

### ABSTRAK

Yande Prayoga, 111724153002, Pengaruh *The Big Five Personality, Job Autonomy, Work Family Conflict* terhadap *Work Life Balance* Pada Ibu Bekerja Daerah D, Tesis, Fakultas Psikologi Universitas Airlangga Surabaya, 2019.

*Penelitian ini bertujuan untuk mengetahui The Big Five Personality, Job Autonomy, Work Family Conflict dengan Work Life Balance Pada Ibu Bekerja Daerah D. Penelitian ini menggunakan pendekatan regresi dengan menggunakan 4 instrumen yaitu the big five inventory, Skala Work Family Conflict, Skala Job Autonomy. Sampel penelitian ini adalah 165 orang yang diambil dengan metode convenience sampling. Analisis data dalam penelitian ini menggunakan partial least square (PLS) dengan bantuan program SmartPLS 3.0. Hasil dari penelitian ini menunjukkan bahwa: (1) Extraversion, Neuroticism, dan Openness to Experience berpengaruh terhadap work life balance, (2) work family conflict berpengaruh negatif terhadap work life balance, (3) Job autonomy berpengaruh positif terhadap work life balance*

**Kata kunci:** *Work Life Balance, Work family conflict, Big Five Personality, Job Autonomy.*

**ABSTRACT**

Yande Prayoga, 111524153002, *The Effect of The Big Five Personality, Job Autonomy, Work Family Conflict and Work Life Balance of Working Mothers in Region D*, Tesis, Fakultas Psikologi, Universitas Airlangga, Surabaya, 2019.

*This study aims to determine The Big Five Personality, Job Autonomy, Work Family Conflict with Work Life Balance of Working Mothers in Region D. This study uses a regression approach using 4 instruments: the big five inventory, Work Family Conflict Scale, Job Autonomy Scale. The sample of this study was 165 people taken by convenience sampling method. Data analysis in this study used partial least square (PLS) with the SmartPLS 3.0 software. The results of this study indicate that: (1) there is a significant affect of extraversion, neuroticism, and openness to experience on work life balance of working mothers (2) there is a significant affect work family conflict on work life balance of working mothers, (3) there is a significant affect job autonomy on work life balance of working mothers*

**Key Word:** *Work Life Balance, Work family conflict, Big Five Personality, Job Autonomy.*