

DAFTAR PUSTAKA

- American Heart Association. Cardiovascular Disease: A Costly Burden for America. Projections Through 2035. http://www.heart.org/HEARTORG/Advocate/Cardiovascular-Disease-A-Costly-Burden-for-America_UCM_491316_Article.jsp. (Sitasi 25 September 2018).
- Andrea HM, Marni NS, Esther. MS. (2010). Evaluation of stress system by applying noninvasive methodologies: Measurements of neuroimmune biomarkers in sweat, heart rate variability and salivary cortisol. *Neuroimmunomodulation* 2010;17:205-208
- Ariff F, Suthahar A, Ramli M. (2011). Coping styles and lifestyle factors among hypertensive and non-hypertensive subjects. *Singapore Med J.* 2011 Jan;52(1):29-34.
- Asadi, (2010). Type A behaviour pattern: is it a risk factor for hypertension? *Eastern Mediterranean Health Journal.* EMHJ. Vol. 16 No.7. 2010.
- Australian Safety and Compensation Council (ASCC). (2006). *Work-related cardiovascular disease in Australia.* p.1 - 6.
- Azizah, Anisa Laila (2016). Obesitas, Gaya Hidup, Shift Kerja, dan Kejadian Hipertensi Pada Perawat di Rumah Sakit Nusantara Medika Utama Jember. <http://repository.unej.ac.id/handle/123456789/78125>
- Bagian Patologi Klinik. (2018). Buku Panduan Pendidikan Keterampilan Klinik 1. *Keterampilan Pemeriksaan Glukosa Darah dengan Metode POCT (Point of care Testing).* Fakultas Kedokteran Universitas Hasanuddin
- Bagian Patologi Klinik. (2018). *Buku Panduan Pendidikan Keterampilan Klinik 1. Keterampilan Antropometri.* Fakultas Kedokteran Universitas Hasanuddin
- Barnett K, Spoehr J, Moretti C, Gregorry T, Chiveralls K. 2011. Technology at Work: Stress, Work and Technology across the Life Cycle – Literature Review. Australian Institute for Social Research
- Betty Rambut et al (2005). Education as a Determinant of Career Retention and Job Satisfaction Among Registered Nurses. *Journal of Nursing Scholarship* 37(2):185-92

- C Gail Hepburn et al (1997). Coping with chronic work stress. Plenum press p350
Cardiovascular Division & Health Services Research Centre, (2017). *Reducing the burden of CVD in Indonesia*. Newtown: The George Institute for Global Health. p. 13.
- Carnethon M, Whitsel C; Laurie P. ; Franklin, B. Franklin,; Penny E , Kris-; Milani, R; Pratt, CA, Wagner, GR,(2009). Worksite Wellness Programs for Cardiovascular Disease Prevention A Policy Statement From the American Heart Association. *Circulation*. 2009;120:1725-1741.
- Carver, C, S. Smith, JC, (2010). Personality and Coping. *Annu. Rev. Psychol.* 2010. 61:679–704.
- Celik S et al (2017). Fatigue in Intensive Care Nurses and Related Factor. www.Theijoem.com. Vol 8, Num 4 October, 2017.
- Centers for Disease Control and Prevention, (2017). *Heart Disease and Stroke Prevention: Workplace Health in the United States*. <https://www.cdc.gov/workplacehealthpromotion/initiatives/resource-center/pdf/WHRC-Strategies-to-Prevent-Heart-Attack-Stroke-in-Workplace-508.pdf> (sitasi 11 November 2018).
- Centre for Economics and Business Research (2014). *The economic cost of cardiovascular disease from 2014-2020 in six European economies*. [https://www.sanita24.ilsole24ore.com/pdf2010/Sanita2/Oggetti Correlati/Documenti/Dibattiti-e-Idee/3Cebr%20-%20The%20economic%20cost%20of%20cardiovascular%20disease%20fr%2020142020%20in%20six%20European%20economies.pdf?uuid=AbV1x4QK](https://www.sanita24.ilsole24ore.com/pdf2010/Sanita2/Oggetti%20Correlati/Documenti/Dibattiti-e-Idee/3Cebr%20-%20The%20economic%20cost%20of%20cardiovascular%20disease%20fr%2020142020%20in%20six%20European%20economies.pdf?uuid=AbV1x4QK). (Sitasi 25 September 2018).
- Chu HY D. Koh, F. M. Moy , FM, Riemenschneider.2014. Do workplace physical activity interventions improve mental health outcomes? *Occupational Medicine* 2014;64:235–245
- Coulson JC, M Field, J Mckena. 2008. Exercising at work and self-reported work performance. *International Journal of Workplace Health Management* 1(3):176-197 · September 2008
- Dagget et al. (2016). Job related stress among nurses working in Jimma Zone public hospitals, South West Ethiopia: a cross sectional study. *BMC Nursing* (2016) 15:39

- Desima R (2013). Tingkat Stres Kerja Perawat Dengan Perilaku Caring Perawat. *Jurnal keperawatan. Vol 4, No 1.*
- Diahsari (2016). *Pengantar Psikologi Industri dan Organisasi.* UAD Press.
- Direktorat Pencegahan dan Pengendalian Penyakit Tidak Menular. (2017). *Germas Cegah Stroke.* Kementerian Kesehatan Indonesia.
- Donna M Gates. (2001). Stres and Coping: A Model For The Workplace. *AAOHN Journal Vol 49 no 8 390 -398*
- Edward, J. 2003. Assesing Your Behaviour Pattern. Darden University of Virginia. https://faculty.darden.virginia.edu/clawsonj/General/SELF_ASSESSMENT_TOOLS/OB-360_Type-A-Behavior.pdf.
- European Agency for Safety and Health at Work,(2000).*Research on Work-related Stress.*
- Gaudemaris, RL, Ehlinger, V. Herin , Lepage, B. Soulat,,JS, Annie, Michelle K, Lang, T, (2011). Blood pressure and working conditions in hospital nurses and nursing assistants. The ORSOSA study. *Archives of cardiovascular diseases* Volume 104, pages 97-103
- Glazer, S. Liu, C (2017). Work, Stress, Coping, and Stress Management. *Industrial and Organizational. Psychology Online Publication* Date: Apr 2017
- Hamid Safarpour et al(2018). A Study on the Occupational Stress, Job Satisfaction and Job Performance among Hospital Nurses in Ilam, Iran. *Journal of Clinical and Diagnostic Research.* 2018 Jun, Vol-12(6): JC01-JC05
- Hye-GK , Eun-JC , Dai-SB , Young HL, and Bon-HK.(2018). Stress and Heart Rate Variability: A Meta-Analysis and Review of the Literature. *Psychiatry Investig* 2018;15(3):235-245
- International Labour Organization,(2018). *Meningkatkan Keselamatan dan Kesehatan Pekerja Muda,* hal. 7.
- International Labour Organization, (2016) .*Workplace stress: A collective challenge,* p. 6.
- International Labour Organization, (2013) . *Keselamatan dan Kesehatan Kerja di Tempat Kerja Sarana untuk Produktivitas,* hal. 1.

- Jagus ,KK. Dąbrowska, WiM. Chamienia, AK, Vcitorija,(2018). Stress factors vs. job satisfaction among nursing staff in the Pomeranian Province (Poland) and the Vilnius Region (Lithuania). *Ann Agric Environ Med*. 2018;25(4):616–624.
- Jahromi MK, Hojat M, Koshkaki SR, Nazari F, Ragibnejad M, (2017). Risk Factors Of Heart Disease in Nurses. *Iran J Nurs Midwifery Res*. 2017;22(4):332-337.
- Joakimsen, O, Boona, KH, Bugge S, Eva, J, Bjarne K, (1999). Age and Sex Differences in the Distribution and Ultrasound Morphology of Carotid Atherosclerosis The Tromsø Study. *Arterioscler Thromb Vasc Biol*. 1999;19:3007-3013.
- Joohyun Lee, Yoon Hee Cho. 2016. Gender Differences in Job Stress and Stress Coping Strategies among Korean Nurses. *International Journal of Bio-Science and Bio-Technology* Vol.8, No.3 (2016), pp. 143-148
- Juniarly A, Hadjam MNR.2012. Peran koping teligius dan kesejahteraan subjektif terhadap stres pada anggota bintangara polisi di Polres Kebumen.. *Psikologika* Volume 17 Nomor 1 Tahun 2012
- K. Gyllensten, S Palmer.(2005) The role of gender in workplace stress: A critical literature review. *Health Education Journal*. 64(03) 2005 271 – 288.
- Karen D, Ricky WG,(1999). Health and Well-Being in the Workplace: A Review and Synthesis of the Literature *.Journal of Managemnet*, vol. 25, no. 3.
- Katheleen EJ dan Julian PS (2017). Revisit the effect of type A and B personality and its effect on job related stress in the organization. *Proceedings of International Conference on Economics 2017 (ICE 2017)*
- Kazemi, T, Gholamreza S, Seyyed AJ , Hamid S,(2015). Prevalence of Cardiovascular Risk Factors among the Nurse Population in the East of Iran. *International Journal of Travel Medicine and Global Health*. 2015;3(4):133-136.
- Keller, H (2013). *The Nature of Stress*. Jones and Bartllet Learning.LLC.
- Kementrian Kesehatan Republik Indonesia. Penyakit Jantung Penyebab Kematian Tertinggi, Kemenkes Ingatkan CERDIK. <http://www.depkes.go.id/article/view/17073100005/penyakit-jantung-penyebab-kematian-tertinggi-kemenkes-ingatkan-cerdik-.html>. (Sitasi 25 September 2018).

- Kivimaki et al (2018). Work stress and risk of death in men and women with and without cardiometabolic disease: a multicohort study. *Lancet Diabetes Endocrinol* 2018; 6: 705–13
- Kobayashi, F (2004). Job Stress and Stroke and Coronary Heart Disease. *The Journal of the Japan Medical Association* (Vol. 128, No. 6, 2002, pages 885–888).
- Kurniawidjaja, M. (2012). *Teori dan Aplikasi Kesehatan Kerja*. UI Press, hal. 89 – 91.
- Kusmana, D, (2002). The influence of smoking cessation, regular physical exercise and/or physical activity on survival: a 13 years cohort study of the Indonesian population in Jakarta. *Med J Indones* Vol 11, No 4, October – December 2002.
- Lee, MH, Holzemer, WL, Faucett, J, (2007). *Psychometric Evaluation of the Nursing Stress Scale (NSS) Among Chinese Nurses in Taiwan*. Springer Publishing Company.
- Lindquist ,TL, Lawrence JB, Matthew WK.(1997). Influence of Lifestyle, Coping, and Job Stress on Blood Pressure in Men and Women. *American Heart Association Journal* Vol. 29 No. 1 1997.
- Mallyya, A, Rachmadi, F, Hafizah, R. (2016). Perbedaan Stres Kerja Antara Perawat Instalasi Gawat Darurat (IGD) dan Perawat Intensive Care Unit (ICU) RSUD Sultan Syarif Mohamad Alkadrie Kota Pontianak. Vol 3, No 1 (2015): Proners
- Marjan Laal (2013). Job Stress Management in Nurses. *Procedia - Social and Behavioral Sciences* 84 (2013) 437 – 442
- Mark Owusu Amponsah (2011). Workstress and marital relations. *Educational Research* Vol. 2(1) pp. 757-764
- Marliani, R.(2015). *Psikologi Industri dan Organisasi*. Pustaka Setia.
- Maas, A, (2010). Gender differences in coronary heart disease. *Netherlands Heart Journal*, Volume 18, Number 12, December 2010.
- Meyer, B. (2001). Coping with severe mental illness: Relations of the Brief COPE with symptoms, functioning, and well-being. *Journal of Psychopathology and Behavioral Assessment*, 23(4), 265–277.
- Miyata, A., Arai, H. and Suga, S. (2015) Nurse Managers Stress and Coping. *Open Journal of Nursing* 5, 957-964

- Moustaka, E, Constantinidis, T, (2010). Sources and effects of Work-related stress in nursing. *Health Science Journal* ® VOLUME 4, ISSUE 4 (2010)
- National Institute for Occupational Safety and Health.,(2014). Stress at Work. <https://www.cdc.gov/niosh/docs/99-101/default.html>. (Sitasi 25 September 2018).
- Nedic, O. Filipovic, D. Solak, Z,(2001). Job Stress and Cardiovascular disease with Health Workers. *Med Preg*12001; LIV (9-10): 423-431.
- Nekorenac, J, Kmosena M,(2015). Stress in the workplace – source, effect and coping strategies. *Review of the Air Force Academy* No 1 (28) 2015.
- Nick Glozier et al (2013). Psychosocial risk factors for coronary heart disease. A consensus statement from the National Heart Foundation of Australia. *MJA* 199 (3) • 5 August 2013
- Nur Fadhilah A, Syahrir A, Pasinringi, Basir P. 2018. Kepuasan Kerja Tenaga Medis pada Era Jaminan Kesehatan Nasional. *JURNAL MKMI*, Vol. 14 No. 2, Juni 2018
- Nursalam (2014). *Manajemen Keperawatan: Aplikasi dalam Praktik Keperawatan Profesional Edisi 4*. Penerbit Salemba Medika
- Olatunji, S.O., Mokuolu, B.O.(2013). Effect of Tenure of Service on Job Stress Andnurse-Physician Collaboration among Nurses and Doctors. *Journal of Nursing and Health Science*. Volume 2, Issue 1 (Sep. – Oct. 2013), pp 01-04
- Onciul, JV, (1996). ABC of Work Related Disorders ; Stress at Work. *British Medical Journal*. Vol.313.
- Papathanasiou, IV, Tsaras K, Neroliatsiou N, Roupa A (2015). Stress: Concepts, theoretical models and nursing interventions. *American Journal of Nursing Science* 2015; 4(2-1): 45-50
- Parveen ,N. (2018). Investigating Occupational Stress Among Married and Unmarried Working Women in Hyderabad City. *Bahria Journal Of Professional Psychology*, Jan 2009,5, 21 -37
- Pei-CP, Chung HC,3, Shung-MP, Yao MC, Chih-HP, Hsin-CH, Ming-TW. (2015). The association between rotating shift work and increased occupational stress in nurses. *J Occup Health* 2015; 57: 307–315

- Peraturan Menteri Kesehatan Republik Indonesia Nomor 56 tahun 2006 tentang Penyelenggaraan Pelayanan Penyakit Akibat Kerja.
- Peraturan Menteri Ketenagakerjaan Republik Indonesia Nomor 5 Tahun 2018 Tentang Keselamatan dan Kesehatan Kerja Lingkungan Kerja.
- Perhimpunan Dokter Spesialis Kardiovaskular Indonesia. (2015). *Pedoman Tatalaksana Pencegahan Penyakit Kardiovaskular Pada Perempuan.2015*. Edisi pertama.
- Perkumpulan Endokrinologi Indonesia.(2015). *Konsensus Pengelolaan dan Pencegahan Diabetes Melitus Tipe 2 Di Indonesia*
- Persatuan Perawat Nasional Indonesia,(2012). Standar Kompetensi Perawat Indonesia.
- Pilar Rivera, María José Montero-Simó, Rafael A. Araque-Padilla. (2013). Job Stress Across Gender: The Importance of Emotional and Intellectual Demands and Social Support in Women. *International Journal of Environmental Research and Public Health* 10(1):375-89
- Price. AE, (2004). Heart disease and work. *Heart* 2004;90:1077–1084. doi: 10.1136/hrt.2003.029298.
- Pusat Data dan Informasi, (2014). Situasi Kesehatan Jantung. Kementerian Kesehatan Indonesia.
- Ratna S, Dwi,AD,(2006). Stres dan Koping Perawat kepribadian A dan Kepribadian B di Ruang Rawat Inap RSUD. Pirngadi Medan. *Jurnal Keperawatan Rufaidah Sumatera Utara*, Volume 2 Nomor 1, Mei 2006.
- Robert O. Hansson*, Sean M. Robson and Michael J. Limas. (2001). Stress and coping among older workers. *Work* 17 (2001) 247–256. IOS Press
- Robert MK, Dennis PS. (2013). *Pengukuran Psikologi Prinsip, Penerapan dan Isu. Edisi 7*. Penerbit Salemba Humanika.
- Romero, CCE. Calvo, MA. Sánchez-C, PV, J. C. Sainz, MC, González-QA, J. Román,JR,(2013). The relationship between job stress and dyslipidemia. *Scandinavian Journal of Public Health*. Vol 41, Issue 2, 2013.

- Sasanti, SD, Shaluhiah, Z,(2016). Personality Berpengaruh terhadap Terjadinya Stress Kerja Perawat di Ruang Rawat Inap Rumah Sakit Umum Kota Salatiga. *Jurnal Promosi Kesehatan Indonesia* Vol. 11 / No. 1 / Januari 2016.
- Saurabh Kr. Tiwari and P.C. Mishra. (2008). Work Stress and Health as Predictors of Organizational Commitment. *Journal of the Indian Academy of Applied Psychology*, July 2008, Vol. 34, No.2, 267-277.
- Schnall, PL., Marnie D, Paul L,(2016). Globalization, Work, and Cardiovascular Disease. *International Journal of Health Services* 2016, Vol. 46(4) 656–692).
- Selye, H, (1950). Stress and the General Adaptation Syndrome. *British Medical Journal*.
- Sharifah Zainiyah SY, Afiq IM , Chow CY , Siti Sara D. 2011. Stess and its associated factors amongs ward nurses in a public hospital Kuala Lumpur. *Malaysian Journal of Public Health Medicine* 2011, Vol. 11(1): 78-85
- Sithu A, Ramli M, Jamalludin AR, Azarisman SM, Aszrin A,(2018). Relationship between Coping Mechanisms to Psychosocial Stress with Blood Pressure in Young Adults: A Pilot Study. *Bangladesh Journal of Medical Science* Vol. 17 No. 03 July'18. Page : 439-445
- Sitorus, R (2011). *Manajemen Keperawatan: Manajemen Keperawatan di Ruang Rawat Inap*. Sagung Seto. Hal 64 -70
- Soep, (2012). Stres Kerja Perawat Berdasarkan Karakteristik Organisasi Di Rumah Sakit. *Jurnal Keperawatan Indonesia*. Vol 15, No 1
- Strank, J (2005). *Stress at Work Management and Prevention*. Elsevier Butterworth-Heinemann.
- Sukanlaya Sawang, Cameron J Newton (2018). Defining Work Stress in Young People. *Journal of Employment Counseling* 55(2):72-83
- Suma'mur, (2009). *Kesehatan Kerja Dalam Perspektif Hiperkes dan Keselamatan Kerja*. Penerbit Erlangga.
- Sunmin Lee, Graham Colditz, Lisa Berkman, Ichiro Kawachi. (2002). A Prospective Study of Job Strain and Coronary heart disease in US Women. *International Journal of Epidemiology* 2002;31;1147 – 1153

- Svensson, T. Inoue, M. Sawada, N. Yamagishi, K. Charvat, H. Saito, I. Kokubo, Y. Iso, H. Kawamura, N. Shibuya, K. Mimura, M. Tsugane, S, (2016). Coping strategies and risk of cardiovascular disease incidence and mortality: the Japan Public Health Center-based prospective Study. *European Heart Journal* (2016) 37, 890–899
- Tayebeh M, Farzaneh M, Ismail AF. (2014). Quality of Working Life of Nurses and its Related Factors. *Nurs Midwifery Stud.* June 2014; 3(2): e19450
- Ta-Yuan, CBF, Hwang CS, Liu RYC Ven-Shing WBYB, Jim-SL, (2013). Occupational Noise Exposure and Incident Hypertension in Men: A Prospective Cohort Study. *American Journal of Epidemiology*, Volume 177, Issue 8, 15 April 2013, Pages 818–825.
- Taylor et al(2018). Gender Differences in Associations Between Stress and Cardiovascular Risk Factors and Outcomes. *Gender and the Genome* 2018, Vol. 2(4) 111-122
- Tesfaye DT.(2018) Coping strategies among nurses in South-west Ethiopia: descriptive, institution-based cross-sectional study. *BMC Res Notes* (2018) 11:421
- Thomas W. H. Ng, Daniel C. Feldman (2013). Does longer job tenure help or hinder job performance? *Journal of Vocational Behavior* 83(3):305–314
- Universitair Medische Centra, (2018). Statistics on Occupational Diseases 2018. <https://www.occupationaldiseases.nl/content/statistics-occupational-diseases-2018>. (sitasi 10 Februari 2019)
- Utami NT, Nuraini.2016. Analisis spiritual value, stres kerja pekerja sector formal kota Medan.*Jurnal Jumantik* Vol. 1 No.1 Nopember 2016
- Vidotti V, Ribeiro RP, Galdino MJQ, Martins JT.(2018). Burnout Syndrome and shift work among the nursing staff. *Rev. Latino-Am. Enfermagem* 2018;26:e3022
- Wahyudi, Sutria E, Maria UA, Sysnawati. (2017). Faktor – faktor yang berhubungan dengan perilaku caring perawat perawatan Interna. *Journal of Islamic Nursing.* Vol 2 hal 82 – 92
- Wijono, S,(2014). *Psikologi Industri dan Organisasi. Dalam Suatu Bidang Gerak Psikologi Sumber Daya Manusia.* Kencana Prenada Media Grup.
- Witasunu (2008). *Psikologi Keselamatan Kerja.* UMM Press.

World Health Organization. Cardiovascular diseases (CVDs) <http://www.who.int/news-room/fact-sheets/detail/cardiovascular-diseases-cvds>. (Sitasi 25 September 2018).

Yarnell, J, (2008). Stress at work—an independent risk factor for coronary heart disease?. *European Heart Journal* (2008) 29, 579–580.

Yoshihisa F, Hiroyasu I, Akiko T, Yutaka I, Akio K, Tatsuhiko K, Takesumi Y. (2006). A Prospective Cohort Study of Shift Work and Risk of Ischemic Heart Disease in Japanese Male Workers. *American Journal of Epidemiology*, Volume 164, Issue 2, 15 July 2006, Pages 128–135.