

DAFTAR PUSTAKA

- Akhtar, N. et al. (2018) ‘Menopausal symptoms in rural middle aged women: a community based cross sectional study’, *International Journal of Reproduction, Contraception, Obstetrics and Gynecology*, 7(9), p. 3678. doi: 10.18203/2320-1770.ijrcog20183776.
- Amabebe, E. et al. (2014) ‘Relationship between Menopausal Sweating and Body Mass Index’, *Open Journal of Endocrine and Metabolic Diseases*, 04(06), pp. 137–146. doi: 10.4236/ojemd.2014.46014.
- Armini, N. K. A., Ni’mah, L. and Silviani, B. S. (2019) ‘Complaints in Menopausal Women and Its Correlation with Lifestyle and Stress’, *Jurnal Ners*, 13(2), p. 184. doi: 10.20473/jn.v13i2.7753.
- Atapattu, P. M. (2015) ‘Obesity at Menopause: An Expanding Problem’, *Journal of Patient Care*, 01(01), pp. 1–7. doi: 10.4172/2573-4598.1000103.
- Chang, S. J., Chee, W. and Im, E. O. (2014) ‘Effects of the Body Mass Index on Menopausal Symptoms Among Asian American Midlife Women Using Two Different Classification Systems’, *JOGNN - Journal of Obstetric, Gynecologic, and Neonatal Nursing*. Elsevier Masson SAS, 43(1), pp. 84–96. doi: 10.1111/1552-6909.12261.
- Dąbrowska-Galas, M., Dąbrowska, J. and Michalski, B. (2019) ‘Sexual Dysfunction in Menopausal Women’, *Sexual Medicine*, 7(4), pp. 472–479. doi: 10.1016/j.esxm.2019.06.010.
- Geng, L. et al. (2018) ‘The prevalence and determinants of genitourinary syndrome of menopause in Chinese mid-life women: a single-center study’, *Climacteric*, 21(5), pp. 478–482. doi: 10.1080/13697137.2018.1458832.
- González Carrillo, I. Y. et al. (2014) ‘Correlation between BMI and climacteric symptoms in menopausal women’, *Medicina*, 16(62), pp. 12–14. Available at: www.elsevier.es/en/node/2090153.
- Hekhmawati, Selvia, and A. S. (2016) ‘Gambaran Perubahan Fisik dan Psikologis pada Wanita Menopause Di Posyandu Desa Pabelan’, pp. 1–9. Available at: http://eprints.ums.ac.id/46220/24/NASKAH_PUBLIKASI.pdf.
- Jaber, R. M. et al. (2019) ‘The severity of menopausal symptoms and its relation to obesity, smoking, and exercise in middle-aged Jordanian women’, *International Journal of Women’s Health and Reproduction Sciences*, 7(1), pp. 41–48. doi: 10.15296/ijwhr.2019.07.
- Joseph, N. et al. (2014) ‘Assessment of menopausal symptoms among women attending various outreach clinics in South Canara District of India’, *Journal of Mid-life Health*, 5(2), p. 84. doi: 10.4103/0976-7800.133996.
- Kapoor, E., Collazo-Clavell, M. L. and Faubion, S. S. (2017) ‘Weight Gain in Women at Midlife: A Concise Review of the Pathophysiology and Strategies for Management’, *Mayo Clinic Proceedings*. Mayo Foundation for Medical

- Education and Research, 92(10), pp. 1552–1558. doi: 10.1016/j.mayocp.2017.08.004.
- Kim, H.-K. et al. (2015) ‘The Recent Review of the Genitourinary Syndrome of Menopause’, *Journal of Menopausal Medicine*, 21(2), p. 65. doi: 10.6118/jmm.2015.21.2.65.
- Koo, S. et al. (2017) ‘Obesity associates with vasomotor symptoms in postmenopause but with physical symptoms in perimenopause: a cross-sectional study’, *BMC women’s health*. BMC Women’s Health, 17(1), p. 126. doi: 10.1186/s12905-017-0487-7.
- Kwak, E. K., Park, H. S. and Kang, N. M. (2014) ‘Menopause Knowledge, Attitude, Symptom and Management among Midlife Employed Women’, *Journal of Menopausal Medicine*, 20(3), p. 118. doi: 10.6118/jmm.2014.20.3.118.
- Maita, L., Nurlisis, N. and Pitriani, R. (2013) ‘Karakteristik Wanita dengan Keluhan Masa Menopause di Wilayah Kerja Puskesmas Rejosari’, *Jurnal Kesehatan Komunitas*, 2(3), pp. 128–131. doi: 10.25311/jkk.vol2.iss3.59.
- Marethiafani, F., Moetmainnah, S. and Tiyas, M. (2013) ‘Sindroma Perimenopause pada Akseptor Kontrasepsi Progesterone, Kombinasi dan Non-hormonal’, *Jurnal Kedokteran Muhammadiyah*, 1(2), pp. 26–31.
- Mohammadzadeh, S. et al. (2017) ‘Caspian Journal of Reproductive Medicine Prevalence and severity of menopausal symptoms among menopausal’, 3(2), pp. 21–26.
- Muharam, R. et al. (2018) ‘Depression and its link to other symptoms in menopausal transition’, *Middle East Fertility Society Journal*. Middle East Fertility Society, 23(1), pp. 27–30. doi: 10.1016/j.mefs.2017.08.003.
- Namazi, M., Sadeghi, R. and Moghadam, Z. behboodi (2019) ‘Social Determinants of Health in Menopause: An Integrative Review’, *International Journal of Women’s Health*, 11, pp. 637–647. doi: <https://doi.org/10.2147/IJWH.S228594>.
- Nurningsih (2012) ‘Hubungan Tingkat Pengetahuan Tentang Menopause Dengan Keluhan Wanita saat Menopause di Kelurahan Cijantung Kecamatan Pasar Rebo Jakarta Timur Tahun 2012’.
- Ramdani, P. (2015) ‘Tingkat Pengetahuan Ibu Menopause tentang Perubahan Fisiologi dan Psikologi pada Masa Menopause di Dusun Kepuh RT 02/01 , Polokarto, Sukoharjo’. Available at: <http://digilib.stikeskusumahusada.ac.id/download.php?id=1095>.
- Rani, P. and Neelambikai (2013) ‘To study the effect of the body Mass index and waist Hip ratio on Blood pressure in pre-and post-menopausal women’, *International Journal of Medical Research & Health Sciences*, 2(3), p. 593. doi: 10.5958/j.2319-5886.2.3.104.
- Sasrawita, S. (2017) ‘Hubungan Pengetahuan, Sikap Tentang Menopause Dengan

- Kesiapan Menghadapi Menopause Di Puskesmas Pekanbaru', Jurnal Endurance, 2(2), p. 117. doi: 10.22216/jen.v2i2.1853.*
- Satpathy, M. (2016) 'A Study on the Knowledge and Awareness about Menopause among Middle Aged Women from Western Odisha', *International Journal of Science and Research (IJSR)*, 5(7), pp. 1759–1761. Available at: <https://www.ijsr.net/archive/v5i7/ART2016547.pdf>.
- Sinaga, S. R. (2015) 'Tingkat Keluhan Berdasarkan Menopause Rating Scale Pada Wanita Menopause Kelompok Pengajian di Kelurahan Martoba Kota Pematangsiantar', pp. 7–37. Available at: <http://repository.usu.ac.id/handle/123456789/53120>.
- Suharjono, S., Haryanto, J. and Indarwati, R. (2014) 'Pengaruh Senam Lansia terhadap Perubahan Nyeri Persendian pada Lansia di Kelurahan Komplek Kenjeran, Kecamatan Bulak, Surabaya', *Indonesian Journal of Community Health Nursing*, 2(2), pp. 106–110. doi: 10.7202/1016404ar.
- Swetri, W. R. (2018) 'Faktor yang Berhubungan dengan Keluhan Menopause pada Wanita Menopause di Kota Pontianak'.
- Syalfina, A. D. (2017) 'Body Mass Index (Bmi) Dan Lama Menopause Berpengaruh Terhadap Kualitas Hidup Menopause', *Hospital Majapahit*, 9(1), pp. 28–42.
- Taherpour, M. et al. (2015) 'Menopause knowledge and attitude among Iranian women.', *Journal of medicine and life*, 8(Spec Iss 2), pp. 72–76.
- Tan, M. N., Kartal, M. and Guldal, D. (2014) 'The effect of physical activity and body mass index on menopausal symptoms in Turkish women: A cross-sectional study in primary care', *BMC Women's Health*, 14(1). doi: 10.1186/1472-6874-14-38.
- Tarigan, I., Sinuhaji, L. N. br and Sembiring, M. (2019) 'Hubungan Pendidikan, Paritas, Pekerjaan dan Lama Menopause dengan Kualitas Hidup Perempuan Menopause di Puskesmas Kabanjahe Kabupaten Karo', *Jurnal Mutiara Ners*, 2, pp. 158–167. Available at: <http://e-journal.sari-mutiara.ac.id/index.php/NERS/article/view/597>.
- Techatraisak, K. and Jiwornlerk, N. (2019) 'Association between body mass index and moderate-to-severe vasomotor symptoms in Thai postmenopausal women', *Siriraj Medical Journal*, 71(5), pp. 370–376. doi: 10.33192/Smj.2019.56.
- Tsuraya, M., Zulfitri, R. and Arneliwati (2018) 'Gambaran Mekanisme Koping Wanita dalam Menghadapi Perubahan Fisik Akibat Menopause', 5, pp. 164–173. Available at: <https://jom.unri.ac.id/index.php/JOMPSIK/article/view/21121>.
- Weschenfelder, J., Bentley, J. and Himmerich, H. (2018) 'Physical and Mental Health Consequences of Obesity in Women', *Intech Open*, pp. 123–159. doi: <http://dx.doi.org/10.5772/57353>.

Zhou, Y. et al. (2018) ‘Association of body composition with menopausal symptoms in (peri-)menopausal women’, *Climacteric*, 21(2), pp. 179–183. doi: 10.1080/13697137.2018.1428295.