

### Daftar Pustaka

- Ali, M., & Asrori, M. (2014). *Psikologi Remaja (Perkembangan Peserta Didik)*. Jakarta: PT. Bumi Aksara.
- Alwisol. (2009). *Psikologi Kepribadian (Edisi Revisi)*. Malang: UMM press.
- Ariati, J. (2015). Antisipasi Kecanduan Game Online Bagi Siswa SMK dengan Gaming Addiction Awareness Programme (GAME), (1), 29–44.
- Bandura, A. (2002). *Self efficacy: The Exercise of Control*. New York: W. H. Freeman & Company.
- Barkley, J. E., & Lepp, A. (2016). Mobile phone use among college students is a sedentary leisure behavior which may interfere with exercise. *Computers in Human Behavior*, 56, 29–33. <https://doi.org/10.1016/j.chb.2015.11.001>
- Borland, R., Young, D., Coghill, K., & Zhang, Z. Y. (2010). The tobacco use management system: analyzing tobacco control from a systems perspective. *American Journal of Public Health* 100, pp. 1229–1.
- Caskey, M. M., & Jr, V. A. A. (2013). Research Summary : Young Adolescents ' Developmental Characteristics, (2007).
- Cha, S. S., & Seo, B. K. (2018). Smartphone use and smartphone addiction in middle school students in Korea: Prevalence, social networking service, and game use. *Health Psychology Open*, 5(1). <https://doi.org/10.1177/2055102918755046>
- Cha, S., & Seo, B. (2018). Smartphone use and smartphone addiction in middle school students in Korea : Prevalence , social networking service , and game use. *Health Psychology*. <https://doi.org/10.1177/2055102918755046>
- Cho, H. Y., Kim, D. J., & Park, J. W. (2017). Stress and adult smartphone addiction: Mediation by self-control, neuroticism, and extraversion. *Stress and Health*, 33(5), 624–630. <https://doi.org/10.1002/smi.2749>
- Chun, J. S. (2018). Conceptualizing effective interventions for smartphone addiction among Korean female adolescents. *Children and Youth Services Review*, 84(November 2017), 35–39. <https://doi.org/10.1016/j.chilyouth.2017.11.013>
- Cocorada, E., Maican, C. I., Cazan, A. M., & Maican, M. . (2018). Assessing the smartphone addiction risk and its associations with personality traits among adolescents. *Children and Youth Services Review* 93, 345–354.
- Daniela, P. (2015). The Relationship Between Self-Regulation , Motivation And Performance At Secondary School Students. *Procedia - Social and Behavioral*

*Sciences*, 191, 2549–2553. <https://doi.org/10.1016/j.sbspro.2015.04.410>

- Dekovic, M., Noom, M. J., & Meeus, W. (1997). Expectations regarding development during adolescence: Parental and adolescent perceptions. *Journal of Youth and Adolescence*, 26(3), 253–272. <https://doi.org/10.1007/s10964-005-0001-7>
- Elhai, J. D., Hall, B. J., & Erwin, M. C. (2018). Emotion regulation's relationships with depression, anxiety and stress due to imagined smartphone and social media loss. *Psychiatry Research*, 261, 28–34. <https://doi.org/10.1016/j.psychres.2017.12.045>
- Endedijk, M. D., Brekelmans, M., Slegers, P., & Vermunt, J. D. (2016). Measuring students' self-regulated learning in professional education: bridging the gap between event and aptitude measurements. *Quality and Quantity*, 50(5), 2141–2164. <https://doi.org/10.1007/s11135-015-0255-4>
- Friedman, B., & Jones. (2010). *Buku Ajar Keperawatan Keluarga: Riset, Teori dan Praktik* (5th ed.). Jakarta: EGC.
- Ghozali, & Fuad, I. (2014). *Structural Equation Modeling: Teori, Konsep dan Aplikasi dengan Program Lisrel 9.10 4th ed.* Semarang: Badan Penerbit Universitas Diponegoro.
- Gökçearsan, Ş., Mumcu, F. K., Haşlamam, T., & Çevik, Y. D. (2016). Modelling smartphone addiction: The role of smartphone usage, self-regulation, general self-efficacy and cyberloafing in university students. *Computers in Human Behavior*, 63, 639–649. <https://doi.org/10.1016/j.chb.2016.05.091>
- Gordon, R. (2011). 'The impact of alcohol marketing on youth drinking behaviour: a two-stage cohort study. *Alcohol and Alcoholism* 45, pp. 470–48.
- Gufron, M. N., & Rini, R. S. (2010). *Teori-Teori Psikologi*. Yogyakarta: Ar-Ruzz Media.
- Gufron, M. N., & Riswanita, R. (2010). *Teori-Teori Psikologi*. Yogyakarta: Ar Ruzz Media.
- Haug, S., Castro, R. P., Kwon, M., Filler, A., Kowatsch, T., & Schaub, M. P. (2015). Smartphone use and smartphone addiction among young people in Switzerland. *Journal of Behavioral Addictions*, 4(4), 299–307. <https://doi.org/10.1556/2006.4.2015.037>
- Hebb, J. R., Gmel, G., & Zurbrugg, G. (2003). Changes in alcohol consumption following a reduction in the price of spirits: a natural experiment in Switzerland. *Addiction* 98, pp. 1433–1.
- Hurlock, E. B. (2011). *Psikologi Perkembangan : Suatu Pendekatan Sepanjang*

*Rentang Kehidupan*. Jakarta: Erlangga.

- Hussain, Z., Griffiths, M. D., & Sheffield, D. (2017). An investigation into problematic smartphone use: The role of narcissism, anxiety, and personality factors. *Journal of Behavioral Addictions*, 6(3), 1–9. <https://doi.org/10.1556/2006.6.2017.052>
- Journal, I., Finkenauer, C., & Baumeister, R. F. (2005). Parenting behavior and adolescent behavioral and emotional problems : The Parenting behaviour and adolescent behavioural and emotional problems : The role of self-control, (January), 58–69. <https://doi.org/10.1080/01650250444000333>
- Kaur, M., Singh, K., & Samah, N. A. (2018). Impact of Smartphone : A Review on Positive and Negative Effects on Students, 14(11), 83–89. <https://doi.org/10.5539/ass.v14n11p83>
- Kementerian Pendidikan dan Kebudayaan. (2018). *Data Pokok Pendidikan Dasar dan Menengah*. Jakarta.
- Khoirunnisa, S., Fitria, N., Rofi, H., & Padjadjaran, U. (2015). Gambaran pola asuh orang tua yang dipersepsikan remaja sma negeri jatimangor kabupaten sumedang, III(2), 51–63.
- Khoury, J. M., De Freitas, A. A. C., Roque, M. A. V., Albuquerque, M. R., Das Neves, M. D. C. L., & Garcia, F. D. (2017). Assessment of the accuracy of a new tool for the screening of smartphone addiction. *PLoS ONE*, 12(5), 1–13. <https://doi.org/10.1371/journal.pone.0176924>
- Kim, H. J., Min, J. Y., Min, K. B., Lee, T. J., & Yoo, S. (2018). Relationship among family environment, self-control, friendship quality, and adolescents' smartphone addiction in South Korea: Findings from nationwide data. *PLoS ONE*, 13(2), 1–13. <https://doi.org/10.1371/journal.pone.0190896>
- Kominfo. (2016). *Infografis Indikator TIK 2016*. Jakarta.
- Kumcagiz, H. (2018). Quality of Life as a Predictor of Smartphone Addiction Risk Among Adolescents. *Technology, Knowledge and Learning*, 1–11. <https://doi.org/10.1007/s10758-017-9348-6>
- Kuss, D. J., Kanjo, E., Crook-Rumsey, M., Kibowski, F., Wang, G. Y., & Sumich, A. (2018). Problematic Mobile Phone Use and Addiction Across Generations: the Roles of Psychopathological Symptoms and Smartphone Use. *Journal of Technology in Behavioral Science*, 141–149. <https://doi.org/10.1007/s41347-017-0041-3>
- Kwon, M., Kim, D. J., Cho, H., & Yang, S. (2013). The smartphone addiction scale: Development and validation of a short version for adolescents. *PLoS ONE*, 8(12), 1–7. <https://doi.org/10.1371/journal.pone.0083558>

- Kwon, M., Lee, J. Y., Won, W. Y., Park, J. W., Min, J. A., Hahn, C., ... Kim, D. J. (2013). Development and Validation of a Smartphone Addiction Scale (SAS). *PLoS ONE*, 8(2). <https://doi.org/10.1371/journal.pone.0056936>
- Lansia, P., Dharma, W., & Surakarta, B. (2016). Pergeseran Nilai Orang Tua di Kalangan Masyarakat Jawa (Studi Pada Lansia yang Tinggal di Panti Wredha Dharma Bhakti Surakarta), 5(2).
- Lee, C., & Lee, S. J. (2017). Prevalence and predictors of smartphone addiction proneness among Korean adolescents. *Children and Youth Services Review*, 77(April), 10–17. <https://doi.org/10.1016/j.childyouth.2017.04.002>
- Lee, H., Kim, J. W., & Choi, T. Y. (2017). Risk Factors for Smartphone Addiction in Korean Adolescents: Smartphone Use Patterns. *J Korean Med Sci*, 32(10), 1674–1679. <https://doi.org/10.3346/jkms.2017.32.10.1674>
- Lee, J., Sung, M.-J., Song, S.-H., Lee, Y.-M., Lee, J.-J., Cho, S.-M., ... Shin, Y.-M. (2018). Psychological Factors Associated With Smartphone Addiction in South Korean Adolescents. *The Journal of Early Adolescence*, 38(3), 288–302. <https://doi.org/10.1177/0272431616670751>
- Lee, S.-J., Lee, C., & Lee, C. (2016). Smartphone Addiction and Application Usage In Korean Adolescents: Effects of Mediation Strategies. *Social Behavior and Personality: An International Journal*, 44(9), 1525–1534. <https://doi.org/10.2224/sbp.2016.44.9.1525>
- Li, X., Li, D., & Newman, J. (2013). Parental Behavioral and Psychological Control and Problematic Internet Use Among Chinese Adolescents: The Mediating Role of Self-Control. *Cyberpsychology, Behavior, and Social Networking*, 16(6), 442–447. <https://doi.org/10.1089/cyber.2012.0293>
- Lian, L., You, X., & Huang, J. (2016). Who overuses smartphones? Roles of virtues and parenting style in smartphone addiction among Chinese college students. *Computers in Human Behavior*, 65, 92–99. <https://doi.org/https://doi.org/10.1016/j.chb.2016.08.027>
- Lin, Y.-H., Chang, L.-R., Lee, Y.-H., Tseng, H.-W., Kuo, T. B. J., & Chen, S.-H. (2014). Development and validation of the Smartphone Addiction Inventory (SPAI). *PloS One*, 9(6), e98312. <https://doi.org/10.1371/journal.pone.0098312>
- Loghum, B. S. (2012). Smartphone, (1), 2012. <https://doi.org/https://doi.org/10.1007/s12654-012-0002-6>
- Long, J., Liu, T.-Q., Liao, Y.-H., Qi, C., He, H.-Y., Chen, S.-B., & Billieux, J. (2016). Prevalence and correlates of problematic smartphone use in a large random sample of Chinese undergraduates. *BMC Psychiatry*, 16(1), 408.

<https://doi.org/10.1186/s12888-016-1083-3>

- Lönnfjord, V., & Hagquist, C. (2018). The Psychometric Properties of the Swedish Version of the General Self-Efficacy Scale: A Rasch Analysis Based on Adolescent Data. *Current Psychology*, 37(4), 703–715. <https://doi.org/10.1007/s12144-016-9551-y>
- Michie, S., van Stralen, M., & West, R. (2011). The behaviour change wheel: a new method for characterising and designing behaviour change interventions'. *Implementation Science* 6, p. 42.
- Nahas, M., Hlais, S., Saberian, C., & Antoun, J. (2018). Problematic smartphone use among Lebanese adults aged 18–65 years using MPPUS-10. *Computers in Human Behavior*, 87(February), 348–353. <https://doi.org/10.1016/j.chb.2018.06.009>
- Ormrod, J. E. (2009). Psikologi Pendidikan: Membantu Siswa Tumbuh dan Berkembang Jilid 2 (enam). Jakarta: Erlangga.
- Pichardo, M. C., Cano, F., Garzón-Umerenkova, A., de la Fuente, J., Peralta-Sánchez, F. J., & Amate-Romera, J. (2018). Self-Regulation Questionnaire (SRQ) in Spanish adolescents: Factor structure and rasch analysis. *Frontiers in Psychology*, 9(AUG), 1–14. <https://doi.org/10.3389/fpsyg.2018.01370>
- Putri, A. Y. (2018). *Hubungan antara kecanduan smartphone dengan kualitas tidur pada remaja*. Universitas Islam Negeri Sunan Ampel.
- Putro, Z. khamim. (2017). Memahami Ciri dan Tugas Perkembangan Masa Remaja. *Jurnal Aplikasi Ilmu Ilmu Agama*, 17(1), 25–32.
- Rosenquist, J. N., Murabito, J., Fowler, J. ., & Christakis, N. A. (2010). The spread of alcohol consumption behavior in a large social network. *Annals of Internal Medicine* 152, pp. 426–43.
- Samaha, M., & Hawi, N. S. (2016). Relationships among smartphone addiction, stress, academic performance, and satisfaction with life. *Computers in Human Behavior*, 57, 321–325. <https://doi.org/10.1016/j.chb.2015.12.045>
- Santrock, J. W. (2011). *Perkembangan Anak Edisi 7 Jilid 2* (2nd ed.). Jakarta: Erlangga.
- Sarwono, S. W. (2012). *Psikologi remaja*. Jakarta: PT. Raja Grafindo Persada.
- Sok, S. R. (2019). Differences of Self-Control , Daily Life Stress , and Communication Skills between Smartphone Addiction Risk Group and General Group in Korean Nursing Students, 1–9.
- Sun, J., Liu, Q., & Yu, S. (2018). Child neglect, psychological abuse and

- smartphone addiction among Chinese adolescents: The roles of emotional intelligence and coping style. *Computers in Human Behavior*, 90(September 2017), 74–83. <https://doi.org/10.1016/J.CHB.2018.08.032>
- Sun, J., Liu, Q., & Yu, S. (2019). Child neglect, psychological abuse and smartphone addiction among Chinese adolescents: The roles of emotional intelligence and coping style. *Computers in Human Behavior*, 90, 74–83. <https://doi.org/10.1016/j.chb.2018.08.032>
- Thalib, S. . (2010). *Psikologi Pendidikan Berbasis Analisis Empiris Aplikatif*. Jakarta: Kencana Media Group.
- Van Deursen, A. J. A. M., Bolle, C. L., Hegner, S. M., & Kommers, P. A. M. (2015). Modeling habitual and addictive smartphone behavior: The role of smartphone usage types, emotional intelligence, social stress, self-regulation, age, and gender. *Computers in Human Behavior*, 45, 411–420. <https://doi.org/10.1016/j.chb.2014.12.039>
- Wang, P., Zhao, M., Wang, X., Xie, X., Wang, Y., & Lei, L. (2017). Peer relationship and adolescent smartphone addiction: The mediating role of self-esteem and the moderating role of the need to belong. *Journal of Behavioral Addictions*, 6(4), 708–717. <https://doi.org/10.1556/2006.6.2017.079>
- Wang, Q., Pomerantz, E. M., & Chen, H. (2016). The Role of Parents ' Control in Early Adolescents ' Psychological Functioning : A Longitudinal Investigation in the United States and China, 78(5), 1592–1610.
- West, R. (2013). *Models of addiction. Review Literature And Arts Of The Americas*. Luxembourg: European Monitoring Centre for Drugs and Drug Addiction. <https://doi.org/10.2810/99994>
- Who. (2017). Adolescent health and development. Retrieved October 16, 2018, from [http://www.searo.who.int/entity/child\\_adolescent/topics/adolescent\\_health/en/](http://www.searo.who.int/entity/child_adolescent/topics/adolescent_health/en/)
- Xia, Y. R., Wang, C., Li, W., Wilson, S., Bush, K. R., & Peterson, G. (2015). Chinese Parenting Behaviors, Adolescent School Adjustment, and Problem Behavior. *Marriage and Family Review*, 51(6), 489–515. <https://doi.org/10.1080/01494929.2015.1038408>
- Yudrik, J. (2011). *Psikologi Perkembangan*. Jakarta: Kencana.
- Zimmerman, B. (2000). *Attaining Self-Regulation. Handbook of Self-Regulation*. New York. <https://doi.org/10.1016/B978-012109890-2/50031-7>