

HUBUNGAN IBU BEKERJA TERHADAP PEMBERIAN ASI EKSKLUSIF DI RUMAH BERSALIN BUNDA KELURAHAN MANUKAN WETAN KECAMATAN TANDES KOTA SURABAYA

ABSTRAK

Pemberian Air Susu Ibu (ASI) eksklusif atau pemberian ASI selama enam bulan pertama memiliki banyak manfaat bagi bayi maupun ibu bayi. Karena hal itu, pemberian ASI eksklusif ini merupakan prosedur yang direkomendasikan oleh World Health Organization (WHO) dan diatur dalam undang-undang. Di Indonesia, menurut Profil Kesehatan Indonesia tahun 2016, persentase ibu yang memberikan ASI eksklusif hanya sebesar 54%. Salah satu faktor yang memengaruhi pemberian ASI eksklusif adalah ibu bekerja. Penelitian ini dilakukan untuk mengetahui ada tidaknya hubungan ibu bekerja terhadap pemberian ASI eksklusif di Rumah Bersalin Bunda dengan menggunakan desain cross-sectional. Pada penelitian ini, hanya ditemukan 6 (30%) ibu bekerja yang memberikan ASI eksklusif untuk bayinya. Menggunakan uji statistik Chi Square, disimpulkan terdapat adanya hubungan antara ibu bekerja terhadap pemberian ASI Eksklusif di Rumah Bersalin Bunda dengan nilai $p < 0,001$.

Kata kunci: ASI eksklusif, ibu bekerja

RELATIONSHIP BETWEEN WORKING MOTHERS TOWARDS EXCLUSIVE BREASTFEEDING IN BUNDA MATERNITY CLINIC MANUKAN WETAN SUB DISTRICT TANDES DISTRICT SURABAYA CITY

ABSTRACT

Exclusive breastfeeding or the practice of breastfeeding during the first six-months of life has many benefits for both the baby and the mother. Due to that, the practice of exclusive breastfeeding is recommended by WHO and it is also regulated by law. In Indonesia, according Indonesia's Health Profile, the percentage of mothers who practice exclusive breastfeeding only reached 54%. One of the factors associated with the practice of exclusive breastfeeding is working mother. This study was conducted to determine whether there is a relationship between working mothers towards exclusive breastfeeding in Bunda Maternity Clinic using the cross-sectional design. In this study, only 6 (30%) working mothers gave exclusive breastfeeding to their babies. Using the Chi-square statistical test, it was concluded that there was a relationship between working mothers towards exclusive breastfeeding in Bunda Maternity Clinic with p value $< 0,001$.

Keywords: Exclusive breastfeeding, working mother