

ABSTRACT

The Self-Concept of Female Adolescents with Acne Vulgaris at Faculty of Nursing Universitas Airlangga Surabaya

Qualitative Research Phenomenology

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Introduction: Acne Vulgaris is the most common skin disorders. The cause of this skin disorders is multifactorial, and both adolescents and adults can be affected. The skin disorders may present at any age. This study aims to describe the self-concept of female late adolescents who have acne vulgaris at Faculty of Nursing Universitas Airlangga Surabaya. **Methods:** This research used qualitative research design of phenomenology approach with in-depth interview method on 15 late adolescent participants and was used field note as guidance. The data analysis used in this study composed into nine steps technique of Colaizzi (1978). **Results:** The results of this study obtained six themes: 1) Alteration of body image, 2) Maintain individual goal 3) Consistent with individual roles, 4) Disturbance of situational low self-esteem , 5) Disturbance of chronic low self-esteem, 6) Change in self-assessment. **Discussion:** from the results of the study, it is found that not all self-concepts of female adolescents with acne vulgaris are impaired. From the five self-concepts, it is found that adolescents experience a disorder in self-esteem, self-image and their identity. Therefore, the further research is expected to explore more about the extent to which the self-concept of female adolescent who experience disorder.

Keywords: Self-concept; Acne Vulgaris; Female Adolescents;