

DAFTAR PUSTAKA

- Ariestiyanto, E., & Untari, I. (2012). Hubungan antara jumlah konsumsi batang rokok dengan hipertensi (The relationship between the number of cigarette consumption and hypertension). *Profesi (Profesional Islam) : Media Publikasi Penelitian*, 9(0). <https://doi.org/10.26576/PROFESI.13>.
- Ashari, A. (2011). *Perokok Pasif Sebagai Faktor Risiko Hipertensi pada Wanita Usia 40-70 Tahun di wilayah Kerja Puskesmas Tlogosari Kulon Kota Semarang*. Skripsi. Universitas Diponegoro. Tersedia di: eprints.undip.ac.id/34830/ [19 April 2020].
- Badan Pusat Statistik Kabupaten Malang. (2018). *Jumlah Kasus 10 Penyakit Terbanyak Di Kabupaten Malang untuk Semua Golongan Umur, 2015-2016*. Badan Pusat Statistik Kabupaten Malang. Tersedia di: <https://malangkab.bps.go.id/statictable/2016/10/04/600/jumlah-kasus-10-penyakit-terbanyak-di-kabupaten-malang-untuk-semua-golongan-umur-2015-2016.html> [24 Agustus 2019].
- Bertalina, B. (2017). Hubungan Asupan Natrium, Gaya Hidup, Dan Faktor Genetik Dengan Tekanan Darah Pada Penderita Penyakit Jantung Koroner. *Jurnal Kesehatan*, 8(2), 240. <https://doi.org/10.26630/jk.v8i2.467>
- Bhelkar, S., Deshpande, S., Mankar, S., & Hiwarkar, P. (2018). Association between Stress and Hypertension among Adults More Than 30 Years: A Case-Control Study. *National Journal of Community Medicine*, 9(6), 430–433. www.njcmindia.org
- Buford, T. W. (2017). Hypertension and Aging. *Ageing Res Rev*, 26, 96–111. <https://doi.org/10.1016/j.arr.2016.01.007>.Hypertension
- Center for Disease Prevention and Control. (2005). *Family History and High Blood Pressure*. Tersedia di: https://www.cdc.gov/pcd/issues/2005/apr/pdf/04_0134_01.pdf [15 Mei 2020]
- Christianto, D. A. (2018). Hubungan Aktivitas Fisik Terhadap Kejadian Obesitas Berdasarkan Indeks Massa Tubuh Di Desa Banjaroyo. *Berkala Ilmiah Kedokteran Duta Wacana*, 3(2), 78. <https://doi.org/10.21460/bikdw.v3i2.97>

- Diaz, K. M., & Shimbo, D. (2013). Physical activity and the prevention of hypertension. *Current Hypertension Reports*, 15(6), 659–668. <https://doi.org/10.1007/s11906-013-0386-8>
- Dinas Kesehatan Kabupaten Malang. (2015). *Profil Kesehatan Kabupaten Malang Tahun 2015*. Dinas Kesehatan Kabupaten Malang.
- Emha, H. A., Pintaningrum, Y., & Syamsun, A. (2015). Relationship Between Body Mass Index (BMI) and Blood Pressure in NTB General Hospital. *Journal of Hypertension*, 33, 21. <https://doi.org/10.1097/01.hjh.0000469791.47704.e5>
- Emiloju, O. C., Chinedu, S. N., Onuoha, M. C., & Iheagwam, and F. N. (2017). Association Between Gender, Age, Body Weight and Hypertension in Nigeria. *The FASEB Journal*, 31(1), 631.1-631.1. https://doi.org/https://www.fasebj.org/doi/abs/10.1096/fasebj.31.1_supplement.1011.20
- Fahrudin, E. P. (2018). *Faktor yang Berhubungan dengan Kejadian Hipertensi pada Ibu Hamil di Wilayah Kerja Puskesmas Suli Kabupaten Luwu*. Skripsi. Universitas Hasanuddin.
- Freire, A. P. C. F., Ramos, D., Leite, M. R., Silva, B. S., David, R. M., Uzeloto, J. S., Pacagnelli, F. L., Vanderlei, L. C. M., & Ramos, E. M. C. (2016). Influence of time and frequency of passive smoking exposure on mucociliary clearance and the autonomic nervous system. *Respiratory Care*, 61(4), 453–461. <https://doi.org/10.4187/respcare.04398>
- Grillo, A., Salvi, L., Coruzzi, P., Salvi, P., & Parati, G. (2019). Sodium intake and hypertension. *Nutrients*, 11(9), 1–16. <https://doi.org/10.3390/nu11091970>
- Hall, J. E., Carmo, J. M. do, Silva, A. A. da, Wang, Z., & Hall, M. E. (2015). Obesity-Induced Hypertension: Interaction of Neurohumoral. *Circ Res*, 116(6), 991–1006. <https://doi.org/10.1161/CIRCRESAHA.116.305697>
- Hegde, S. M., & Solomon, S. D. (2015). Influence of Physical Activity on Hypertension and Cardiac Structure and Function. *Curr Hypertens Rep*, 17(10), 77. <https://doi.org/10.1007/s11906-015-0588-3>
- Hendriyani, H., Sulistyowati, E., & Noviardhi, A. (2016). Konsumsi makanan tinggi natrium, kesukaan rasa asin, berat badan, dan tekanan darah pada anak sekolah. *Jurnal Gizi Klinik Indonesia*, 12(3), 89. <https://doi.org/10.22146/ijcn.22632>

- Hikmah, N. (2017). *Hubungan Lama Merokok dengan Derajat Hipertensi di Desa Rannaloe Kecamatan Bungaya Kabupaten Gowa*. Skripsi. Universitas Islam Negeri Alauddin Makassar.
- Irwan. (2017). *Epidemiologi Penyakit Menular*. Yogyakarta : CV. Absolute Media.
- Iswahyuni, S. (2017). Hubungan Antara Aktifitas Fisik Dan Hipertensi Pada Lansia. *Profesi (Profesional Islam) : Media Publikasi Penelitian*, 14(2), 1. <https://doi.org/10.26576/profesi.155>.
- Kamus Besar Bahasa Indonesia. (2019). *Rokok*.
- Kaplan, N. M., & Victor, R. G. (2014). *Kaplan 's Clinical Hypertension* (11th ed.). Lippincott Williams & Wilkins (LWW).
- Kelurahan Dampit. (2019). *Profil Kelurahan*. Tersedia di: <http://kel-dampit.malangkab.go.id/?page_id=144> [06 Oktober 2019].
- Kementerian Kesehatan RI. (2013). *Profil Kesehatan Indonesia 2013*.
- Kementerian Kesehatan RI. (2013). *Peraturan Menteri Kesehatan Republik Indonesia Nomor 28 Tahun 2013 Tentang Pencantuman Peringatan Kesehatan dan Informasi Kesehatan Pada Kemasan Produk Tembakau*. Jakarta: Kementerian Kesehatan RI.
- Kementrian Kesehatan RI. (2010). *Saatnya Perempuan Ikut Mengatasi Masalah Merokok*.
- Kementrian Kesehatan RI. (2014). Hipertensi. *Kementerian Kesehatan Republik Indonesia* (p. 93). Pusat Data dan Informasi Kementerian Kesehatan RI.
- Kementrian Kesehatan RI. (2016). *Ancaman Bahaya Bagi Perokok Pasif*. Kementerian Kesehatan RI.
- Kementrian Kesehatan RI. (2017). *Hidup Sehat Tanpa Rokok*. Kementerian Kesehatan Republik Indonesia Direktorat Pencegahan dan Pengendalian Penyakit Tidak Menular.
- Kementrian Kesehatan RI. (2017). *Sehat Berawal dari Piring Makanku*. Tersedia di: <<https://www.depkes.go.id/article/view/17103100004/healthy-starting-from-my-food-plate.html>> [27 November 2019].

- Kementrian Kesehatan RI. (2018). Hasil Utama Riset Kesehatan Dasar Jawa Timur 2018. In *Jakarta: Badan Penelitian dan Pengembangan Kesehatan, Kementrian Kesehatan Republik Indonesia*.
- Kementrian Kesehatan RI. (2019). *Profil Kesehatan Indonesia 2018*. Tersedia di: <http://www.depkes.go.id/resources/download/pusdatin/profil-kesehatan-indonesia/Data-dan-Informasi_Profil-Kesehatan-Indonesia-2018.pdf> [28 Maret 2020].
- Kim, Kang, Kim, Seo, Sung, Kim, & Kang. (2019). Association between Secondhand Smoke Exposure and Hypertension in 106,268 Korean Self-Reported Never-Smokers Verified by Cotinine. *Journal of Clinical Medicine*, 8(8), 1238. <https://doi.org/10.3390/jcm8081238>
- Landi, F., Calvani, R., Picca, A., Tosato, M., Martone, A. M., Ortolani, E., Sisto, A., D'angelo, E., Serafini, E., Desideri, G., Fuga, M. T., & Marzetti, E. (2018). Body mass index is strongly associated with hypertension: Results from the longevity check-up 7+ study. *Nutrients*, 10(12), 1–12. <https://doi.org/10.3390/nu10121976>
- Lee, W., Hwang, S. H., Choi, H., & Kim, H. (2017). The association between smoking or passive smoking and cardiovascular diseases using a Bayesian hierarchical model: based on the 2008-2013 Korea Community Health Survey. *Epidemiology and Health*, 39, e2017026. <https://doi.org/10.4178/epih.e2017026>
- Leone, A. (2011). *Does Smoking Act as a Friend or Enemy of Blood Pressure? Let Release Pandora ' s Box. 2011*. <https://doi.org/10.4061/2011/264894>
- Lidia, R., Musafaah, & Hafifah, I. (2018). Hubungan Tingkat Stres dengan Kejadian Hipertensi pada Lansia di Puskesmas Rawat Inap Cempaka. *Jurnal Keperawatan Suaka Insan (JKSI)*, 3(1), 1–7. <https://doi.org/e-ISSN : 2580-7633>
- Lwanga, S. K., & Lemeshow, S. (1997). *Sample Size Determination For Health Study: A Practical Manual*. World Health Organization.
- Maryani, S.A. (2017). *Hubungan Durasi Waktu Tidur, Paparan Asap Rokok, dan Lama Pemberian Asi dengan Tekanan Darah pada Ibu Menyusui yang memiliki Riwayat Hipertensi saat Hamil di Kota Surakarta*. Jawa Tengah: Universitas Muhammadiyah Surakarta.
- Mohamed, L. A. E., Hanafy, N. F., & El-Naby, A. G. A. (2014). Effect of slow

deep breathing exercise on blood pressure and heart rate among newly diagnosed patients with essential hypertension. *Journal of Education and Practice*, 5(4), 36–45.
<http://www.iiste.org/Journals/index.php/JEP/article/view/10788>

Murti. (1997). *Prinsip dan Metode Riset Epidemiologi*. Yogyakarta: Gadjah Mada University Press.

Mustolih, A., Trisnawati, E., & Abduh, R. (2015). Faktor yang Berhubungan dengan Kejadian Hipertensi pada Perokok Pasif (Studi Kasus pada Keluarga Perokok Aktif di Desa Bukit Mulya Kecamatan Subah Kabupaten Sambas Kalimantan Barat). *Open Journal Systems Universitas Muhammadiyah Pontianak*, 2. <https://doi.org/10.29406/jjum.v2i4.338>

National Health Service. (2019). *High Blood Pressure (hypertension)*. Tersedia di: <<https://www.nhs.uk/conditions/high-blood-pressure-hypertension/>> [25 September 2019].

Ningrum, P. (2014). *Hipertensi Bukan untuk Ditakuti*. Jakarta: Fmedia.

Nuraini, B. (2015). Risk Factors of Hypertension. *Medical Journal of Lampung University*, 4(5), 10–19.

Nurwidayanti, L., & Wahyuni, C. U. (2013). Analisis pengaruh paparan asap rokok di rumah pada wanita terhadap kejadian hipertensi. *Jurnal Berkala Epidemiologi*, 1(2), 244–253.

Oliveros, E., Patel, H., Kyung, S., Fugar, S., Goldberg, A., Madan, N., & Williams, K. A. (2020). *Hypertension in older adults : Assessment , management , and challenges*. May 2019, 99–107.
<https://doi.org/10.1002/clc.23303>

P2PTM Kemenkes RI. (2018). *Faktor Risiko Hipertensi*. Direktorat Pencegahan Dan Pengendalian Penyakit Tidak Menular Kementerian Kesehatan Republik Indonesia. Tersedia di: <<http://www.p2ptm.kemkes.go.id/infographic-p2ptm/hipertensi-penyakit-jantung-dan-pembuluh-darah/page/24/faktor-risiko-hipertensi>> [25 September 2019].

Park, Y. S., Lee, C. H., Kim, Y. Il, Ahn, C. M., Kim, J. O., Park, J. H., Lee, S. H., Kim, J. Y., Chun, E. M., Jung, T. H., & Yoo, K. H. (2018). Association between secondhand smoke exposure and hypertension in never smokers: A cross-sectional survey using data from Korean National Health and Nutritional Examination Survey V, 2010-2012. *BMJ Open*, 8(5), 1–6.

<https://doi.org/10.1136/bmjopen-2017-021217>

- Perhimpunan Dokter Spesialis Kardiovaskular Indonesia. (2015). *Pedoman Tatalaksana Hipertensi pada Penyakit Kardiovaskular* (1st ed.). <https://doi.org/10.1103/PhysRevD.42.2413>
- Polii, R., Engka, J. N. A., & Sapulete, I. M. (2016). Hubungan kadar natrium dengan tekanan darah pada remaja di Kecamatan Bolangitang Barat Kabupaten Bolaang Mongondow Utara. *Jurnal E-Biomedik (EBm)*, 4(2).
- Ramadhini, D., & Suryati. (2018). Hubungan Kebiasaan Konsumsi Makanan Asin Dengan Kejadian Hipertensi pada Lansia di Desa Labuhan Labo Kota Padangsidempuan Tahun 2018. *Jurnal Kesehatan Ilmiah Indonesia (Indonesian Health Scientific Journal)*, 3(2), 22–28.
- Ranasinghe, P., Cooray, D. N., Jayawardena, R., & Katulanda, P. (2015). The influence of family history of Hypertension on disease prevalence and associated metabolic risk factors among Sri Lankan adults Chronic Disease epidemiology. *BMC Public Health*, 15(1), 1–9. <https://doi.org/10.1186/s12889-015-1927-7>
- Sari, T. W., Sari, D. K., Kurniawan, M. B., Syah, M. I. H., Yerli, N., & Qulbi, S. (2018). Hubungan Tingkat Stres Dengan Hipertensi Pada Pasien Rawat Jalan Di Puskesmas Sidomulyo Rawat Inap Kota Pekanbaru. *Collaborative Medical Journal*, 1(3), 55–65.
- Setyanda, Y. O. G., Sulastri, D., & Lestari, Y. (2015). Hubungan Merokok dengan Kejadian Hipertensi pada Laki-Laki Usia 35-65 Tahun di Kota Padang. *Jurnal Kesehatan Andalas*, 4(2), 434–440. <https://doi.org/10.25077/jka.v4i2.268>
- Seyedzadeh, A., Hashemi, F., & Soleimani, A. (2012). Relationship between blood pressure and passive smoking in elementary school children. *Iranian Journal of Pediatrics*, 22(3), 351–356.
- Shukuri, A., Tewelde, T., & Shaweno, T. (2019). Prevalence of old age hypertension and associated factors among older adults in rural Ethiopia. *Integrated Blood Pressure Control*, 12, 23–31. <https://doi.org/10.2147/IBPC.S212821>
- Sihotang, U. A. (2013). *Hubungan Faktor Risiko Hipertensi dengan Kejadian Hipertensi pada Masyarakat Pesisir Laut Kecamatan Belawan*. Skripsi. Universitas Sumatera Utara.

- Singh, S., Shankar, R., & Singh, G. P. (2017). *Prevalence and Associated Risk Factors of Hypertension : A Cross-Sectional Study in Urban Varanasi. 2017.*
- Spruill, T. (2013). Chronic Psychological Stress and Hypertension. *Current Hypertension Reports, 12*(1), 10–16. <https://doi.org/10.1007/s11906-009-0084-8>. Chronic
- Sundari, L., & Bangsawan, M. (2015). Faktor-Faktor Yang Berhubungan Dengan Kejadian Hipertensi. *Jurnal Keperawatan, 11*(2). <https://doi.org/ISSN 1907-0357>
- Suparta, & Rasmi. (2018). Hubungan Genetik Dan Stress Dengan. *Jurnal Ilmiah Kesehatan Pencerah Hubungan, 7.*
- Surono, A. (2012). *Kombinasi Maut Rokok dan Hipertensi*. Tersedia di: <<http://intisarionline.com/read/kombinasi-maut-rokok-dan-hipertensi>> [07 September 2019].
- Suryantisa, I. (2018). Situasi Umum Konsumsi Tembakau di Indonesia. In *Pusat Data dan Informasi Kementerian Kesehatan Republik Indonesia* (ISSN 2442-7659).
- Tamura, T., Kadomatsu, Y., Tsukamoto, M., Okada, R., Sasakabe, T., Kawai, S., Hishida, A., Hara, M., Tanaka, K., Shimoshikiryo, I., Takezaki, T., Watanabe, I., Matsui, D., Nishiyama, T., Suzuki, S., Endoh, K., Kuriki, K., Kita, Y., Katsuura-Kamano, S., ... Wakai, K. (2018). Association of exposure level to passive smoking with hypertension among lifetime nonsmokers in Japan: A cross-sectional study. *Medicine (United States), 97*(48), 1–7. <https://doi.org/10.1097/MD.0000000000013241>
- Tawbariah, L., Apriliana, E., Wintoko, R., & Sukohar, A. (2014). Hubungan Konsumsi Rokok dengan Perubahan Tekanan Darah pada Masyarakat di Pulau Pasaran Kelurahan Kota Karang Kecamatan Teluk Betung Timur Bandar Lampung. *Medical Journal of Lampung University, 2*, 91–98.
- Weber, M. A., Schiffrin, E. L., White, W. B., Mann, S., Lindholm, L. H., Kenerson, J. G., Flack, J. M., Carter, B. L., Materson, B. J., Ram, C. V. S., Cohen, D. L., Cadet, J. C., Jean-Charles, R. R., Taler, S., Kountz, D., Townsend, R. R., Chalmers, J., Ramirez, A. J., Bakris, G. L., ... Harrap, S. B. (2014). Clinical Practice Guidelines for the Management of Hypertension in the Community: A Statement by the American Society of Hypertension and the International Society of Hypertension Clinical Practice Guidelines

for the Management of Hypertension in the Community: A Statement by the American Society of Hypertension and the International Society of Hypertension Weber et al. *Journal of Clinical Hypertension*, 16(1), 14–26. <https://doi.org/10.1111/jch.12237>

Whelton, P. K., Carey, R. M., Aronow, W. S., Casey, D. E., Collins, K. J., Himmelfarb, C. D., DePalma, S. M., Gidding, S., Jamerson, K. A., Jones, D. W., MacLaughlin, E. J., Muntner, P., Ovbiagele, B., Smith, S. C., Spencer, C. C., Stafford, R. S., Taler, S. J., Thomas, R. J., Williams, K. A., ... Hundley, J. (2018). 2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA guideline for the prevention, detection, evaluation, and management of high blood pressure in adults a report of the American College of Cardiology/American Heart Association Task Force on Clinical pr. *Hypertension*, 71(6), E13–E115. <https://doi.org/10.1161/HYP.0000000000000065>

Widjaya, N., Anwar, F., Laura, R., Puspawati, R. R., & Wijayanti, E. (2018). Hubungan Usia Dengan Kejadian Hipertensi di Kecamatan Kresek dan Tegal Angus , Kabupaten Tangerang The Association Between Age and Incidences of Hypertention in Kresek District And Tegal Angus District , Tangerang Regency. *Jurnal Kedokteran Yarsi*, 26(3), 131–138.

Wijayanti, A. T., Mintarsih, S. N., & Jaelani, M. (2016). Hubungan Antara Kebiasaan Olahraga, Obesitas Dan Stres Dengan Kejadian Hipertensi Pada Remaja Di Sma Negeri 10 Semarang. *Jurnal Riset Gizi*, 4, 1–6. <https://doi.org/10.31983/JRG.V4I2.4496>

World Health Organization. (2013). A Global Brief on Hypertension: Silent Killer, Global Public Health Crisis. In *Indian Journal of Physical Medicine and Rehabilitation*. WHO Press. <https://doi.org/10.5005/ijopmr-24-1-2>

World Health Organization. (2015). *WHO global report on trends in prevalence of tobacco smoking*. Tersedia di: <https://apps.who.int/iris/bitstream/handle/10665/156262/9789241564922_eng.pdf;jsessionid=18318DE7B3C3CE50967CF3B71C8B4B5D?sequence=1> [10 Oktober 2019].

World Health Organization, R. O. for S.-E. A. (2012). Global Adult Tobacco Survey : Indonesia Report 2011. In *Global adult tobacco survey: Indonesia report 2011*. Tersedia di: <<https://apps.who.int/iris/handle/10665/205137>> [18 November 2019]

Yang, W., Li, J. P., Zhang, Y., Fan, F. F., Xu, X. P., Wang, B. Y., Xu, X., Qin, X.

- H., Xing, H. X., Tang, G. F., Zhou, Z. Y., Gu, D. F., Zhao, D., & Huo, Y. (2016). Association between body mass index and all-cause mortality in hypertensive adults: Results from the China Stroke Primary Prevention Trial (CSPPT). *Nutrients*, 8(6), 1–10. <https://doi.org/10.3390/nu8060384>
- Yang, Y., Liu, F., Wang, L., Li, Q., Wang, X., Chen, J. C., Wang, Q., Shen, H., Zhang, Y., Yan, D., Zhang, M., He, Y., Peng, Z., Wang, Y., Xu, J., Zhao, J., Zhang, Y., Zhang, H., Xin, X., ... Ma, X. (2017). Association of Husband Smoking With Wife's Hypertension Status in Over 5 Million Chinese Females Aged 20 to 49 Years. *Journal of the American Heart Association*, 6(3), 1–15. <https://doi.org/10.1161/JAHA.116.004924>
- Zhou, B., Bentham, J., Di Cesare, M., Bixby, H., Danaei, G., Cowan, M. J., Paciorek, C. J., Singh, G., Hajifathalian, K., Bennett, J. E., Taddei, C., Bilano, V., Carrillo-Larco, R. M., Djalalinia, S., Khatibzadeh, S., Lugero, C., Peykari, N., Zhang, W. Z., Lu, Y., ... Eggertsen, R. (2017). Worldwide trends in blood pressure from 1975 to 2015: a pooled analysis of 1479 population-based measurement studies with 19·1 million participants. *The Lancet*, 389(10064), 37–55. [https://doi.org/10.1016/S0140-6736\(16\)31919-5](https://doi.org/10.1016/S0140-6736(16)31919-5)