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# Inhaler Ashitaba Leaf Extract (*Angelica keiskei*) Reduces Malondialdehyde Levels, Catalase Enzyme Activity and Lung Tissue Damage in Mice Exposed to Cigarette Smoke

**Keywords:** Nano Spray Inhaler, Ashitaba Leaf Extract (*Angelica keiskei*), Malondialdehyde enzyme calatase, pulmonary histopathology. Please submission my article for published in Indian Veterinary Journal

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Best Regard, Dr.Lilik Maslachah., DVM Coresponding Author, Veterinary Pharmacy Laboratory, Departement of Basic Medicine Veterinary Medicine Faculty of Universitas Airlangga Surabaya-Indonesia

# Administration Nano Spray Inhaler Ashitaba Leaf Extract (*Angelica keiskei*) Reduces Malondialdehyde Levels, Catalase Enzyme Activity and Lung Tissue Damage in Mice Exposed to Cigarette Smoke

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#### Abstract

The purpose of this study was to prove the administration of nanospray inhaler extract of Asitaba leaf (*Angelica keiskei*) on Malondialdehyde levels, catalase enzyme activity and changes in lung histopathology of mice exposed to cigarette smoke. A total of 30 mice were divided into 5 treatment groups. K1: control group not exposed to cigarette smoke and not given nanospray inhalers. K2: control group exposed to cigarette smoke and not given nanospray inhalers. P1, P2, and P3 The treatment group exposed to cigarette smoke and given nanospray inhaler asitaba leaf extract (Angelica keiskei) at a dose of 50 g / KgBB / day, 200 g / KgBB / day and 500 g / KgBB / day. Exposure to cigarette smoke for 28 days. Day 29 was given nanospray inhalers for 3 weeks, then Malondialdehyde (MDA), enzyme catalase activity ware examined from serum and lung organs for pulmonary histopathology. The administration of 200 g / KgBB / day nanospray inhaler can reduce malondialdehyde levels, activation of the enzyme catalase, emphysema, inflammatory cell infiltration and the number of erythrocytes exposed to cigarette smoke.

Keywords: Nano Spray Inhaler, Ashitaba Leaf Extract (*Angelica keiskei*), Malondialdehyde enzyme catalase, pulmonary histopathology.

Introduction

Smoking is one of people's habit that causes health problems, for the example, there are many diseases come, even until cause most of die in the world. in 2015 more than 1.1 trillion people smoke tobacco. This figure is much more in men than in women. The increasing prevalence of tobacco smoking in the world comes from the Eastern Mediterranean and African states (WHO, 2016).

Exposure of cigarette smoke can be dangerous for the body of a human, because there are dangerous radical compounds. Type of dangerous radical in clove cigarette smoke without biofilter. Dangerous radical which increase in body cause to endogenous antioxidants isn't able to neutralize, so will cause stress oxidative (Kurutas E.B, 2016). One of the biomarkers that most generally used to measure the degree of stress oxidative is Malondialdehyde (MDA), it is a final result from lipid peroxidation (Moselhy et al., 2013). Malondialdehyde is a compound which formed as long as process lipid peroxidation from polyunsaturated fatty acids (PUFAs). Endogenous antioxidant defense systems against changes that do not benefit the body through enzymatic enhancement mechanisms such as catalase, SOD and glutathione peroxidase) and non-enzymatic (albumin, uric acid). This lack of factors triggers oxidative stress that underlies the development of a number of diseases (Wojcik M et al, 2010).

One of the plants that have antioxidant properties is Ashitaba (Chavan et al., 2016). This plant contains a variety of bioactive components including chalcones, coumarins, flavonoids and polyphenols which are quite strong (Caesar and Cech, 2016). Chemical compounds that have the potential as antioxidants in Ashitaba leaves such as polyphenol compounds have the potential as antioxidants 100 times greater than vitamin C and 25 times that of vitamin E. Ethanol extract of Ashitaba leaves has free radical (IC50) activity which is 38.00  $\mu$ L / mL was higher compared to 390.98  $\mu$ L / mL stem extract and tuber extract 70.65  $\mu$ L / mL. (Sembiring and Manoi, 2011). The results of the research by Djamil and Wijiastuti (2015), methanolic extract of Ashitaba stems and leaves had a higher IC50 compared to celery herbs namely 40.2819  $\mu$ L / mL and 240.0365  $\mu$ L / mL.

The efficiency of treatment respiratory disease is able to be given as inhalation. Inhalation therapy is one of the essential treatment techniques in process treatment of respiratory disease, both acute or chronic. Nanospray preparation from leaves of Ashitaba (*Angelica keiskei*) is given by using the inhalation technique. The benefit of this absorption technique as quickly, because the surface of absorption is large, spared from metabolite that first crosses in heart, and also pulmo disease an example bronchial asthma, the drug can give directly for bronchus. Inhalation therapy is able to deliver the drug directly to Pulmo for as acting soon. Therefore, the effect can be decreased and many drugs which needed giving is more little than other technique giving. But this technique giving needs special tools and methods, difficult to adjust the dose, and also often this drug cause irritation in epitel pulmo (Reiser J dan Warner JO, 1986). This observation has a purpose to knows the influence of giving inhaler leaves of Ashitaba (*Angelica keiskei*) to levels Malondialdehyde (MDA) and the activity of serum catalase, pulmonary histopathology changes exposed to cigarette smoke.

#### Materials and Methods

This study has got approval with certificate No. 1.KE.102.06.2018 by Animal Care and Use Committee on Veterinary Medicine Universitas Airlangga Surabaya Indonesia. Ashitaba (*Angelica keiskei*) is obtained from ashitaba garden in Trawas, Mojokerto, East Java, Indonesia. Ashitaba has got certificate No. 1297 from Overseas Merchandise Inspection CoLTD (OMIC).

The ashitaba leaves dried not through the sun directly for 7 days. Ashitaba leaf dry can grind and then maceration for 3 day and devaporation. Ashitaba leaf nanoparticle use comparison that extract: NaTPP: Chitosan is 1:1:6. 10 ml ashitaba leaf extract 5% mixed with 10 ml NaTPP 0,1% and then mixed 60 ml chitosan 0,2%. The material mixed and sonication with sonicator machine for 60 min in frequency 20 kHz. The last dried with freeze drying (Stoica et al.,2013).

The mice were exposed to commercial smoke is Marlboro® cigarettes (13 mg tar and 1,0 mg nicotine) per day for 28 days using a smoking box. A smoking box has a size 30 cm long, 20 cm wide, and 15 high with 8 holes. The animals were maintained in this smoke-filled air condition ( $\pm$ 3%) for 6 min, this procedure was repeated per day (Triana N et al.,2013).

A total of 30 animals were divided into 5 treatment groups, namely K1: the control group that was not exposed to cigarette smoke and not given the nanospray inhaler. K2: control group exposed to cigarette smoke and not given nanospray inhalers. P1, P2, and P3 are the treatment groups exposed to cigarette smoke and given nanospray inhalers asitaba leaf extract (*Angelica keiskei*) with a dose P1. 50 g / KgBB /day, P2 = 200 g / KgBB / day, P.3 = 500 g /

KgBB / day. Exposure to cigarette smoke for 28 days. Day 29 was given a nanospray inhaler for 3 minutes. Then intra-peritoneally treated with 0.1 ml of ketamine injection. Blood is extracted from the heart for Thiobarbituric acid reactive substance (TBARS) examination of Malondialdehyde (MDA) (Reilly PM, et al 1991; Konig D, et al 2002) and catalase by the assay enzyme activity based on the rate of hydrogen peroxide / ammonium molybdate complex formation according to Hadwan, MH and Abed, HN 2016. and pulmonary organs for histopathology with stained examination under a light microscope with 1000 times magnification to see changes in alveolar emphysema, inflammatory cell infiltration, and erythrocyte infiltration (Yang You et al, 2008). Data on the results of the study were analyzed by one-way ANOVA. If there is a difference, continue with the test using SPSS® 22.

#### **Results and Discussion**

The results of malondialdehyde levels in mice exposed to cigarette smoke and without given Ashitaba leaf nanospray inhaler (K2) showed an increase compared to the control group without cigarette exposure treatment. Cigarette smoke contains free radicals that can oxidize lipids, proteins and carbohydrate molecules, damage cell membranes and DNA that affect cell structure and function. Membrane cells rich in sources of polyunsaturated fatty acids that are easily oxidized by free radicals cause lipid peroxidation (Khushdeep et al., 2013). MDA is the final product of lipid peroxidation by free radicals, the increase in MDA concentration shows an increase in free radicals in the body, so an increase in MDA levels as an oxidative stress marker in groups exposed to cigarette smoke (Kahnamoei et al., 2014 and Safyudinetal, 2016). who were exposed to cigarette smoke and were given the Ashitaba leaf nanospray inhaler dose of 200 g / KgBB / day, showed a decrease in the level of malondialdehyde compared with all groups treated with exposure to cigarette smoke (P1, P2, P3). (table 1). Ashitaba leaves contain flavonoids, polyphenols, and carotenoids that can improve antioxidant status in humans (Correa et al., 2014), so as to reduce free radicals due to exposure to cigarette smoke.

The average results of catalase enzyme activity in the control group exposed to cigarette smoke that were not given Ashitaba leaf nanospray inhaler showed an increase compared to the treatment group exposed to cigarette smoke and given nanospray inhaler ashitaba leaf extract, while in the control group that was not exposed to cigarette smoke and not given nanospray inhaler ashitaba leaf extract (K1) with the treatment group exposed to cigarette smoke and given

nanospray inhaler ashitaba leaf extract dose of 200 g / KgBB / day, and 500 g / KgBB / day (P2, P3) showed a decrease ( table 2). This result is consistent with the research of Ignatowicz et al., 2013. Catalase is an important element in the antioxidant defense system and oxidative reaction reducer. Increased enzyme catalase activity is a parameter that shows organ reactivity in xenobiotics such as cigarette smoke.

The average score of histopathological changes in pulmonary emphysema, inflammatory cell infiltration and the number of erythrocytes showed a decrease in the K1 control group and the treatment was given nanospray inhaler ashitaba leaf extract dose of 200 g / KgBB / day. (Figure 1 and table 3) These results indicate that exposure to cigarette smoke causes oxidative stress that affects the cellular antioxidant defense system which can induce lung tissue apoptosis, inflammation and tissue damage that can be prevented by giving antioxidants (Al-Awaida et al., 2014 and Nagaraj et al., 2014).

#### Summary

The administration of a 200 g / KgBB / day nanospray inhaler can reduce malondialdehyde levels, the activity of the catalase enzyme also decreases emphysema, and infiltrates the lung inflammation cells of mice exposed to cigarette smoke.

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Groups	Mean ± SD	
K1	$37.50^{\rm b} \pm 0,50$	
K2	$59.00^{\circ} \pm 2.00$	
P1	$72,75^{d} \pm 8,75$	
P2	$12.00^{a} \pm 2.00$	
P3	$68,25^{cd} \pm 23,59$	

Table 1. Malondialdehyde levels of mice serum exposed to cigarette smoke in the control and treatment groups were given asitaba nanospray inhalers (*Angelica keiskei*)

Note: Different superscript in the same column indicated very significantly different(P<0.05)

Table 2. Activation of the catalase enzyme in the serum of mice exposed to cigarette smoke in the control and treatment groups were given asitaba leaf nanospray inhalers (*Angelica keiskei*)

Groups	Mean ± SD	
K1	$32.83^{a} \pm 10,50$	
K2	$110.34^{b} \pm 40.34$	
P1	$71.17^{ab} \pm 31,50$	
P2	$13.67^{\rm a} \pm 1.00$	
P3	$42,50^{a} \pm 5,50$	

Note: Different superscript in the same column indicated very significantly different (P<0.05)

Table 3. The results of the mean scoring of features in pulmonary histopathology changes of mice exposed to cigarette smoke in the control and treatment groups given asitaba leaf nanospray inhaler (*Angelica keiskei*)

× 0	/		
Groups	Mean scoring of	Mean scoring of	Mean scoring of
	emphysema	Inflammatory cell	Erythrocyte Amount
		infiltration	
K1	3.80 <sup>d</sup>	11.40 <sup>ab</sup>	17.10 <sup>ab</sup>
K2	17.70 <sup>ab</sup>	20.50 <sup>ab</sup>	17.80 <sup>ab</sup>
P1	21.70ª	$11.70^{ab}$	11.00 <sup>ab</sup>
P2	10.70 <sup>c</sup>	6.50 <sup>c</sup>	7.80 <sup>cd</sup>
P3	11.10 <sup>bc</sup>	14.90 <sup>ab</sup>	7.88 <sup>cd</sup>

Note: Different superscript in the same column indicated very significantly different(P<0.05)

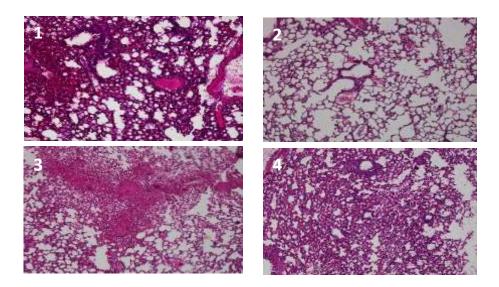
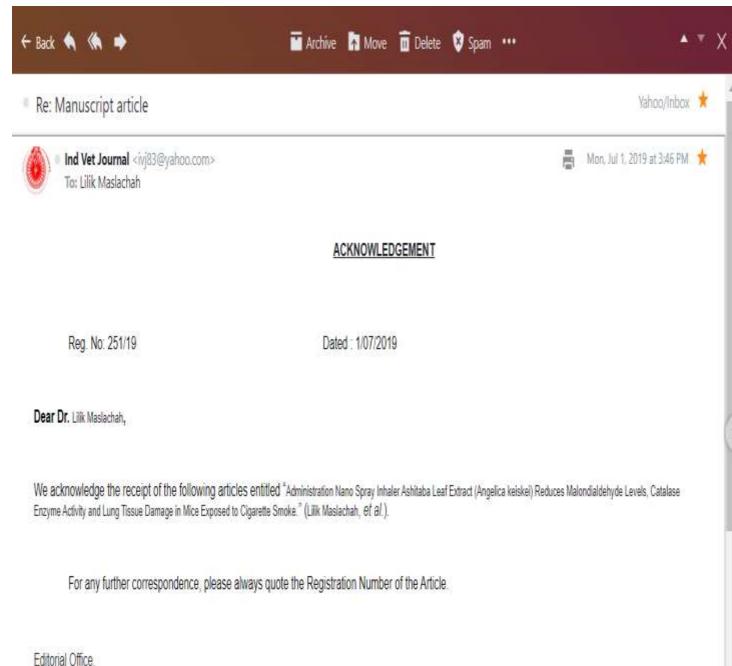
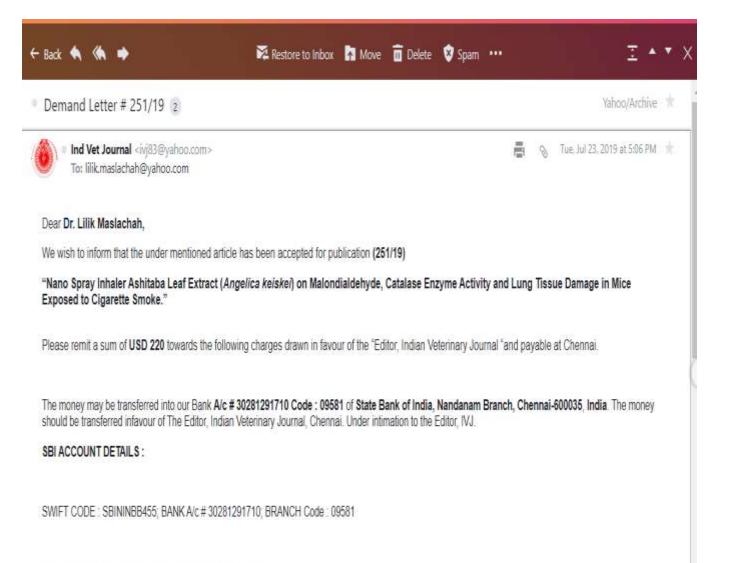


Figure 1 Results of lung organ histopathology changes of mice exposed to cigarette smoke 1) pneumonia, 2) emphysema, 3) hemorrhage, 4) atelectasis.



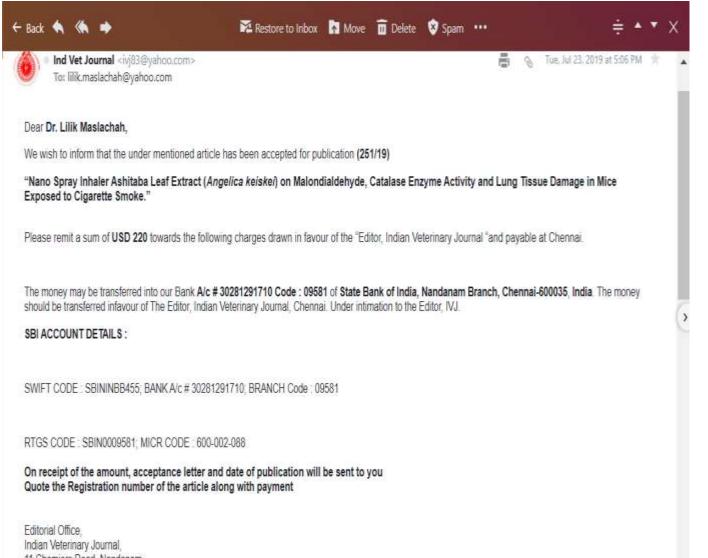
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# THE INDIAN VETERINARY JOURNAL



(The Official Organ of the Indian Veterinary Association)

Dr. S. SUKUMAR MANAGING EDITOR No.11, Chamiers Road, Nandanam Chennai – 600 035, India.

Dated : July 26, 2019

# ACCEPTANCE LETTER

The following article has been accepted and will be published in **NOVEMBER**, **2019** issue of Indian Veterinary Journal.

Article No.	Title	Author (s)
251/19	Nano Spray Inhaler Ashitaba Leaf Extract ( <i>Angelica keiskei</i> ) on Malondialdehyde, Catalase Enzyme Activity and Lung Tissue Damage in Mice Exposed to Cigarette Smoke	

Sd/-

Managing Editor, Indian Veterinary Journal

Τo,

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