ABSTRAK

PENGEMBANGAN MODEL *CAREGIVER SUPPORT* DALAM MERAWAT PASIEN SKIZOFRENIA

Oleh:

Ayesie Natasa Zulka

Pendahuluan: Peran *caregiver* dalam memberikan dukungan perawatan masih belum dilaksanakan secara optimal. Tujuan dari penelitian ini adalah untuk mengembangkan model *caregiver support* dalam merawat pasien skizofrenia dengan integrasi *caregiver empowerment model* dan *caring* dari Swanson. **Metode:** Desain penelitian pendekatan *cross sectional* dengan sampel 200 *caregiver* pasien skizofrenia di poli jiwa Rumah Sakit Jiwa Menur. teknik sampling menggunakan *quota sampling*. Kriteria inklusi: caregiver yang terlibat merawat pasien skizofrenia; hidup serumah dengan pasien skizofrenia ≥ 1 tahun; bersedia menjadi responden dengan menandatangani *inform consent*, kriteria eksklusi: *caregiver* tidak kooperatif atau mempunyai riwayat gangguan jiwa berat. Variabel pada penelitian ini adalah *background caregiver* (Usia, jenis kelamin, penghasilan, stigma, pengetahuan, *prior relationship*), *Caregiving Demand* (*care receiver impairment, Caregiving Activities. Competing Role Demands*), *Filial Values (maintaining belief, knowing, being with, doing for) Resources (Personal, family, community)*, *Appraisal* dengan variabel dependen *Caregiver outcome*. Analisis data yang digunakan adalah SEM PLS. **Hasil dan Analisis:** Hasil analisis didapatkan T statistik > 1.96 dan *p-values* < 0,05 dapat disimpulkan bahwa terdapat pengaruh yang signifikan pada semua hipotesis kecuali pada pengujian hipotesis pengaruh *background caregiver* pada *resources*. nilai T statistik sebesar 1.016 dengan nilai *p-values* sebesar 0.310. Pengaruh *resources* terhadap *caregiver outcome* dimediasi oleh *appraisal* didapatkan p-*values* <0,05 (0,009). **Diskusi dan Kesimpulan:** Temuan model menemukan, untuk menciptakan dukungan *caregiver*, maka diperlukan kemampuan memanfaatkan sumber daya yang baik sehingga dapat berpengaruh dalam penilaian pengasuhan yang positif dari *caregiver*.

Kata Kunci: Skizofrenia, *Caregiver, Caregiver Support, Caring,* CEM

ABSTRACT

DEVELOPMENT OF CAREGIVER SUPPORT MODELS IN CARE FOR SCHIZOPHRENIA PATIENTS

By:

Ayesie Natasa Zulka

Introduction: The caregiver's role in providing care support was still not optimally implemented. The purpose of this study was to develop a model of caregiver support in treating schizophrenic patients with integration of caregiver empowerment model and caring from Swanson. **Methods:** study design was a cross-sectional approach with 200 caregiver samples of schizophrenic patients in the psychiatric department of Menur Mental Hospital. the sampling technique used quota sampling. Inclusion criteria: caregivers involved in treating schizophrenic patients; living with schizophrenic patients $\geq$ 1 year; willing to become respondents by signing informed consent, exclusion criteria: caregiver wasn't cooperative or has a history of severe mental disorders. The variabels in this study were caregiver background (age, sex, income, stigma, knowledge, prior relationship), caregiving demand (care receiver impairment, care activities, competing role demand), filial values (maintaining belief, knowing, being with, doing for), resources (personal, family, community), Appraisal with dependent variabels caregiver outcome. The data analysis used was SEM PLS. **Result and Analysis:** The results of the analysis obtained T statistik >1.96 and p-values <0.05. It can be concluded that there was a significant effect on all hypothesis except in testing the hypothesis of the influence of caregiver background on resources. the T statistik values was 1.016 with a p-values of 0.310. The influence of resources on outcome caregiver mediated by an appraisal obtained p-values <0.05 (0.009). **Discussion and Conclusion:** The findings model found, to create caregiver support, the ability to utilize good resources was needed so that it can influence the positive caregiver appraisal.

Keywords: *Schizophrenia*, *Caregiver, Caregiver Support, Caring,* CEM