

## DAFTAR PUSTAKA

- A Wawan, & Dewi M. (2010). *Teori & Pengukuran. Pengetahuan, sikap, dan perilaku manusia*. Yogyakarta: Nuha Medika.
- Aguado, H. J., Ariño, B., Moreno-Mateo, F., Bustinza, E. Y., Simón-Pérez, C., Martínez-Zarzuola, M., ... Martín-Ferrero, M. Á. (2018). Does an early mobilization and immediate home-based self-therapy exercise program displace proximal humeral fractures in conservative treatment? Observational study. *Journal of Shoulder and Elbow Surgery*. <https://doi.org/10.1016/j.jse.2018.04.001>
- Alligood, M. R. (2014). *Pakar Teori Keperawatan*. (A. Yani & K. Ibrahim, Eds.) (8th ed.). Jakarta: Elsevier.
- Altino, D. M., Nogueira-Martins, L. A., de Barros, A. L. B. L., & Lopes, J. de L. (2017). Predictive Factors of Anxiety and Depression in Patients with Acute Coronary Syndrome. *Archives of Psychiatric Nursing*, 31(6), 549–552. <https://doi.org/10.1016/j.apnu.2017.07.004>
- Andarmoyo. (2013). *Konsep dan Proses Keperawatan Nyeri*. Yogyakarta.
- Asril, Z., Wira, D., & Afriwardi. (2016). Artikel Penelitian Hubungan Mobilisasi Dini dengan Proses Penyembuhan Luka pada Pasien Pasca Laparotomi di Bangsal Bedah Pria dan. *Jurnal Kesehatan Andalas*, 5(3), 724–729.
- Aust, H., Eberhart, L., Sturm, T., Schuster, M., Nestoriuc, Y., Brehm, F., & Rüsçh, D. (2018). A cross-sectional study on preoperative anxiety in adults. *Journal of Psychosomatic Research*, 111(December 2017), 133–139. <https://doi.org/10.1016/j.jpsychores.2018.05.012>
- Badan Penelitian dan Pengembangan Kesehatan. (2013). Riset Kesehatan Dasar (RISKESDAS) 2013. *Laporan Nasional 2013*, 1–384. <https://doi.org/10.1016/j.jpsychores.2018.05.012> Desember 2013
- Bizzarro, J., & Regazzoni, P. (2014). Principles of Fracture Fixation. *AO Trauma*, 1–12.
- Bruder, A. M., Shields, N., Dodd, K. J., & Taylor, N. F. (2017). Prescribed exercise programs may not be effective in reducing impairments and improving activity during upper limb fracture rehabilitation: a systematic review. *Journal of Physiotherapy*, 63(4), 205–220. <https://doi.org/10.1016/j.jphys.2017.08.009>
- Brunner & Suddarth. (2013). *Keperawatan Medikal Bedah*. (Eka Anisa Mardela, Ed.) (12th ed.). Jakarta: EGC.

- Buecking, B., Bohl, K., Eschbach, D., Bliemel, C., Aigner, R., Balzer-Geldsetzer, M., ... Debus, F. (2015). Factors influencing the progress of mobilization in hip fracture patients during the early postsurgical period?-A prospective observational study. *Archives of Gerontology and Geriatrics*, 60(3), 457–463. <https://doi.org/10.1016/j.archger.2015.01.017>
- C, S., Smeltzer, B. G., & Bare. (2001). *Buku Ajar keperawatan Medikal-Bedah Brunner & Suddart*. (M. Ester & E. Panggabean, Eds.) (Edisi 8). Jakarta: EGC.
- Cal, A., & Bahar, Z. (2018). Use of the Health Belief Model in the prevention of lymphedema after breast surgery. *Prog Health Sci*, 8(1).
- Chou, R., Gordon, D. B., De Leon-Casasola, O. A., Rosenberg, J. M., Bickler, S., Brennan, T., ... Wu, C. L. (2016). Management of postoperative pain: A clinical practice guideline from the American pain society, the American society of regional anesthesia and pain medicine, and the American society of anesthesiologists' committee on regional anesthesia, executive commi. *Journal of Pain*, 17(2), 131–157. <https://doi.org/10.1016/j.jpain.2015.12.008>
- Chuang, M. F., Tung, H. H., Cliniciu, D. L., Huang, J. S., Iqbal, U., Chang, C. J., ... Li, Y. C. (2016). The effect of an integrated education model on anxiety and uncertainty in patients undergoing cervical disc herniation surgery. *Computer Methods and Programs in Biomedicine*, 133, 17–23. <https://doi.org/10.1016/j.cmpb.2016.05.003>
- Conway, J., & Higgins, I. (2011). Final Report Literature Review : Models of Care for Pain Management. *NSW Health*, (October).
- Court-Brown CM, Aitken SA, Forward D, O. R. (2010). The epidemiology of fractures. *Buchholz RW, Court-Brown CM, Heckman JD, Tornetta P, Editors. Rockwood and Green's Fractures in Adults. . Philadelphia: Lippincott Williams and Wilkins*, (7th ed), 53–84.
- Cristescu, I., Vilcioiu, D., Mirea, L., Milea, C., Mates, I., & Mohan, A. (2017). Functional Outcomes after Surgical Treatment of Hand Fractures - ORIF vs. CRIF Analysis. *Key Engineering Materials*, 745, 124–133. <https://doi.org/10.4028/www.scientific.net/KEM.745.124>
- Eliza, W. M. L. (2009). The Effectiveness of an Educational Intervention on Pain Management and Post Operative of Chinese with Fracture Limb. UMI.
- Epstein, N. (2014). A review article on the benefits of early mobilization following spinal surgery and other medical/surgical procedures. *Surgical Neurology International*, 5(4), 66. <https://doi.org/10.4103/2152-7806.130674>
- Evans, S. W., & Mccahon, R. A. (2018). Management of postoperative pain in maxillofacial surgery. *British Journal of Oral & Maxillofacial Surgery*. <https://doi.org/10.1016/j.bjoms.2018.11.010>

- Feehan, L., & Fraser, T. (2016). Early controlled mobilization using dart-throwing motion with a twist for the conservative management of an intra-articular distal radius fracture and scapholunate ligament injury: A case report. *Journal of Hand Therapy*, 29(2), 191–198. <https://doi.org/10.1016/j.jht.2016.02.012>
- Fillingim, R. B., King, C. D., Ribeiro-Dasilva, M. C., Rahim-Williams, B., & Riley, J. L. (2009). Sex, Gender, and Pain: A Review of Recent Clinical and Experimental Findings. *Journal of Pain*, 10(5), 447–485. <https://doi.org/10.1016/j.jpain.2008.12.001>
- Frueh, F. S., Kunz, V. S., Gravestock, I. J., Held, L., Haefeli, M., Giovanoli, P., & Calcagni, M. (2014). Primary flexor tendon repair in zones 1 and 2: Early passive mobilization versus controlled active motion. *Journal of Hand Surgery*, 39(7), 1344–1350. <https://doi.org/10.1016/j.jhsa.2014.03.025>
- Gezer, D., & Arslan, S. (2018). The Effect of Education on the Anxiety Level of Patients Before Thyroidectomy. *Journal of PeriAnesthesia Nursing*, 1–7. <https://doi.org/10.1016/j.jopan.2018.05.017>
- Glanz, K., K., R. B., & Viswanath, K. (2008). *Health Behavior and Health Education. Theory, Research, and Practice* (4th ed.). San Fransisco: Jossey-Bass.
- Grass, F., Pache, B., Martin, D., Addor, V., Hahnloser, D., Demartines, N., & Hübner, M. (2018). Feasibility of early postoperative mobilisation after colorectal surgery: A retrospective cohort study. *International Journal of Surgery*, 56(May), 161–166. <https://doi.org/10.1016/j.ijisu.2018.06.024>
- Hamilton, M. (1959). Hamilton Anxiety Rating Scale (HAM-A). *Journal of Medicine (Cincinnati)*, 61(4), 81–82. <https://doi.org/10.1145/363332.363339>
- Harikesavan, K., Chakravarty, R. D., & Maiya, A. G. (2018). Influence of early mobilization program on pain, self-reported and performance based functional measures following total knee replacement. *Journal of Clinical Orthopaedics and Trauma*. <https://doi.org/10.1016/j.jcot.2018.04.017>
- Helmi, Z. N. (2012). *Buku Ajar Gangguan Muskuloskeletal*. (A. Suslia, Ed.). Jakarta: Salemba Medika.
- Helms, J. E., & Barone, C. P. (2008). Physiology and treatment of pain. *Critical Care Nurse*, 28(6), 38–50.
- Hernández-palazón, J., & Roca-calvo, M. J. (2018). Assessment of Preoperative Anxiety in Cardiac Surgery Patients Lacking a History of Anxiety: Contributing Factors and Postoperative Morbidity. *Journal of Cardiothoracic and Vascular Anesthesia*, 32(1), 236–244. <https://doi.org/10.1053/j.jvca.2017.04.044>

- Hudson, B. F., Ogden, J., & Whiteley, M. S. (2015). Randomized controlled trial to compare the effect of simple distraction interventions on pain and anxiety experienced during conscious surgery. *European Journal of Pain (United Kingdom)*, *19*(10), 1447–1455. <https://doi.org/10.1002/ejp.675>
- Hurley, M. V, Walsh, N., Bhavani, V., Britten, N., & Stevenson, F. (2010). Health beliefs before and after participation on an exercise-based rehabilitation programme for chronic knee pain: doing is believing. *BMC Musculoskeletal Disord*, *11*. <https://doi.org/10.1186/1471-2474-11-31>
- Intermountain Healthcare. (2012). Open Reduction and Internal Fixation ( ORIF ), 1–2.
- Janz, N. K., & Becker, M. H. (1984). The Health Belief Model: A Decade Later. *Health Education Quarterly*, *11*(1), 1–47. <https://doi.org/10.1177/109019818401100101>
- Jeanne Rieger. (2011). ORIF : PIP Fracture and Dislocation of the Fingers. *The Surgical Technologist*.
- Jeihooni, A. K., Jamshidi, H., Kashfi, S. M., Avand, A., & Khiyali, Z. (2017). The Effect of Health Education Program Based on Health Belief Model on Oral Health Behaviors in Pregnant Women of Fasa City, Fars Province, South of Iran. *J Int Soc Prev Community Dent.*, *7*(Suppl 1), S1–S7. <https://doi.org/10.4103/jispcd.JISPCD>
- Jensen, M. P., Nielson, W. R., & Kerns, R. D. (2003). Toward the Development of A Motivational Model of Pain Self-Management. *Journal of Pain*, *4*(9), 477–492. [https://doi.org/10.1016/S1526-5900\(03\)00779-X](https://doi.org/10.1016/S1526-5900(03)00779-X)
- Jones, C. L., Jensen, J. D., Scherr, C. L., Brown, N. R., Christy, K., & Weaver, J. (2015). The Health Belief Model as an Explanatory Framework in Communication Research: Exploring Parallel, Serial, and Moderated Mediation. *Health Communication*, *30*(6), 566–576. <https://doi.org/10.1080/10410236.2013.873363>
- Julia D, K. (2011). *Keperawatan Ortopedik & Trauma*. (T. Hadiningsih, S. Isnaeni, & N. putu I. Mahayani, Eds.) (2nd ed.). Jakarta: EGC.
- Karanci, A. N., & Dirik, G. (2003). Predictors of pre- and postoperative anxiety in emergency surgery patients. *Journal of Psychosomatic Research*, *55*(4), 363–369. [https://doi.org/10.1016/S0022-3999\(02\)00631-1](https://doi.org/10.1016/S0022-3999(02)00631-1)
- Keliat, B. A. (2011). *Keperawatan Kesehatan Jiwa Komunitas*. Jakarta: EGC.
- Khan, J. S., Devereaux, P. J., Lemanach, Y., & Busse, J. W. (2016). Patient coping and expectations about recovery predict the development of chronic post-surgical pain after traumatic tibial fracture repair. *British Journal of Anaesthesia*, *117*(3), 365–370. <https://doi.org/10.1093/bja/aew225>

- Khoramabadi, M., Dolatian, M., Hajian, S., Zamanian, M., Taheripanah, R., Sheikhan, Z., ... Seyedi-Moghadam, A. (2015). Effects of Education Based on Health Belief Model on Dietary Behaviors of Iranian Pregnant Women. *Global Journal of Health Science*, 8(2), 230–239. <https://doi.org/10.5539/gjhs.v8n2p230>
- Kozier, B., Glenora, E., Audrey, B., & Shirlee, S. (2010). *Buku ajar fundamental keperawatan : konsep, proses, dan praktik*. (D. Widiarti, E. A. Mardella, N. B. Subekti, & L. Helena, Eds.) (7th ed.). Jakarta: EGC.
- Kumar, K. H., & Elavarasi, P. (2016). Definition of pain and classification of pain disorders. *Journal of Advanced Clinical & Research Insights*, 3(June), 87–90. <https://doi.org/10.15713/ins.jcri.112>
- Lädemann, A., Abrassart, S., Denard, P. J., Tirefort, J., Nowak, A., & Schwitzguebel, A. J. (2017). Functional recovery following early mobilization after middle third clavicle osteosynthesis for acute fractures or nonunion: A case-control study. *Orthopaedics and Traumatology: Surgery and Research*, 103(6), 885–889. <https://doi.org/10.1016/j.otsr.2017.03.021>
- Langley, E. L., Wootton, B. M., & Grieve, R. (2018). The Utility of the Health Belief Model Variables in Predicting Help-Seeking Intention for Anxiety Disorders. *Australian Psychologist*, 53(4), 291–301. <https://doi.org/10.1111/ap.12334>
- Lee, C. H., Liu, J. T., Lin, S. C., Hsu, T. Y., Lin, C. Y., & Lin, L. Y. (2018). Effects of Educational Intervention on State Anxiety and Pain in People Undergoing Spinal Surgery: A Randomized Controlled Trial. *Pain Management Nursing*, 19(2), 163–171. <https://doi.org/10.1016/j.pmn.2017.08.004>
- LeMone, P., Burke, K. M., & Bauldoff, G. (2015). *Buku Ajar Keperawatan Medikal Bedah*. (L. Ayu & R. P. Wulandari, Eds.) (5th ed.). Jakarta: EGC.
- Marlina. (2012). Mobilisation Patient Fraktur with Concepts Models Dorothea E . Orem. *Idea Nursing Journal*, 1(1), 26–34. <https://doi.org/2087-2879>
- Minhas, S. V., & Catalano, L. W. (2018). Comparison of Open and Closed Hand Fractures and the Effect of Urgent Operative Intervention. *Journal of Hand Surgery*, 1–7. <https://doi.org/10.1016/j.jhsa.2018.04.032>
- Murgatroyd, D., Harris, I. A., Chen, J. S., Adie, S., Mittal, R., & Cameron, I. D. (2017). Predictors of seeking financial compensation following motor vehicle trauma: inception cohort with moderate to severe musculoskeletal injuries. *BMC Musculoskeletal Disorders*, 18(1), 1–12. <https://doi.org/10.1186/s12891-017-1535-z>
- Nayduck, D. (2014). *Nurse to Nurse: Perawatan Trauma*. (A. Suslia, Ed.). Jakarta: Salemba Medika.

- NL, N. W. (2008). Fractures : pathophysiology , treatment and nursing care. *Nursing Standard*, 23(2), 49–57.
- Nursalam. (2017). *Metodologi Penelitian Ilmu Keperawatan: Pendekatan Praktis*. (P. P. Lestasi, Ed.) (Edisi 4). Jakarta: Salemba Medika.
- Okamoto, T., Ridley, R. J., Edmondston, S. J., Visser, M., Headford, J., & Yates, P. J. (2016). Day-of-Surgery Mobilization Reduces the Length of Stay After Elective Hip Arthroplasty. *Journal of Arthroplasty*, 31(10), 2227–2230. <https://doi.org/10.1016/j.arth.2016.03.066>
- Pashikanti, L., & Von Ah, D. (2012). Impact of early mobilization protocol on the medical-surgical inpatient population: An integrated review of literature. *Clinical Nurse Specialist*, 26(2), 87–94. <https://doi.org/10.1097/NUR.0b013e31824590e6>
- Potter, P. A., & Perry, A. G. (2005). *Buku Ajar Fundamental Keperawatan: Konsep, Proses, dan Praktik*. (M. Ester, D. Yulianti, & I. Parulian, Eds.) (Edisi 4). Jakarta: EGC.
- Rankin, S. H., & Stallings, K. D. (2001). *Patient Education: Principles & Practice* (Edisi 4). Lippincott Williams & Wilkins.
- Riswanda, N., Dwi, A., Abdul, A., & Sulis, B. (2017). The characteristic of patients with femoral fracture in department of orthopaedic and traumatology RSUD dr. Soetomo Surabaya 2013-2016. *Journal Unair*, 6(1).
- Ropyanto, C. ., Sitorus, & Eryando. (2013). Analisis Faktor-Faktor Yang Berhubungan Dengan Status Fungsional Paska Open Reduction Internal Fixation (Orif) Fraktur Ekstremitas, 1(2), 81–90.
- Rosenstock, I. M. (1974). Historical Origins of the Health Belief Model. *Health Education and Behavior*, 2(4), 328–335. <https://doi.org/10.1177/109019817400200403>
- Sadock, B. J., & Virginia A. Sadock. (2010). *Buku ajar psikiatri klinis*. (H. Muttaqin & Retna N. E. Sihombing, Eds.) (2nd ed.). Jakarta: EGC.
- Sharifzadeh, G., Moodi, M., & Aliabadi, H. (2017). The Impact of the Education Based on Health Belief Model on Preventive Behaviors of Crimean-Congo Haemorrhagic Fever among rural women from the City of Sarbishe. *J Health Sci Technol*, 1(1), 23–29.
- Shojaei, S., Farhadloo, R., Aein, A., & Vahedian, M. (2016). Effects of the Health Belief Model (HBM)-Based Educational Program on the Nutritional Knowledge and Behaviors of CABG Patients. *The Journal of Tehran Heart Center*, 11(4), 181–186. Retrieved from <http://www.ncbi.nlm.nih.gov/pubmed/28496509> <http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=PMC5424846>

- Skakum, K., & Chochinov, H. M. (2005). Anxiety and Depression. *Palliative Medicine: A Case-Based Manual*, 236–250. <https://doi.org/10.1016/B978-0-12-273903-3.50015-8>
- Smeltzer, S. C., & Bare, B. G. (2001). *Buku ajar keperawatan medikal bedah Brunner & Suddarth*. (M. Ester, Ed.) (8th ed.). Jakarta: EGC.
- Spielberger, D., Gorsuch, R. L., Lushene, P. R., Vagg, P. R., & Jacobs, G. A. (1983). State-Trait Anxiety Inventory for Adults. Florida: Mind Garden.
- Sulistiyaningih. (2016). Gambaran Kualitas Hidup pada Pasien Pasca Open Reduction Internal Fixation (ORIF) Ekstremitas Bawah di Poli Ortopedi RS Ortopedi Prof. dr. R. Soeharso Surakarta. Semarang: Universitas Diponegoro.
- Taki, H., Memarzadeh, A., Trompeter, A., & Hull, P. (2017). Closed fractures of the tibial shaft in adults. *Orthopaedics and Trauma*, 31(2), 116–124. <https://doi.org/10.1016/j.mporth.2016.09.012>
- Tamsuri, A. (2006). *Kosep dan Penatalaksanaan Nyeri*. Jakarta: EGC.
- Tarkang, E. E., & Zotor, F. B. (2015). Application of the Health Belief Model (HBM) in HIV Prevention: A Literature Review. *Science Publishing Group*, 1(1), 1–8. <https://doi.org/10.11648/j.cajph.20150101.11>
- Wahington, A. D. (2018). *Management of Postoperative Pain in the Total Joint Replacement Patient*. Proquest. Walden University.
- Walker, E. M. K., Bell, M., Cook, T. M., Grocott, M. P. W., & Moonesinghe, S. R. (2016). Patient reported outcome of adult perioperative anaesthesia in the United Kingdom: a cross-sectional observational study. *British Journal of Anaesthesia*, 117(6), 758–766. <https://doi.org/10.1093/bja/aew381>
- Wang, Y., Liu, Z., Chen, S., Ye, X., Xie, W., Hu, C., ... Jackson, T. (2018). Pre-surgery beliefs about pain and surgery as predictors of acute and chronic post-surgical pain: A prospective cohort study. *International Journal of Surgery*, 52, 50–55. <https://doi.org/10.1016/j.ijssu.2018.02.032>
- Whibley, D., MacDonald, R., Macfarlane, G. J., & Jones, G. T. (2016). Constructs of health belief and disabling distal upper limb pain. *Scandinavian Journal of Pain*, 13, 91–97. <https://doi.org/10.1016/j.sjpain.2016.07.003>
- Williams, J. B., Alexander, K. P., Morin, J. F., Langlois, Y., Noiseux, N., Perrault, L. P., ... Afilalo, J. (2013). Preoperative anxiety as a predictor of mortality and major morbidity in patients aged >70 years undergoing cardiac surgery. *American Journal of Cardiology*, 111(1), 137–142. <https://doi.org/10.1016/j.amjcard.2012.08.060>
- World Health Organisation. (2012). *Health education: theoretical concepts*,

*effective strategies and core competencies.*

- Yang, K. H. (2018). *Modeling the Spine and Upper and Lower Extremities for Impact Scenarios. Basic Finite Element Method as Applied to Injury Biomechanics*. Elsevier Inc. <https://doi.org/10.1016/B978-0-12-809831-8.00016-7>
- Yun, O. B., Kim, S. J., & Jung, D. (2015). Effects of a Clown-Nurse Educational Intervention on the Reduction of Postoperative Anxiety and Pain Among Preschool Children and Their Accompanying Parents in South Korea. *Journal of Pediatric Nursing*, 30(6), e89–e99. <https://doi.org/10.1016/j.pedn.2015.03.003>
- Zhang, M. (2017). Effect of Hbm Rehabilitation Exercises on Depression, Anxiety and Health Belief in Elderly Patients With Osteoporotic Fracture. *Psychiatria Danubina*, 29(4), 466–472. <https://doi.org/10.24869/psyd.2017.466>