, [e-journal] 1(2), pp. 836–844. Tersedia di: <<http://ejournals1.undip.ac.id/index.php/jkm>> [diakses tanggal 8 Juni 2019].
- Ramdan, I. M., 2013. *Higiene Industri*. [e-book] Yogyakarta: Bimotry. Tersedia di: [http://fkm.unmul.ac.id/viewfile/iwan\\_m\\_ramdan/Karya\\_Ilmiyah/Buku-Higene-Industri-Iwan-M-Ramdan](http://fkm.unmul.ac.id/viewfile/iwan_m_ramdan/Karya_Ilmiyah/Buku-Higene-Industri-Iwan-M-Ramdan) [28 September 2018].
- Randang, M. J. *et al.*, 2017. Hubungan Antara Umur, Masa Kerja dan Lama Kerja dengan Keluhan Musculoskeletal Pada Nelayan di Desa Talikuran Kecamatan Remboken Kabupaten Minahasa. *Media Kesehatan* [e-journal], 9(3), pp. 1–8. Tersedia di: <<http://www.ejournalhealth.com/index.php/medkes/article/view/292>> [19 Juni 2019].
- Reilly, T., 2002. *Musculoskeletal Disorders in Health-related Occupations*. [e-book] Amsterdam: IOS Press. Tersedia di: <https://books.google.co.id/books?id=dkewJwrk3DkC&pg=PA82&dq=body+mass+index+make+muculoskeletal+complaints&hl=id&sa=X&ved=0ahUKEwiwjbzXn9niAhVJq48KHbcmDnkQ6AEIKTAA#v=onepage&q=body mass index make musculoskeletal complaints&f=false>.
- Safe Work, 2004. Ergonomic Hazards of the Seated Posture', *Bulletin No. 233*. Tersedia di: <https://www.uwinnipeg.ca/hr/benefits/docs-and-seminar-pages/health-wellness/seated-posture.pdf>.
- Sally, V. K., 2014. *Goyal's IIT Foundation Course Physics*, *google books*. [e-book] New Delhi: Goyal Brothers Prakashan. Tersedia di: <https://books.google.co.id/books?id=gysNAwAAQBAJ&printsec=frontcover&dq=goyal%27s+iit+foundation+course+physics+class+8&hl=id&sa=X&ved=0ahUKEwjsxzZLUtziAhWsna0KHdg5DV8Q6AEILDAA#v=onepage&q=goyal's iit foundation course physics class 8&f=false> [10 September 2018].

- SFM The Work Comp Experts, 2019. *Workplace Ergonomics: Tips to Create a Neutral Posture, SFM Companies*. Tersedia di: <https://www.sfmic.com/workplace-ergonomics-for-neutral-posture/> [8 June 2019].
- Suma'mur., 2014. *Higiene Perusahaan dan Kesehatan Kerja*. Jakarta: CV. Sagung Setyo.
- Taroreh, F. F. *et al.* (2017) 'Hubungan Antara Umur dan Masa Kerja dengan Keluhan Musculoskeletal pada Kusir Bendi di Kota Tomohon', *e-journal unsrat*, 6(3), pp. 1–10. Available at: <https://ejournal.unsrat.ac.id/index.php/kesmas/article/view/23015>.
- Tarwaka., 2015. *Ergonomi Industri: Dasar-dasar Pengetahuan Ergonomi dan Aplikasinya di Tempat Kerja*. Jakarta: Harapan Press.
- Tjahayuningtyas, A., 2019. Faktor yang Mempengaruhi Keluhan Musculoskeletal Disorders (MSDs) Pada Pekerja Informal. *The Indonesian Journal of Occupational Safety and Health*, [e-journal] 8(1), pp. 1–10. doi: 10.20473/ijosh.v8i1.2019.1-10. Tersedia di: <<https://e-journal.unair.ac.id/IJOSH/article/view/5668>> [diakses tanggal 8 Juni 2019].
- Troup, J. D. G., 1978. Driver's back pain and its prevention. A review of the postural, vibratory and muscular factors, together with the problem of transmitted road-shock. *Applied Ergonomics*, [e-journal] 9(4), pp. 207–214. doi: 10.1016/0003-6870(78)90081-9.
- Viestter, L. *et al.*, 2013. The relation between body mass index and musculoskeletal symptoms in the working population. *BMC Musculoskeletal Disorders*, [e-journal] 14. doi: 10.1186/1471-2474-14-238. Tersedia di: <<https://www.ncbi.nlm.nih.gov/pubmed/23937768>> [19 Juni 2019].
- Zimmerer, T. W. *et al.*, 2008. *Kewirausahaan dan Manajemen Usaha Kecil 2*. 5th edn. 5th edn. [e-book] Jakarta: Salemba Empat.
- Zvolensky, M. J. *et al.*, 2010. Addictive Behaviors Chronic musculoskeletal pain and cigarette smoking among a representative sample of Canadian adolescents and adults. *Addictive Behaviors*. [e-journal] Elsevier Ltd, 35(11), pp. 1008–1012. doi: 10.1016/j.addbeh.2010.06.019. Tersedia di: <<http://dx.doi.org/10.1016/j.addbeh.2010.06.019>> [19 Juni 2019].