

# Maternal Death Model Decreases the Expression of BDNF

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**Submission date:** 02-Jun-2020 12:35PM (UTC+0800)

**Submission ID:** 1336327288

**File name:** 6.\_Maternal\_Death\_Model\_Decreases\_the\_Expression\_of\_BDNF.pdf (464.34K)

**Word count:** 3168

**Character count:** 17532

# Maternal Death Model Decreases the Expression of BDNF in *Rattus Norvegicus* Newborns' Cerebrum and Cerebellum

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## ABSTRACT

Maternal death occurred in the initial pregnancy period up to 42 days after giving birth. Maternal death could cause early life stress in newborns which activated the HPA axis and glucocorticoid secretion as a stress hormone marker. The developing brain was very sensitive to the initial exposure to stressors that would affected the Brain Derived Neurotrophic Factor (BDNF) expression, which was one of the most important endogenous mediators of stress responses in the brain. This study aimed to analyze BDNF expression in the cerebrum and cerebellum of *Rattus norvegicus* newborn with the maternal death model. The control group (K1) consisted of newborns *Rattus norvegicus* which were not separated from the mother until 3 days old and the treatment group (K2) is maternal death model consisted of newborns *Rattus norvegicus* which were separated immediately from the mother after birth until 3 days old and fed with animal milk as a substitute nutrient. After 3 days treatments, 3 newborns with the heaviest, medium, and lowest weights were taken from each mother to sacrifice. BDNF examination was carried out on cerebrum and cerebellum with imunohistochemical method and the results were analyzed with Mann Whitney test. The results showed that the mean BDNF expression in the cerebrum and cerebellum of 3 days old *Rattus norvegicus* with maternal death model which were separated from the mother lower than the mean BDNF expression of control group.

**Keywords:** BDNF expression, separation from mother, maternal death model

## Introduction

Maternal death is the death of a woman during pregnancy, childbirth, or within 42 days after the end of pregnancy. Maternal death did not depend on the length and location of the pregnancy. This death could be caused by anything related to pregnancy, childbirth, or medical handling. Maternal and infant death rates were a benchmark in assessing the health status of a country.<sup>17,26</sup>

Maternal death could affected the children survival, especially in the first 1,000 days of life for children up to 3 years old. The main impact of maternal death was the direct loss of the relationship between the mother and the newborn baby, causing by the absence of bonding and attachment between mother and baby and the immediate cessation of breast milk intake. Mothers also played an important role in giving and responding to communicative signals from babies after birth. The absence of bonding and attachment was one of the causes of neonatal stress. Neonatal stress is an early life stress occurred in neonatal period (birth to 1 month).<sup>1,10</sup>

In early life, babies were prone to experiencing pain and stress. When a baby faced a particular stressor, the hypothalamic-pituitary-adrenal axis would be activated and the paraventricular hypothalamus secretes Corticotropin-releasing hormone (CRH) which then stimulated the secretion of Adrenocorticotrophic hormone (ACTH) by the pituitary gland. This hormone would induce the adrenal gland cortex to secrete

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glucocorticoids (GC), namely cortisol, which was considered a stress indicator hormone. Neonatal stress in newborns was associated with cortisol hormone responses and baby behavior. Neonatal stress caused glucocorticoid increasing which could had an impact on the baby's brain development. In addition, the socio-emotional stress reactivity during the early period of neonatal life would affected the brain development.<sup>10,11</sup>

The part of the brain that had cognitive function was the cerebral cortex, but recent research showed that the cerebellum contained more neurons than the cerebral cortex that allowed it to be involved in cognitive function.<sup>2</sup> The cerebrum and cerebellum were interconnected through polysynaptics and form a system associated with cognitive function and interference neuropsychiatry.<sup>7</sup>

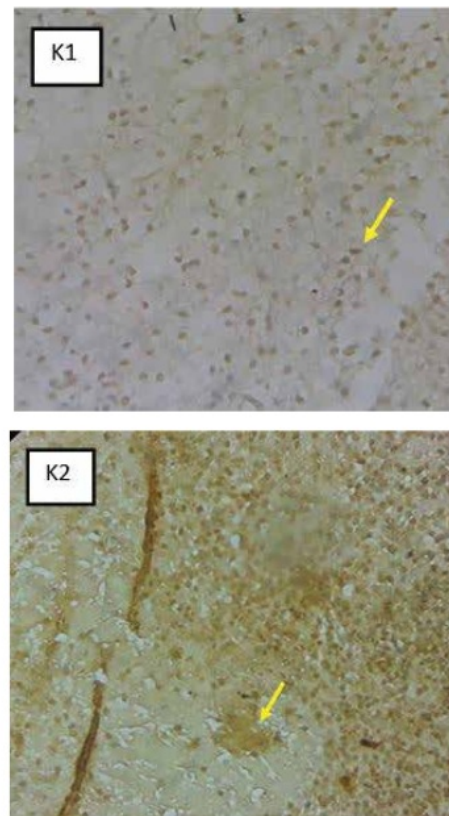
Brain Derived Neurotrophic Factor (BDNF) is a neurotrophic factor that played an important role in brain development because of its ability to protect brain cells from various pathological conditions. BDNF also functioned to maintain neuron survival and regulate synaptic plasticity by increasing the number of dendritic spines and synapse formation. This molecular mechanism underlies cognitive function and brain development which was influenced by BDNF regulation.<sup>14</sup> BDNF was also one of the most important endogenous mediators of stress response in the brain. The developing brain was very sensitive to the initial exposure to stressors which would also affected BDNF expression.<sup>9</sup> Based on this background, this study was conducted to analyze the differences in BDNF expression in the cerebrum and cerebellum of *Rattus norvegicus* newborns with maternal death model.

### Material and Method

This research was true laboratory experimental with randomized post-test only control group design. The 3-day-old *Rattus norvegicus* as sample unit. Female rats were pregnant through the superovulation technique by giving a 10 IU injection of the hormone Pregnant mare serum gonadotropin (PMSG). After 48 hours, they were given 10 IU injection of HCG hormone and later continued to monomating. Pregnant rat diagnosis was seen at 17 hours after mating with the presence of a vaginal plug.<sup>25</sup> The pregnant rats were cared until term and gave birth naturally.

Experimental animal samples were divided randomly into 2 groups, namely the control group (K1) consisting of newborn rats which were not separated from the mother until 3 days old and the treatment group (K2) is maternal death model consisting of newborn rats which were separated from the mother immediately after birth until 3 days old and fed with animal milk as a substitute nutrient. After 3 days treatments, 3 newborns with the heaviest, medium, and lowest weights were taken from each mother to be sacrificed and the head decapitation was performed. The head part was separated and then put into 10% formalin. Imonohistochemical examination of BDNF expression was carried out on histochemical cerebrum and cerebellum preparations.

### Findings



**Figure 1: Histopathology of BDNF expression in the 3 days old *Rattus norvegicus* cerebrum between control group and treatment group. BDNF expression represented by brown color chromogen. Yellow arrow indicated the area was the maximum expression. (Immunohistochemical staining, 400x magnification; Miconos microscope MCX50LED; Optilab Plus camera)**



**Table 1: Mean and standard deviation of BDNF expression cerebrum**

Group	n	BDNF Expression (IRS)
		Mean ± Standard Deviation
K1	18	2.96 ± 1.36
K2	18	2.34 ± 1.02

**Table 2: Analysis of BDNF expression cerebrum**

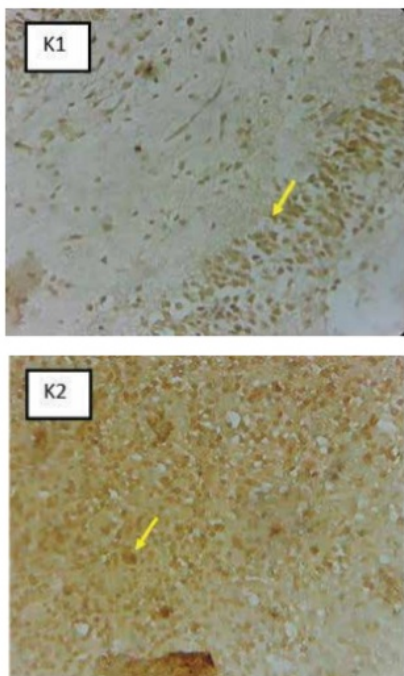
Group		p Value	Differences test Analysis
K1	K2	0.348*	Mann Whitney

**Information:**

K1 = Newborns **not separated** from the mother until 3 days (control group)

K2 = Newborns **separated** from the mother until 3 days (treatment group)

\*Significantly different  $p < 0.05$



**Figure 2: Histopathology of BDNF expression in the 3 days old *Rattus norvegicus* cerebellum between control group and treatment group. BDNF expression represented by brown color chromogen. Yellow arrow indicated the maximum expression area (immunohistochemical staining, 400x magnification; Miconos microscope MCX50LED; Optilab Plus camera)**

**Table 3: Mean and standard deviation of BDNF expression cerebellum**

Group	n	BDNF Expression (IRS)
		Mean ± Standard Deviation
K1	18	3.06 ± 1.48
K2	18	2.39 ± 1.01

**Table 4: Analysis of BDNF expression cerebellum**

Group		p Value	Differences Test Analysis
K1	K2	0.392*	Mann Whitney

The results showed that BDNF expression mean in cerebrum of treatment group was lower than control group (Table 1) and by Mann Whitney test result showed that not significant differences in the BDNF expression in cerebrum between control group and treatment group with a p value = 0.348 (significantly different need p value <0.05) (Table 2) which mean that the decrease of BDNF expression were not happened drastically based on statistical analysis. Similar results also showed in cerebellum that the BDNF expression mean of treatment group was lower than control group (Table 3) with no significant different (p value = 0.392) (Table 4).

**Discussion**

The novelty of this research is the maternal mortality model which was carried out by separation of newborns from the mother from day 0 to day 3. Some previous research was carried out by separating newborn from the mother a few days after birth or not fully separation which mean separation only done few hours before returned back to the mother. The full separation immediately after birth and examination of BDNF cerebrum and cerebellum expression of 3 days old newborn had never been done before. The separation treatment from day 0 to day 3 early in newborn rats would be the same as the human baby separation immediately after birth from the mother for approximately 1 month. This was included in the criteria for maternal death (42 days after birth).

This research showed that BDNF expression mean of 3 days old *Rattus norvegicus* cerebrum and cerebellum with maternal death model was lower than control group (Table 1; Table 3). The decrease of BDNF expression could caused by several things.

In early life, babies were prone to experiencing pain and stress. Research by Shi *et al* (2010) states

that chronic stress could reduce mRNA expression and BDNF protein expression in hippocampus. The study by Calabrese *et al* (2015) also showed that the separation of rat's pups from the mother in the postnatal day 2 to day 14 had reduced BDNF expression in the ventral hippocampus and ventromedial prefrontal cortex. However, the separation in the study was only carried out 3 hours every day then returned to the mother after the treatment. In another study, Binggio *et al* (2014) showed that a decrease in BDNF expression occurred significantly in the postnatal separation from the third to the 15th day postnatal.<sup>4,8,21</sup>

Brain-Derived Neurotrophic Factor (BDNF) was a protein that played an important role in the development, maintenance, and synaptic plasticity.<sup>16</sup> This protein was expressed in the brain, which included the frontal cortex, parietal, cingulate, temporal, retrosplenial, piriform, hippocampal, entorhinal cortex, brain stem, cerebrum, and cerebellum. Each area in the brain had different BDNF concentrations.<sup>5</sup> The BDNF gene expression in the brain was influenced by many stimuli, both in physiological and pathological conditions. BDNF regulation was influenced by activation of NMDA receptors (NMDAR), calcium influx ( $Ca^{2+}$ ), and through activation of CREB.<sup>10</sup> BDNF was one of the most important endogenous mediators of stress response in the human and mammalian brains. The developing brain was very sensitive to the initial exposure to stressors, especially because of the reprogramming number of stress-sensitive gene pathways.<sup>9</sup>

Stressor at early of life would cause glucocorticoid to increase. Glucocorticoid played an important role in the BDNF regulation. Glucocorticoid decreased the activity of activator protein-1 (AP-1) and CREB needed in transcription of BDNF genes, influenced the cascade of BDNF signals via TrkB and p75NTR receptors, decreases the infusion of  $Ca^{2+}$  ions in postsynapsed membranes, inhibits trkB-mediated signal cascades, and decreases expression phospho-TrkB (pTrkB), and influence the PLC- $\gamma$  signal cascade regulation by BDNF and inhibit the PI3K-Akt pathway.<sup>22,23</sup>

With the BDNF presence, the TrkB receptor homodimerizes and initiates several signaling pathways and would support neuron survival, growth, and differentiation. Glucocorticoid(GC) passed through the plasma membrane and entered the cytosol to bind to glucocorticoid receptor (GR), and induces

homodimerization (GR-GC complex). The GR-GC complex would target BDNF promoters. Increased glucocorticoid levels caused relocation of nucleus CREB regulated transcription coactivator 2 (CR2) to the cytosol. This could decrease the transcription activity of CREB which would cause a decrease in BDNF expression.<sup>12</sup>

In addition, regulation of BDNF expression by glucocorticoid was also related to DNA methylation and histone modification. BDNF transcripts containing exons I, II, IV, and VI were mostly expressed in transcript neurons so that they display different subcellular localization and could show that protein was translated by different efficiency in soma or dendritic which would produce local effects. Decreasing BDNF expression was also often associated with increased DNA methylation in BDNF promoters. DNA methylation was one of the contributing factors to long-term epigenetic reprogramming and gene activity in the developing brain. Methylation of BDNF genes was often considered a key mechanism of early life stress and influenced brain function.<sup>13,24</sup> Research by Roth *et al* (2009) and Blaze *et al* (2013) showed that early life stress in children caused changes in DNA methylation in BDNF accompanied by reduced expression in BDNF.<sup>6,18</sup>

Stress also could cause the glucocorticoid receptor translocation from the cytoplasm to the nucleus that would result in the imbalance of mitochondria and the production of NADPH oxidase (NOX). Some stress signaling pathways would follow NOX stimulation and would lead to cell damage and lower BDNF expression.<sup>19</sup>

Changes in BDNF expression indicated a dependence on the time period, that was on direct or long-term effects, an acute or chronic. A recent analysis of hippocampal transcriptomes showed that the stress effects on children on BDNF expression were very dependent on age and could vary over the lifetime.<sup>24</sup>

Some of the above could explain that the maternal death model with separation from the mother could affect the BDNF expression mean, both in the cerebrum and cerebellum of 3 days old *Rattus norvegicus*.

## Conclusion

The results showed that the BDNF expression mean of 3 days old *Rattus norvegicus* cerebrum and



cerebellum with maternal death model which newborns immediately separated from the mother after birth until 3 days was lower than the BDNF expression from control group which not separated from the mother.

**Ethical Clearance:** This study had obtained an ethical feasibility permit based on the Research Ethics Commission of the Faculty of Veterinary Medicine, Airlangga University.

**Source of Funding:** This study was self funding by authors.

**Conflict of Interest:** There was no conflict of interest in this study.

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