January - April 2017 | Vol. 36 No.1

UNIVERSA MEDICINA

http://www.univmed.org

 Underweight increases the risk of pulmonary tuberculosis in adult

 Zinc deficiency as risk factor for stunting among children aged 2-5 years

 Combination of three laboratory data as predictor of severe dengue in adults: a retrospective cohort study

 Asiaticoside increases aquaporin-3 protein expression in the cytoplasm of normal human epidermal keratinocytes

 Aloe vera extract reduces 8-oxo-2'-deoxyguanosine levels and improves total antioxidants in streptozotocininduced diabetic rats

 Blood cadmium levels increase prostate specific antigen and insulin-like growth factor-1 among cadmium exposed workers

 Increase in neutrophil count after repeated exposure of *Plasmodium berghei*-infected mice to artemisinin

 Contact with poultry and animals increases risk of Campylobacter infections in adults of Ardabil province, Iran

 Combination of five clinical data as prognostic factors of mortality after ischemic stroke

UNIVERSA MEDICINA



Accreditation 58/DIKTI/Kep/2013

Editor in Chief

Adi Hidayat (Indonesia)

Managing Editor

Pusparini (Indonesia)

Editorial Board

d Julius E. Surjawidjaja (Indonesia) Murad Lesmana (Indonesia) Edhyana Sahiratmadja (Indonesia) Elly Herwana (Indonesia) Yenny (Indonesia) Mulyoto Pangestu (Australia) Sheetal D Ullai (India) Dhananjay K Yadav (Korea) Mohamed A Rabeh (Mesir) Roslida Abd Hamid (Malaysia) Umi Fahmida (Indonesia) Muchtaruddin Mansyur (Indonesia) Widyasari Kumala (Indonesia) Kumaresh Behera (India) Gulay Yilmazel (Turkey) Erlangga Yusuf (Belgium) Elvina Karyadi (Canada) Nugroho Abikusno (Indonesia) Hans Joachim Freisleben (Germany) Ruvan A I Ekanayaka (Sri Lanka) Mohammad Afzal Mahmood (Australia) Amanel T. Gebremedhin (Ethiopia)

Language Editor	Richard Tjan (Indonesia)			
Layout Editor	Teguh Nopriyanto			
Secretary	Rita Hemawati			
Business Manager	Eddy Kasim			
Correspondence Address	Medical Faculty, Trisakti University Jl. Kyai Tapa No.260 Grogol - Jakarta 11440 Phone: +6221-5672731 ext. 2504 Fax: +6221-5660706 Homepage: www.univmed.org Email: editor@univmed.org			
Subscription rates	Subscription for the printed issue runs for a full calender year. Prices are given per year. Personal subscription : IDR 300.000,- or USD 30.00. Institutions subscription : IDR 500.000,- or USD 50.00. All plus airmail surcharge			
	Published by Faculty of Medicine Trisakti University			
	Abstract / Indexing			
DO	Crossref			
G	ogle sisjon			

Instructions For Authors

Universa Medicina (univ.med) is a four-monthly medical journal that publishes new research findings on a wide variety of topics of importance to biomedical science and clinical practice. Universa Medicina Online contains both the current issue and an online archive that can be accessed through browsing, advanced searching, or collections by disease or topic

Submission

Universa Medicina accepts manuscripts written in Indonesian or English that should not have been published previously and must not be under simultaneous consideration by any other journal.

Manuscript Preparation

The manuscript should be formatted as follows: paper size A4 (212 x 297 mm), with margins of at least 2.5 cm: use double-spacing in a serif font (e.g. Times), 12-point and limited to approximately 16 pages in length including references, tables and figures. Do not justify the right margin. Number pages consecutively in the upper righthand corner of each page, beginning with the title page. Each manuscript component should begin on a new page in the following sequence: title page, abstract and key words, text, conflict of interest, acknowledgments, references, tables and figures. Each table should be on a separate page, complete with title and footnotes. Figures should be provided with legends. All manuscripts should be accompanied by a cover letter from the author responsible for correspondence.

Manuscript Sections for Papers

Title Title page Abstract and keywords Text Conflict of interest Acknowledgements References Tables Figures

Title

The title of the article should be precise and brief, of not more than 12 words or 100 characters. Authors should avoid the use of non-standard abbreviations. Authors should also provide a short running title for page headings of not more than 40 characters.

Title Page

This should carry the title of the article, the names and addresses of all authors (the institution to which the work is to be attributed should be listed first), and the name, address, fax number and email address of the corresponding author.

Abstract and Keywords

A structured abstract that contains no more than 250 words, and should consist of background (including objective), methods, results and conclusions. Below the abstract, provide a list of 3-10 keywords.

Text

The text of research papers should be divided into sections, with the following headings: Introduction, Methods, Results, Discussion and Conclusions, Conflict of Interest Acknowledgement, and References.

Conflict of Interest

Authors should disclose at the time of revision any financial arrangement they may have with a company whose product is pertinent to the submitted manuscript or with a company making a competing product.

Acknowledgements

Anyone (individual/company/institution) who has substantially contributed to the study for important intellectual content must be acknowledged. Acknowledge only persons who have made substantive contributions to the study.

References

It is the authors' responsibility to check all references very carefully for accuracy and completeness. References must be double-spaced and numbered consecutively as they are cited. Identify references in the text by superscripted arabic numerals within round brackets. References first cited in a table or figure should be numbered so they will be in sequence with the references cited in the text at the point where the table or figure is first mentioned. "Unpublished observations" and "personal communications" may not be used as references. Authors should avoid using abstracts as references. The minimal number of references should be 20 and 85% of them should be recent (published during the last 10 years, with the majority during the last 5 years). Abbreviate journal names according to the Index Medicus system (See also International Committee of Medical Journal Editors Uniform Requirements for Manuscripts Submitted to Biomedical Journals: Sample References http:// /www.nlm.nih.gov/bsd/uniform_ requirements.html). Examples of correct references are given at the end of these instructions.

Tables and Illustrations (Figures)

Type or print each table with double spacing on a separate sheet of paper. Number tables consecutively in the order of their first citation in the text and supply a brief title for each. Do not use internal horizontal or vertical lines. Give each column a short or abbreviated heading. Authors should place explanatory matter in footnotes, not in the heading. Explain in footnotes all nonstandard abbreviations. For footnotes use the following symbols, in sequence: *,*,*,*,*,*,*,**

Identify statistical measures of variations, such as standard deviation and standard error of the mean. There is normally a limit of 5 figures and tables (total) per manuscript. Figures should be either professionally drawn and photographed, or submitted as photographic quality digital prints. For x-ray films, scans, and other diagnostic images, as well as pictures of pathology specimens or photomicrographs, send sharp, glossy, black-and-white or color photographic prints, usually 127 x 173 mm (5 x 7 inches). Figures should be numbered consecutively according to the order in which they have been first cited in the text. If a figure has been published, acknowledge the original source and submit written permission from the copyright holder to reproduce the material. Permission is required irrespective of authorship or publisher except for documents in the public domain.

Units of Measurement

Measurements of length, height, weight, and volume should be reported in metric units (meter, kilogram, or liter) or their decimal multiples. Temperatures should be in degrees Celsius. Blood pressures should be in millimeters of mercury, unless other units are specifically required by the journal.

Statistical Methods

In manuscripts that report on randomized clinical trials, authors may provide a flow diagram in CONSORT format and all of the information required by the CONSORT checklist. The CONSORT statement, checklist, and flow diagram are available on the Consort website. For tables comparing treatment groups in a randomized trial (usually the first table in the trial report), significant differences between or among groups (i.e. p<0.005) should be identified. In general, p values should be reported to three decimal places (i.e. p<0.001).

Submission Fee & Payment Policy

A submission fee of Rp. 500.000,- must be paid when submitting a manuscript. A fee is also required when resubmitting an article that was previously rejected. The submission fee covers a portion of the costs associated with peer review.

A publication fee of Rp. 500.000,- is required for articles that are accepted for publication.

For international authors the submission fee is \$ 50.00 and the publication fee \$ 50.00.

Figures in color will be charged a additional fee of Rp. 300.000,- per page. Payments should be transferred to the Universa Medicina account: Bank BNI Cabang Harmoni a/ n Ibu Pusparini a/c 0487982333. Transfer receipts should be sent to the Editor-in-Chief. Thank you.

Authorship

As stated in the ICMJE Recommendations, credit for authorship requires (a) substantial contributions to the conception and design; or the acquisition, analysis, or interpretation of the data, (b) the drafting of the article or critical revision for important intellectual content, (c) final approval of the version to be published, and (d) agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the article are appropriately investigated and resolved. Each author must sign a statement attesting that he or she fulfills the authorship criteria of the ICMJE Recommendations. At least one person's name must accompany a group name (e.g., Thelma J. Smith, for the Boston Porphyria Group).

Ethical clearance

Authors are required to describe in their manuscripts ethical approval from an appropriate committee and how consent was obtained from participants when research involves human participants and animals.

Manuscript submission

The manuscript and other required documents and a list of two potential referees from outside your University/ Institution should be emailed as attachments to :

editor@univmed.org

Professor Adi Hidayat

Editor-in-Chief

Universa Medicina

Once the manuscript has reached the Editor, the corresponding author will be informed by email within two weeks. The review process is between one and three months, and the results will be send by email to the corresponding author. A note of acceptance or non-acceptance for publication of the manuscript will be send to the corresponding author. Authors are required to provide at least two potential referees, with affiliations and addresses, including email addresses.

Examples of correct forms of references

Journals

1. Standard journal

List all authors when there are six or fewer; when there are seven or more, list only the first three, followed by "et al." Abbreviate journal titles according to Index Medicus style, which is used in MEDLINE citations.

Pinelli NR, Hurren KM. Efficacy and safety of long-acting glucagon-like peptide-1: a systematic review and metaanalysis. Ann Pharmacother 2011;45:850-60,

Campbell NRC, Gilbert RE, Leiter LA, et al. Hypertension in people with type 2 diabetes: update on pharmacologic management. Can Fam Physician 2011;57:997-1002.

2. Corporate author

Diabetes Prevention Program Research Group. Ten year follow-up of diabetes incidence and weight loss in the Diabetes Prevention Program Outcomes Study: Lancet 2009;374:1677-86. doi:10.1016/S0140-6736(09)61457-4.

3. Volume with supplement

Maeshiro R, Koo D, Keck CW. Patients and populations: public health in medical education. Am J Prev Med 2011; 41Suppl 3:S145-S318. DOI: http://dx.doi.org/10.1016/j. amepre.2011.07.010.

4. Electronic journal without page numbers

Santos CAST, Fiaccone RL, Oliveira NF, et al. Estimating adjusted prevalence ratio in clustered cross-sectional epidemiological data. BMC Med Res Method 2008;8:80. doi:10.1186/1471-2288-8-80.

Books and Other Monographs

1. Editor(s), compiler(s) as author

Gilstrap LC, Cunningham FG, VanDorsten JP, editors. Operative obstetrics. 4nd ed. New York: McGraw-Hill;2010. 2. Chapter in a book

Meltzer PS, Kallioniemi A, Trent JM. Chromosome alterations in human solid tumors. In: Vogelstein B, Kinzler KW, editors. The genetic basis of human cancer. New York: McGraw-Hill:2010.p.93-113.

3. Conference paper

Christensen S, Oppacher F. An analysis of Koza's computational effort statistic for genetic programming. In: Foster JA, Lutton E, Miller J, et al. editors. Genetic programming. EuroGP 2002: Proceedings of the 5th European Conference on Genetic Programming; 2002 Apr 3-5; Kinsdale, Ireland. Berlin: Springer;2002.p.182-91.

4. Dissertation

Hos J. Mechanochemically synthesized nanomaterials for intermediate temperature solid oxide fuel cell membranes [dissertation]. Crawley, Western Australia: University of Western Australia;2005.

Electronic Material 1. Electronic documents

1. Liectronic obcuments

Murray G A duty of care to children and young people in Western Australia: Report on the quality assurance and review of unsubstantiated allegations of abuse in care;2005. Available at: http://www.community.wa.gov.au/NR/ rdonlyres/851183A4-A822-4592-AB66-CietsC410E453 AEEC/0/DCDRPTGwennMurrayreportwithcover2006.pdf Accessed April 12, 2008.

2. Journal article on the internet

Sillick T J, Schutte NS. Emotional intelligence and selfesteem mediate between perceived early parental love and adult happiness. Applied Psychol 2006;2:38-48. Available at: http://ojs.lib.swin.edu.au/index.php/ejap/article/view/71/ 100. Accessed June 10, 2010.

3. Monograph on the internet

Foley KM, Gelband H, editors. Improving palliative care for cancer [monograph on the Internet]. Washington: National Academy Press: 2008. Available at: http://www. nap.edu/books/0309074029/html/. Accessed July 9, 2010.

Manuscript Submission Checklist

All manuscripts must be submitted online to editors@univmed.org

Cover letter

- Your cover letter should describe the significance of the work, its originality, and any similar work the authors reported previously.
- The letter should also state the specific contributions of each author to the preparation of this manuscript. Please include information about author's department, university, university address, phone numbers and email address.

Manuscript

Manuscripts should be prepared in a clear font (12-point Time New Roman is preferred) and double spaced.

Ethical clearance

Manuscripts reporting data from studies involving human participants or animals require a formal review and approval by an appropriate institutional review board or ethics committee is required.

Conflict of interest

A conflict of interest section should be presented after the conclusion

Acknowledgement

In your manuscript you acknowledge anyone for a contribution that goes beyond administrative assistance.

References

Each reference should be cited in the text. In the reference list, number the references according to the order in which they are first cited in the text and format them according to the Vancouver style.

pISSN: 1907-3062 / eISSN: 2407-2230

Pages

Universa Medicina

Table of Contents

Volume 36 - January-April, 2017 - Number 1

Editorial	
The changing paradigm of dyslipidaemia management Ruvan Ekanayaka	1
Research Articles	
Underweight increases the risk of pulmonary tuberculosis in adult Galuh Chandra Irawan, Ani Margawati, and Ali Rosidi	4
Zinc deficiency as risk factor for stunting among children aged 2-5 years Salsa Bening, Ani Margawati, and Ali Rosidi	11
Combination of three laboratory data as predictor of severe dengue in adults: a retrospective cohort study	19
Asiaticoside increases aquaporin-3 protein expression in the cytoplasm of normal human epidermal keratinocytes. Linda Yulianti Wijayadi and Hari Darmawan	25
Aloe vera extract reduces 8-oxo-2*-deoxyguanosine levels and improves total antioxidants in streptozotocin-induced diabetic rats	34
Blood cadmium levels increase prostate specific antigen and insulin-like growth factor-1 among cadmium exposed workers. Nendyah Roestijawati, Lintje Setyawati Maurits, and Sugiyanto	42
Increase in neutrophil count after repeated exposure of <i>Plasmodium berghei</i> -infected mice to artemisinin. Lilik Maslachah and Rahmi Sugihartuti	49
Contact with poultry and animals increases risk of Campylobacter infections in adults of Ardabil province, Iran Reza Ranjbar and Daryoush Babazadeh	59
Combination of five clinical data as prognostic factors of mortality after ischemic stroke	68

Rizaldy Taslim Pinzon, Fransiska Theresia Melvy Babang, and Esdras Ardi Pramudita

ORIGINAL ARTICLE

Increase in neutrophil count after repeated exposure of *Plasmodium berghei*-infected mice to artemisinin

Lilik Maslachah* and Rahmi Sugihartuti*

ABSTRACT

BACKGROUND

Leukocytes play an important role in the elimination of malaria infection. The leukocyte profile upon elimination of the malaria parasites that have been exposed to antimalarials and are subsequently capable of faster growth has not been researched. The aim of this research was to evaluate the role of mouse leukocytes in the elimination of parasites as shown by the leukocyte profile.

METHODS

An experimental research with post test only control group design was conducted involving 24 male mice of the Swiss Albino strain weighing 20 g -30 g, and 2.5 months old. They were randomized into four groups: two control groups (K1, KP) and two treatment groups (P1, P4). Artemisinin at a dose of 0.04 mg/g body weight was given to the mice for 3 days, starting 2 days after infection. The leukocyte profile was observed on the 2nd, 5th, 8th, and 10th day after infection. The results were analyzed by two-way Anova.

RESULTS

As shown in treatment control group KP and treatment group P4, *P. berghei* that had been passaged in the mice and were still viable after repeated exposure to artemisinin, may cause changes in leukocyte profile. On the 10^{th} day of infection, the neutrophil percentage in group P1 showed a significantly different decrease when compared with the other groups (K1, KP and P4) (p<0.05).

CONCLUSION

Repeated exposure to artemisinin of mice infected with *P. berghei* can cause changes in neutrophil profile in mice .

Keywords: Artemisinin, leukocytes, repeated passage, P. berghei

*Veterinary Pharmacy Laboratory, Department of Basic Veterinary Medicine, Faculty of Veterinary Medicine, Airlanggga University

Correspondence:

Dr. Lilik Maslachah, drh., M.Kes. Department of Basic Veterinary Medicine, Faculty of Veterinary Medicine, Airlangga University C Campus Mulyorejo Surabaya 60115 Phone: +6231-5992785 Fax : +6231-5993015 Email: lilik.maslachah@yahoo.com

Univ Med 2017;36:49-58 DOI: 10.18051/UnivMed.2017.v36.49-58 pISSN: 1907-3062 / eISSN: 2407-2230

Received October 17, 2016 Accepted for publication April 20, 2017

This open access article is distributed under a Creative Commons Attribution-Non Commercial-Share Alike 4.0 International License

INTRODUCTION

Malaria is still a public health problem in more than 95 countries around the world including Indonesia. In 2015 there were approximately 214 million cases of malaria with 438.000 deaths, mostly occurring in African children under 5 years of age.⁽¹⁾

The increased incidence of morbidity and mortality of malaria is rapid and widespread due to increased parasite resistance to antimalarial medications. The new drugs for malaria treatment which are used to date are artemisinin and its derivatives. The effect of these drugs is faster than that of other anti-malarial drugs because they have more complex mechanisms of action. However, there have been indications that the Plasmodium parasite has become resistant to these drugs.⁽²⁾ This was shown clinically in two patients in Cambodia who were infected with P. falciparum, in whom the parasites had become resistant to artesunate.⁽³⁾ The research results showed that there has been decreasing efficacy of the combination of artesunate-mefloquine in falciparum malaria in Cambodia.⁽⁴⁾ Currently, the resistance of *P*. falciparum to artemisinin has been detected to have occurred in five countries including Cambodia, Lao People's Democratic Republic, Myanmar, Thailand and Vietnam.⁽¹⁾

The results of an in vitro study of *P*. *falciparum* that were repeatedly exposed to artemisinin showed increased inhibitory concentration 50 % (IC₅₀), dormant phenotypic changes, and faster growth of viable Plasmodium evolving from dormant forms. Moreover, artemisinin exposure also can cause mutations in the *pfatpase6* gene.⁽⁵⁾ It is believed that the artemisinin resistance occurs because of mutations in *pfcrt*, *pfmdr1*, *pfatpase6* and *pfk13*.^(6,7)

The presence of parasite pressure on the use of medicines at subcurative doses will lead to the development of new parasite strains that can survive the medicine. The results of this research are to be viewed as indicating an emergency, because there will be a risk of the development of in vivo resistance in humans, which will be one of the health problems in the world. Moreover, there is no substitute for artemisinin. Malaria treatment failure with artemisinin and its derivatives will open an era of untreatable malaria.

Experimental in vivo studies using rodent malaria are used to support the translation of laboratory studies into clinical studies. Since the pathologic mechanism for the spectrum of malaria in humans is not known clearly, these experimental studies can be used to explain the mechanism of artemisinin resistance in vivo by using mice that are infected with P. berghei. Because of the resilience and virulence of the malaria parasites in antimalarial resistance, there is a need to do research to develop effective strategies for malaria control. However, it is really difficult to do research in endemic areas because there are many confounding factors, such as the cloning of multiple infections from infective mosquito bites, which is impossible to do in humans because of ethical factors. So that this research is using rodent malaria as an in vivo drug resistance model of human malaria by exposing P. berghei to artemisinin. The effective dose of artemisinin that is used is 99% (ED_{00} : 200 mg/kg body weight of the mice), and is given repeatedly to the mice upon parasite passage.

P. berghei is one of the species of *Plasmodium* that infect rodents. Many studies of malaria use *P. berghei* with mice as hosts, because *P. berghei* has the same life cycle and morphology as the *Plasmodium* parasites that infect humans. Molecular analysis show that there are similarities between rodent malaria and *P. falciparum* malaria. In order to support in vivo studies on *P. falciparum* drug resistance, *P. berghei* can be used as a model.⁽⁸⁾

Results of research by Darlina et al.^(9,10) showed that leukocytes play a role in the protective mechanism during malaria infection, as is indicated by the increasing numbers of leukocytes, lymphocytes, and monocytes and decreasing rates of parasitemia in mice that have been infected with irradiated *P. berghei*.

One study showed that artemether, artesunate and artemisinin markedly decreased the leukocyte count after 24 h of treatment. Artemether and artesunate showed the highest efficacy in rescuing mice with late-stage cerebral malaria and rapidly decreased leukocyte accumulation in the brain.⁽¹¹⁾ The results of the present study can give an idea of the leukocyte profile in hosts infected with plasmodium that have been repeatedly exposed to artemisinin. This is not possible in humans because of ethical considerations, therefore the results of the animal studies can be used for improvements in the treatment of malaria infection.

Leukocytes are part of the blood that are vital to the body defenses against infection. The objective of the present study was to evaluate the effect of artemisinin on leukocyte profile in mice infected with *P. berghei*, so that this research was conducted to determine the changes in leukocyte profile during the development of artemisinin resistance in mice infected with *P. berghei* upon passage of *P. berghei* that had been exposed repeatedly to antimalarial drugs,

METHODS

Research design

This research was an experimental research with post test only control group design. The parasite that was used to infect the mice was *P. berghei* ANKA strain. The experimental animals were 2.5 months old male Swiss albino mice weighing 20g -30 g. The artemisinin was of analytical grade from Sigma Chemical Co. Leukocyte examinations were conducted at the Faculty of Veterinary Medicine, Airlangga University, from June to October 2015.

Research sample

This research used twenty four male mice of the Swiss Albino strain, weighing 20 g -30 g, and 2.5 months old. Each group consisted of 6 treated mice, with one mouse as the donor. The sample size was determined by Federer's formula. The animals were obtained from the animal facility at the Veterinary and Pharmaceutical Center (Pusat Veteriner dan Farmasi, Pusvetma), Surabaya.

Research procedure

Mice were intraperitoneally infected with mouse red blood cells (RBC) containing 1x10⁵ *P.berghei* per 0.2 ml. The infection was detected by daily microscopic examination of the erythrocytes in thin blood smears taken from the tail vein of the mice and stained with 20% Giemsa. The mice were randomized into four groups, consisting of two control groups (K1, KP) and two treatment groups (P1, P4).

In the treatment group P1, the mice were infected with P. berghei and 48 hours later treated with a single administration of artemisinin. Subsequently the parasites in the blood of P1 animals were passaged into another group of animals (P2), who were then given 2 artemisinin treatments. The procedure was repeated for groups P3 and P4, which were infected with blood from P2 and P3 donors, respectively, and received 3 and 4 artemisinin treatments, respectively. The control group K1 consisted of mice who were infected with P.berghei and were untreated (did not receive artemisinin), while treatment control group KP consisted of untreated mice who were infected with P.berghei that had previously been treated four times with artemisinin.

Details of the treatment are as follows: Treatment group P1 comprised six mice that had been inoculated with RBC containing $1 \times 10^5 P$. *berghei* in 0.2 ml (D₀) and were then treated with the artemisinin "4-day test" (4-DT) at the ED₉₉ dose of 200mg/kgBW for 3 days, starting 48 hours after infection (D₂). After that, the parasitemia rate was monitored and calculated at 120 hours after infection. After the parasitemia rate was higher than 2 % of RBC, one mouse was used as donor of parasites to be passaged to 5 new mice. Then, 48 hours post infection, the 5 new mice were treated artemisinin at the same ED₉₉ dose for 3 days and so on up to 4 passages (P2, P3, P4). The control group K1 contained five mice inoculated with 0.2 ml RBC containing $1 \times 10^5 P.$ berghei that had never been treated with artemisinin (D₀) and were left untreated. Treatment control group (KP) contained six mice inoculated with 0.2 ml RBC containing $1 \times 10^5 P.$ berghei that had previously been treated 4 times with artemisinin (D₀) and were left untreated. Parasite development was followed in all treatment groups until 10 days after infection.^(12,13)

Leukocyte differential count

The leukocyte differential count was done to represent one of the immune system parameters that plays an important role in malaria infection. The leukocyte differential count was done at 48 hours, and on the 5th, 8th and 10th day post-infection, by making thin blood smears taken from the mouse tail vein, fixed with methanol for 5 minutes, put in a Giemsa staining solution for 20 minutes, washed with running water with the slide in a tilted position, and dried in the air. The leukocyte differential count was determined under the light microscope at 1000x magnification. Every 100 leukocytes that were found were counted and grouped into neutrophils, eosinophils, basophils, lymphocytes, and monocytes. The leukocytes were counted in a number of visual fields throughout the smear, the examination starting from the center of the smear, proceeding parallel to the edge of the smear, then moving back and forth until a total leukocyte count of 100 was reached. The proportions of the types of leukocytes was expressed in percentages.(10)

Data analysis

The data on the leukocyte profile was processed with ANOVA. If there were any significant differences, the multiple comparisons test was done using SPSS 17.0, with the level of significance set at 5% to determine differences in treatment.

Ethical clearance

This research has been approved by the ethics committee of the Faculty of Veterinary

Medicine, Airlangga University, on June 3rd 2015 with certificate number No. 464 KE.

RESULTS

Table 1 and Fig. 1A show the resulting neutrophil percentage in P4, which was highest among the other treatment groups, starting from the 2nd day until the 10th day post infection. The graph also shows that the infection on the 2^{nd} day in the treatment control group KP (which was infected with P.berghei that had been treated 4 times with artemisinin and were then left untreated) and the treatment group P4 (that was infected with P.berghei and had been treated four times with artemisinin) increased at significantly different rates when compared with the control group K1 (mice that had been infected with P.berghei that had never been treated with artemisinin) and group P1 (infected with P.berghei and treated once with artemisinin). On the 5th day of infection, group KP showed significantly different increases in neutrophils when compared with the other three groups, namely groups K1, P1, and P4. On the 8th day of infection, the neutrophil percentage did not show any significant differences between all the groups (K1,KP,P1,P4). On the 10th day of infection, the neutrophil percentage in group P1 showed significantly different decreases when compared with the other groups (K1, KP and P4).

Table 1 and Figure 1B show that the highest monocyte percentage was in group P4 when compared with the other treatment groups. The monocytes started to increase on the 2nd - 8th days post infection and then decreased on the 10th day post infection, but the percentage was still higher than in the other treatment groups. These results show that on the 2nd day of infection the KP control group showed significantly different increases when compared with groups K1, P1, and P4. On the 5th and 8th days of infection the monocytes percentage did not show any significant differences between all groups (K,KP,P1,P4). On the 10th day of infection, group

Le uko cytes	Treatment group				
(%)	K1 (n=5)	KP (n=5)	P1 (n=5)	P4 (n=5)	- р
Day 2					
Neutrophils	0.00 ± 0.00^{a}	20.80 ± 3.42 ^b	6.60 ± 8.53 ^a	27.40 ±8.76 ^b	< 0.05
Monocytes	0.40 ± 0.89ª	2.00 ± 1.00^{b}	0.60 ±1.34 ^b	$4.00 \pm 3.16^{\circ}$	< 0.05
Lymphocytes	94.00±6.04ª	75.00 ± 6.20 ^b	90.20 ±11.69 ^ъ	64.60 ± 4.87 ⁶	< 0.05
Basophils	0.00 ± 0.00^{a}	1.00 ± 1.00^{b}	0.00 ± 0.00^{a}	0.40 ± 0.84a ^b	< 0.05
Eosinophils	5.60 ± 6.34 ⁶	1.20±1.78ª	2.60 ± 3.71 ^b	3.60 ±2.19⁵	< 0.05
Day 5					
Neutrophils	12.80 ± 13.06 ^ª	25.40 ±3.71°	13.20 ± 10.82^{a}	23.40 ± 4.87 ^a	< 0.05
Monocytes	3.40 ± 1.94ª	1.80 ±1.30 ^ª	2.80 ± 2.77^{a}	6.20 ± 5.49 ^ª	> 0.05
Lymphocytes	78.00 ± 7.68^{a}	69.40 ± 6.65ª	82.00 ±12.18ª	67.60 ± 7.40ª	> 0.05
Basophils	0.00 ± 0.00^{a}	0.20 ± 0.44^{a}	0.00 ± 0.00^{a}	2.00 ±1.41°	< 0.05
Eosinophi1s	5.60 ± 3.91ª	3.20 ± 4.54 ^{ab}	2.00 ± 3.93 ^{ab}	0.60 ±1.34 ^b	< 0.05
Day 8					
Neutrophils	20.60 ± 9.71ª	26.40 ± 3.78ª	25.00 ±14.69 °	25.00 ± 8.39ª	> 0.05
Monocytes	1.20 ± 1.0 [®]	3.60 ± 2.70 ^ª	9.20 ± 4.20 ^ª	4.20 ±1.48ª	> 0.05
Lymphocytes	78.20 ± 9.73ª	69.60 ± 4.92ª	65.40 ±15.12ª	69.60 ± 8.96ª	> 0.05
Basophils	0.00 ± 0.00^{a}	0.20 ± 0.44^{b}	0.00 ± 0.00^{a}	0.60 ±0.54 ⁶	< 0.05
Eosinophils	0.00 ± 0.00^{a}	0.20 ± 0.44 ^ª	0.40 ±0.89ª	0.80 ±0.83ª	> 0.05
Day 10					
Neutrophils	35.00 ± 8.68ª	28.80 ± 5.89ª	15.20 ±8.75°	30.60 ± 9.83ª	< 0.05
Monocytes	3.00 ± 2.5 4ª	1.80 ± 0.83 ^{ao}	7.40 ±7.60°	2.80 ± 1.78 [∞]	< 0.05
Lymphocytes	60.80 ± 11.16ª	68.60 ± 5.54ª	77.40 ± 5.81ª	66.60 ±9.53ª	> 0.05
Basophils	0.00 ± 0.00^{a}	0.40 ± 0.54 ^a	0.00 ± 0.00^{a}	0.40 ±0.89ª	> 0.05
Eosinophils	1.20 ± 2.16^{a}	0.40 ± 0.54^{a}	0.00 ± 0.00^{a}	0.00 ± 0.00^{a}	> 0.05

Table 1. Distribution of mean leukocyte count by control and treatment groups

Values are means \pm SEM. Values for each day along the same rows with different superscript letters are significantly different (p<0.05); Note: K1 = control group infected with *P.berghei* and untreated with artemisinin; KP = treatment controls (infected with *P.berghei*, treated 4 times with artemisinin and then untreated; P1 = treatment group infected with *Plasmodium berghei* and treated with a single dose of artemisinin; P4 = treatment group infected with *Plasmodium berghei* and treated 4 times with artemisinin

P1 showed significant differences when compared with the other three groups (K1, KP, and P4).

Table 1 and Figure 1C show that the highest lymphocyte percentage was in group P4 when compared with the other groups, starting on the 2nd day until the 10th day post infection. The results show that on the 2nd day of infection groups KP an P4 showed significant differences when compared with groups K1 and P1. On the 5th, 8th, and 10th days of infection, the lymphocyte percentage did not show any significant differences between all groups (K1, KP, P1, P4) Table 1 and Figure 1D show that the highest basophil percentage was in group P4 when compared with the other groups, starting on the 2nd day until the 5th day post infection then on the 8th day post infection, the basophil percentage decreased. These results show that on the 2^{nd} day

of infection the KP control group showed significantly different increases when compared with groups K1 and P1. On the 5th day of infection, group P4 showed significantly different increases in percentages of basophils when compared with the other three groups (K1,KP,P1). On the 8th day of infection, group P4 showed significantly different increases in percentages of basophils when compared with groups K1 and P1, but did not show any significant differences with group KP. On the 10th day of infection, the basophil percentage did not show any significant differences between all control and treatment groups (K,KP,P1,P4).

Table 1 and Figure 1E show that the eosinophil percentage in group P4 was higher the 2^{nd} day post infection. After that, the eosinophil percentage decreased. The image shows that on the 2^{nd} day of infection the KP

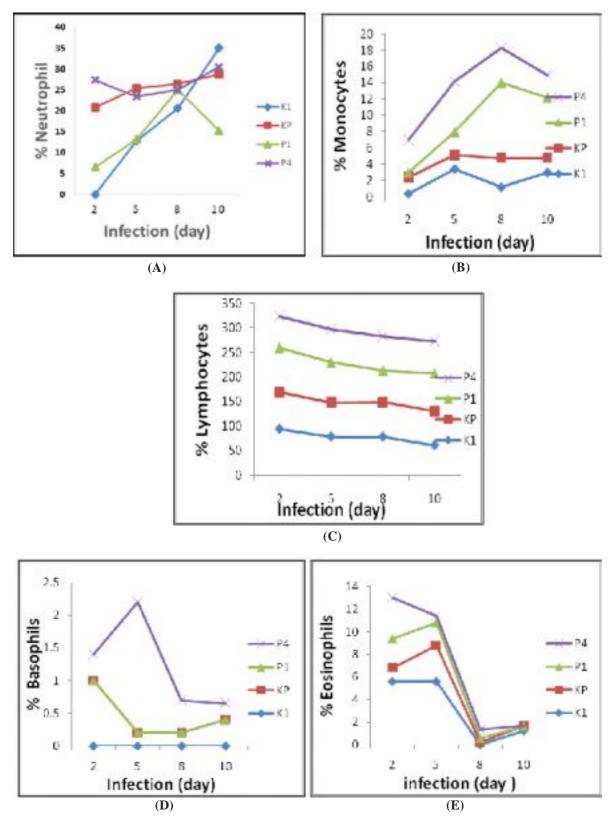


Figure 1. Leukocyte type percentage in control and treatment groups repeatedly exposed to artemisinin in mice infected with *P.berghei*. Note: K1 = control group infected with *P.berghei* and untreated with artemisinin; KP = treatment controls (infected with *P.berghei*, treated 4 times with artemisinin and left untreated); P1 = treatment group infected with *Plasmodium berghei* and treated with a single dose of artemisinin; P4 = treatment group infected with *Plasmodium berghei* and treated 4 times with artemisinin

control group showed significantly different increases when compared with groups P1 and P4. On the 5th and 8th days of infection, group P4 showed significantly different increases in eosinophil percentages when compared with the K1 control group, but did not show any significant differences with groups KP and P1. On the 10th day of infection, the eosinophil percentage did not show any significant differences between all control and treatment groups (K,KP,P1,P4).

DISCUSSION

In the present study we showed that neutrophil percentage increased from the 2nd day until the 5th day post infection with *P. berghei*. Repeat treatments with artemisinin showed that neutrophils are cells that function as the first line of defense of the body against infection or pathogens entering the body (to eliminate P.berghei). Mice infected with P. berghei and treated with a one-time dose of an antimalarial drug yielded the same results as mice treated with a one-time dose of artemisinin (P1), as is shown by the increasing number of neutrophils, monocytes and lymphocytes after more than 5 days of infection.⁽¹⁴⁾ Research with repeated exposure of artemisinin in mice as a model of in vivo in infections in humans has not been done before.

Cytokines and interleukins that are released after lysis of neutrophils will stimulate the bone marrow to release neutrophils so that the production of neutrophils is increased. Malaria infections can induce both humoral and cellular immune responses. In the humoral immune response, antibodies provide protection against malaria infection through a variety of mechanisms. Antibodies can block the invasion of merozoites into erythrocytes and inhibit the growth of parasites in the erythrocytes, while cellular immunity against Plasmodium plays a role in the erythrocytic stage. Cellular immunity is activated by T helper (Th) lymphocytes, which are a subset of T cells needed in the induction of immune responses against an invasion of foreign antigens. According to the type of cytokine produced, Th lymphocytes are divided into Th1 cells, which will activate cellular immunity and Th2 cells, which will activate humoral immunity.⁽¹⁵⁾

The increase in neutrophil percentage on the 8th day post infection was not significantly different between groups. On the 10th day post infection, the group of mice infected with P.berghei and treated with a single dose of artemisinin (P1) showed a decrease in neutrophils when compared with groups K1, KP and P4. This shows that neutrophils function as the first line of defense to eliminate *P.berghei* by phagocytizing parasites and neutrophils on the first days of infection or when the P.berghei attacks. This suggests that infections of longer duration will increase the percentage of parasitemia in the mice so that the high numbers of parasites in their bodies will suppress the immune system (immunosupression), causing the immune system to become inadequate and unable to respond properly. High parasitemia rates will improve the mechanism of parasite invasion and suppress the host immune system.⁽¹⁶⁾

Neutrophils play an important role in the immune response by modulating both cellular and humoral immunity via the synthesis and release of immunoregulatory cytokines. All neutrophil profiles in the groups showed that P.berghei which had been treated with repeated artemisinin showed differences when compared with *P.berghei* that had never been treated with artemisinin. This shows the infection had become more powerful because of the parasites' ability to develop faster. This is consistent with in vitro studies that were performed by Maslachah⁽¹⁷⁾ who found that Plasmodium which remained viable after repeated artemisinin exposure will increase the parasitemia rate and take a shorter time to become viable again when compared with the parasites in the treatment group which only received a one-time artemisinin exposure.

Monocytes are phagocytic cells that can destroy antigens by ingestion. Moreover,

monocytes may contribute to delivery of antigens to the lymphocytes (antigen precenting cells, APC). The relatively high increases in the number of monocytes in mice that had been infected with *P. berghei* and exposed repeatedly to artemisinin, resulted in increased phagocytosis of the parasites, this being the body's defense mechanism against *P.berghei*. Repeat artemisinin therapy in the treatment group causes faster growth of *P.berghei* that remained viable from medicine exposure, so increasing the parasitemia rate and also the number of cells contributing to the elimination of the parasites, which will affect the monocyte profile.

The treatment control group of mice that were infected P.berghei and had been treated four times with artemisinin and left untreated (KP) showed an increasing average percentage of monocytes that is higher when compared with the control mice that were infected with P. berghei and were not exposed to the medicine (K0). This significant difference is visible on the 2^{nd} day post infection. This can be explained from the research results of Maslachah,⁽¹⁷⁾ who found that Plasmodium that have been exposed to artemisinin and are still viable and grow normally, have a faster rate of intra-erythrocytic development, so that the increase in the average percentage of monocytes is a mechanism for defense against P.berghei.

The monocyte profile from the 2^{nd} to the 8^{th} day post infection showed an increasing trend in the treated group of mice exposed to artemisinin, but after the 10^{th} day of infection, there was a decrease, whereas in the group of control mice, the trend was decreasing or stable. This shows that after chronic infection, monocyte numbers will be decreased so that the monocytes function maximally in the first week of infection.

The average percentage of lymphocytes in the treated groups of mice showed that had been exposed to artemisinin, seemed to decrease when compared with the control groups. This is because artemisinin treatment for 3 days with a therapeutic dose in mice infected with *P. berghei* caused suppression of Plasmodium growth so that the growth of malaria parasites in all treatment groups was inhibited, as compared with the untreated control group. Research conducted by Teuscher et al. ⁽¹⁸⁾ in *P. falciparum* strains W2 and W2AL80 also showed a decrease in parasitemia rate to 1% up to 8 days after medicine exposure, when it began to show increases in parasitemia rate, reaching more than 10% after 12 days.

With regard to the percentage of lymphocytes on the 2nd day of infection, both the treatment control group KP and the treatment group P4 infected with P.berghei that had been repeatedly exposed to artemisinin, showed significant differences when compared with the control group K1 and the treatment group P1 infected with P. berghei and received no treatment and a one-time exposure to artemisinin, respectively This can be explained by the fact that lymphocytes play a role in the body defense mechanism against P.berghei. At the beginning of infection, P.berghei will stimulate the formation of antigen presenting cells (APCs). APCs will stimulate the mice to produce T lymphocytes that play a role in the immune response to destroy the Plasmodium. However, after the 5th, 8th and 10th day of infection, the lymphocyte percentage showed no significant differences between all groups of mice. This shows that antigen presenting cells (APC) can affect the response of T lymphocytes during acute infection in the erythrocytic stage.

In the present study, basophils and eosinophils did not play a major role in infection by the parasite *P. berghei*. Basophils have an important role in the allergic process, while eosinophils play a major role in the process of infection by parasitic worms.⁽¹⁹⁾ The average value of basophils from this study ranged from 0 to 0.4%. These results do not show significantly different increases from the physiological value of basophils of 0 to 0.3%. The percentage of eosinophils was 0 to 5.6%, which did not show a significant increase from the physiological value of eosinophils of 0-4%. On the 2nd day post infection, the basophil and eosinophil profiles in the treatment control group KP showed that the groups of mice infected with P. berghei and exposed 4 times to artemisinin had been able to stimulate the production of cells that play a role the immune system (basophils and eosinophils). This suggests that infection with P.berghei that have been exposed repeatedly can stimulate the immune system to work optimally by expressing all types of leukocytes in order to neutralize the infection. Derivatives of artemisisnin (artemether and artesunate) are effective in rescuing mice with late state cerebral malaria and in decreasing leukocyte accumulation in the brain.⁽¹¹⁾ Many research studies of medicinal plants have shown them to have antimalarial activity by inducing the synthesis of red blood cells, white blood cells and platelets.^(20,21)

A limitation of this study is that the leukocyte profile data were obtained by using blood smear preparations only, whereas specialized tools are required such as heme analyzers to obtain results with better validity. The clinical implication of this study is that this exposure model of artemisinin with in vivo repeated passages in mice infected with P.berghei can be used as a basis to describe the functioning of the immune system against infections with P. berghei parasites which have been exposed to repeated artemisinin. The results of this study can provide a baseline leukocyte profile as one of the immune system's lines of defense against malaria infections caused by P. berghei that have repeatedly been exposed to antimalarial drugs, as an in vivo model of malaria in humans.

Further research is needed on the immunologic profile of cytokine-mediated tissue or organ damage. The leukocyte response occurs under normal physiological and pathological conditions. The manifestations of the leukocyte response to malaria infection are in the form of decreases or increases in one or several types of leukocyte, which can provide information and clinical clues that may help in the diagnosis of infections caused by Plasmodium.

CONCLUSION

Repeated exposure to artemisinin in mice infected with *Plamodium berghei* will cause changes in leukocyte profile, comprising neutrophils, lymphocytes, monocytes, basophils and eosinophils.

CONFLICT OF INTEREST

The authors state that there is no conflict of interest with the other authors, publisher or study.

ACKNOWLEDGEMENTS

We thank the Dean of the Faculty of Veterinary Medicine, Airlangga University, for the provision of funding from the Annual Workplan and Budget (Rencana Kerja dan Anggaran Tahunan, RKAT) for this research.

CONTRIBUTION

LM contributed to drafting the manuscript and the design of the study. LM and RS contributes to data collection, analysis and interpretation. LM contributed revising manuscript for critically important content. All authors read and approved the final manuscript.

REFERENCES

- 1. World Health Organization. WHO global malaria programme: world malaria report 2015. Geneva: World Health Organization;2015.
- 2. Afonso A, Hunt P, Cheesman S, et al. Malaria parasites can develop stable resistance to artemisinin but lack mutations in candidate genes atp6 (encoding the sarcoplasmic and endoplasmic reticulum Ca2+ ATPase) tctp, mdr1 and cg10. Antimicrob Agents Chemother 2006; 50:480-9.
- 3. Noedl H. Evidence of artemisinin resistant malaria in Western Cambodia. N Engl J Med 2008;359:2619-620.
- 4. Wongsrichanalai C, Meshnick SR. Declining artesunate-mefloquine efficacy against

8

falciparum malaria on the Cambodia-Thailand border. Emerg Infect Dis 2008;4:716-8.

- 5. Maslachah L, Dachlan YP, Nidom CA, et al. Profil fenotipik *Plasmodium falciparum* galur Papua 2300 akibat paparan antimalaria artemisinin *in vitro*. MKB 2015;47:1-9.
- Paloque L, Ramadani AP, Mercereau-Puijalon O, et al. *Plasmodium falciparum*: multi faceted resistance to artemisinins. Malar J 2016;15:149. DOI: 10.1186/s12936-016-1206-9.
- Njokah MJ, Kang JN, Kinyua J, et al. In vitro selection of *Plasmodium falciparum Pfcrt* and *Pfmdr1* variants by artemisinin. Malar J 2016;15:381. doi: 10.1186/s12936-016-1443-y.
- Craig AG, Grau GE, Janse C, et al. The role of animal models for research on severe malaria. PLoS Pathogens 2012;8:2 e1002401.
- 9. Darlina, Raharjo T, Nurhayati S. Changes of leukocytes type in mice immunized with irradiated *Plasmodium berghei*. National Seminar, 16 November, Yogyakarta;2011.
- 10. Darlina, Krisnanto T, Fauzan A. Haematopoietic response of mice infected with erythrocytic stadium of gamma irradiated *Plasmodium berghei*. Indonesian J Nuclear Sci Technol 2012; 13:85-94.
- 11. Clemmer L, Martin YC, Zanini GM, et al. Artemether and artesunate show the highest efficacies in rescuing mice with late stage cerebral malaria and rapidly decrease leukocyte accumulation in brain. Antimicrob Agents Chemother 2011;55:1383-90.
- 12. Kiboi DM, Irungu BN, Langat B, et al. *Plasmodium berghei* ANKA: selection of resistance to piperaquine and lumefantrine in a mouse model. Exp Parasitol 2009;122:196-202.
- 13. Henriques G, Martinelli A, Rodrigues L, et al. Artemisinin resistance in rodent malaria– mutation in the AP2 adaptor ∞-chain suggest involvement of endocytosis and membrane protein trafficking. Mal J 2013;12:118.

- Odeghe OB, Uwakwe AA, Monago CC. Some biochemical and haematological studies on the methanolic extract of Anthocleista grandiflora stem bark. Int J Appl Sci Technol 2012;2:58-65.
- 15. Baratawidjaja KG, Rengganis I, editors. Imunologi dasar. Edisi ke 9. Jakarta: Balai Penerbit Fakultas Kedokteran Universitas Indonesia;2010.
- 16. Onwuamah CK, Phillip UA, Odeigah PG. Mouse mortality from a high *plasmodium berghei* inoculum density may be due to immune suppression in the host. Int J Med Med Sci 2010; 2:162-6.
- 17. Maslachah L. Efek paparan artemisinin berulang terhadap perkembangan *Plasmodium falciparum* resisten in vitro [Disertasi]. Surabaya; Universitas Airlangga;2013.
- Teuscher F, Chen N, Kyle DE, et al. Phenotypic changes in artemisinin resistant *Plasmodium falciparum* line in vitro: Evidence for decreased sensitivity to dormancy and growth inhibition. Antimicrob Agent Chemother 2012;56:428-31.
- 19. Fabre V, Beiting DP, Bliss SK, et al. Eosinophil deficiency compromises parasite survival in chronic nematode infection. J Immunol 2009; 182:1577-83.
- Balogun EA, Adebayo JO, Zailani AH, et al. Activity of ethanolic extract of *Clerodendrum violaceum* leaves against *Plasmodium berghei* in mice. Agric Biol J N Am 2009;1:307-12.
- Anggraini R, Widodo GP, Ningsih D. Antiplasmodium effect of Mundu (*Garcinia dulcis* Kurz) cortex N hexane extract with leukocyte and hemoglobin amount parameter on Swiss Webster mouse infected with *Plasmodium berghei*. Indonesian Pharmacy J 2011;8:45-52.