

ABSTRAK

Farah Alfiyyatur Rachmah, 111611133064, Hubungan Antara *Peer Attachment* dengan Regulasi Emosi Remaja Panti Asuhan “X” Surabaya, Skripsi, Fakultas Psikologi Universitas Airlangga, 2018. xix + 85 halaman + 33 lampiran

Penelitian ini bertujuan untuk mengetahui hubungan antara *Peer Attachment* dengan Regulasi Emosi Remaja Panti Asuhan “X” Surabaya. Dalam penelitian ini, variabel *peer attachment* mengacu pada teori yang dikemukakan oleh Armsden dan Greenberg (2009), sedangkan variabel regulasi emosi dalam penelitian ini mengacu pada teori Thompson (1994).

Penelitian ini menggunakan pendekatan kuantitatif eksplanatoris untuk menjelaskan alasan terjadinya suatu peristiwa hingga menguji sebuah teori. Penelitian ini dilakukan pada remaja di Panti Asuhan “X” di Surabaya yang berusia antara 15-18 tahun sebanyak 37 remaja. Terdapat dua alat pengumpul data dalam penelitian ini berupa kuisisioner IPPA (*Inventory of Parent and Attachment*) milik Armsden dan Greenberg (2009) dengan nilai reliabilitas 0,92 yang terdiri dari 25 aitem dan kuisisioner regulasi emosi milik Ubaidillah (2014) yang disusun berdasarkan teori Thompson (1994) dengan nilai reliabilitas 0,814 terdiri dari 33 aitem. Analisis data yang digunakan dalam penelitian ini adalah uji korelasi *Pearson Product-Moment* dengan bantuan SPSS 24.00 for Windows.

Hasil analisis uji korelasi antara *peer attachment* dengan regulasi emosi memiliki nilai signifikansi (p) sebesar 0,011 dengan koefisien korelasi sebesar 0,415 yang artinya terdapat hubungan antara *peer attachment* dengan regulasi emosi pada remaja yatim piatu di Panti Asuhan dan hubungan antara variabel *peer attachment* dengan regulasi emosi tergolong sedang dan menyatakan arah hubungan yang positif (+) yang berarti apabila *peer attachment* tinggi maka regulasi emosi tinggi pula, dan sebaliknya, apabila *peer attachment* rendah, maka regulasi emosi juga rendah.

Kata kunci: *Peer Attachment*, Regulasi Emosi, Remaja Panti Asuhan

Daftar Pustaka, 49 (1991-2019)

ABSTRACT

Farah Alfiyyatur Rachmah, 111611133064, *Relationship Between Peer Attachment with Emotion Regulation Adolescents in the Orphanage, Undergraduate Thesis, Faculty of Psychology Universitas Airlangga, 2018. xix + 85 pages + 33 appendixes*

The purpose of this study is to examine the relationship between peer attachment with emotion regulation adolescents in orphanage. In this research, peer attachment refers to the theory stated by Armsden and Greenberg (2009), while emotion regulation in this research refers to the theory stated by Thompson (1998).

This research uses quantitative with explanatory research type that aims to explain the reason for occurrence of an event and make a deeper understanding or verify a theory. This research was conducted on orphanage adolescent who are 15-18 years old consisting 37 adolescents. There are two data collection tools in this research. The first is IPPA (Inventory of Parent and Attachment) questionnaire from Armsden and Grenberg (2009) with reliability value 0,92 consist of 25 items and the second is emotional regulation questionnaire of Ubaidillah (2014) based on Thompson (1994) reliability of 0.814 consists of 33 items. Data analysis was performed using simple regression analysis test with SPSS 24.00 for Windows.

The result of analysis of correlation test between peer attachment with emotion regulation has a significance value (p) of 0.011 with correlation coefficient of 0.415, which means the result shows that there is the relationship between peer attachment with emotion regulation in the Orphanage. The correlation coefficient of 0.415 shows the relationship between variables classified as medium correlation. The result exhibits that there is a positive relationship (+). It means that if peer attachment is high then emotion regulation is also high, and otherwise, if the peer attachment is low, then emotion regulation is also low.

Keywords: *Peer Attachment, Emotion Regulation, Adolescents in Orphanage Bibliography, 49 (1991-2019)*